

Finally my Brethren be strong in the Lord and in the power of His Might. Put on the whole amour of God, that we might be able to

stand against the wiles of the devil. Ephesians 6:10-

KNIGHTS CODE OF CHIVALRY

A knight was expected to have not only the strength and skills to face combat in the violent middle Ages but was also expected to temper this aggressive side of a knight with a chivalrous side to his nature. There was not an authentic Knights Code of Chivalry as such

 it was a moral system which went beyond rules of combat and introduced the concept of Chivalrous conduct - qualities idealized by knighthood, such as bravery, courtesy, honor, and gallantry toward women.

The Knights Code of Chivalry and the vows of Knighthood

The Knights Code of Chivalry described in the Song of Roland and an excellent representation of the Knights Codes of Chivalry are as follows:

To fear God and maintain His Church

To serve the liege lord in velour and faith

To protect the weak and defenceless

To give succour to widows and orphans

To refrain from the wanton giving of offence

To live by honor and for glory

To despise pecuniary reward

To fight for the welfare of all

To obey those placed in authority

To guard the honor of fellow knights

To eschew unfairness, meanness and deceit

To keep faith

At all times to speak the truth

To persevere to the end in any enterprise begun

To respect the honor of women

Never to refuse a challenge from an equal

Never to turn the back upon a foe

Re-written by revbrian@richbi1.com
http://revbrian.co.cc

INDEX TO BOOK: (this index is the total of the book "Who is a Disciplined Disciple of the Lord Jesus Christ" however the total of the book would have been a very large book with a very large price. This is a section of the book the index is just a guide of topics covered in total edition 1.2.3.&4. is the total of the book and also an introduction of the next book to be published soon.

2010. of Lulu Publishers U.S.A. I give Special thanks to my wife, friends and family that went through difficult times while I

was writing this book. My thanks for the Grace of God that

comes from powerful methods in intercessory pray and my Pray

mailing list of friends. A big thank you to you all, and for Lulu

Publishers giving me my own private section in their system

where I am able to receive messages of encouragement,

- [1.] KENNETH HAGIN'S FORGOTTEN WARNING.
- 2.} SPIRIT SOUL AND BODY.
- 3.} DISCIPLINED DISCIPLE OF THE LORD JESUS
- **CHRIST.**
- 4.} SPIRIT FILLED CHAMPIONS: JEPTHAH BOOK OF JUDGES.
- 5.} POWER OF THE TONGUE [PART 1.]
- 6} POWER OF THE TONGUE [PART 2.]
- 7} GREAT MEEKNESS BRINGS GREAT POWER.
- **8.**} WATER BAPTISM
- 9.} INTERCESSORY PRAYER TEACHING.
- **10.**} HOW TO RELEASE THE ANOINTING.
- 11.} GLORY IN TRIBULATIONS.
- 12.} "THE BIBLE" THE BOOK ITSELF HOW IT CAME

TO US, THE BIRTH OF THE BIBLE.

	13.}	DIVINE	ORDER	OF THE	CHURCH.
--	------	--------	--------------	--------	---------

- 13.} BAPTISM OF FIRE.
- 14.} BAPTISM OF THE HOLY SPIRIT.
- 16.} GRACE. OF GOD.

INDEX CONTINUED:

- 17.} FLESH AND THE SPIRIT.
- 18.} LEARNING TO COMMUNICATE IN TODAYS WORLD.
- 19.} FIVE BASIC PERSONAL CHARECTERISTICS THAT
- ARE IMPORTANT FOR EFFECTIVE COUNSELLORS.
- 20.} STUDENT NOTES: WHAT IS THE DIFFERENCE
- BETWEEN OPEN AND CLOSED QUESTIONS, AND
- WHAT PURPOSE THEY SERVE IN COUNSELLING.
- 21.} EXPLAIN THE PURPOSE OF EACH ELEMENT IN
- COUNSELLING AN INTERVIEW.
- 22.} WHAT IS THE PURPOSE OF CONFRONTATION,
- AND WHEN SHOULD THIS BE USED IN COUNSELLING.
- 23.} STUDENTS QUESTIONS AND ANSWERS. FOR
- **ENCORAGERS AND REFLECTIVE LISTERNING.**
- 24.} FEELINGS FOR RESPONSE (a) EMPATHY (b)
- POSITIVE REGARD (c) GENUINESS (d)
- **CONTRETENESS.**

26.} DESCRIBING THE THEORY OF STRESS, AND ITS THERAPY

27.} INTRODUCTION TO: [EYE MOVEMENT]

DESENSITISATION & REPROCESSING

INTRODUCTION:

"Who is a disciplined disciple of the Lord Jesus Christ" all references are King James Version of the Holy Bible translated out of the original tongues and with previous translations diligently compared and revised.

This book is written from accumulation of notes how God has spoken to me over the last 20 years of study. The inspiration from the Spirit of God compelled me to write and to continue to write, this book whilst I was convalescing from a car accident nursing a fracture in my back, through the whiplash on impact.

I had been very concerned about things that we were hearing in churches about the so-called faith movement. Even though there was nothing wrong with the word that is being preached because it is all scripture. There is something wrong with the delivery and more importance should be put on the fruit, rather than the power of the gifts. Yes many writers have said this before, and it needs to be said again, that sign & wonders should be following those that believe.

Not the other way around, I see people saying there is a anointing over here, that makes people roll around the floor laughing, or miracles happening here and there. I am not against the miracles or the joy of the Lord However I think we all can get our eyes of the real fruit of the Spirit mentioned in Galatians 5:22- this is the fruit we should be looking for.

If we hear people claiming to have outstanding miracles in their life, but they are still sinning like an unsaved person there is something wrong. I was a drunk 25 years ago and got filled with the new wine of the Holy Ghost this was a miracle because I never drank like an alcoholic again. The fruit of the Holy Spirit is evident in my life still from the touch of the master's hand; 25 years later one touch from God changed my life forever.

I have observed that the Faith movement as we know it, has been confused with other things, and Satan has taken full advantage of this time of whilst young Christians have been battered, and alluded into something that is not of God. The charismatic people have been drawing people, and counterfeiting the gifts of the Holy Spirit. Some of these church leaders have waited so long for the move of God that they have embraced the charismatic ways that is going on now, not realising that that they too have been alluded away from the real signs & wonders of God. The God that I know always, always, always shows his fruit in a person's life if a real miracle has taken place. I have talked to Christians that say they are sorry they ever got involved with the Church for one reason or another; well that is not

1

the fruit of the Spirit. There should be always a love for God that no one can take away (Romans 8:35) tribulation, or distress, or persecution, or famine, or peril, or sword? In all theses things we are more than conquerors, no power present, or to come will be able to take the true believer from the love of God, which is Christ Jesus our Lord; this is the fruit we should be looking for.

The miracle power of God we received a long time ago folks so walk yea in him. In Him we live, in Him we move, in Him we have our being. What Greater miracle can there be that can not be counterfeited. I can see that there has been taught old things are past away and all things have become new! And now we are to call those things that are not as though they really are. O course that is what the word of God say's after all. Yes but there is a right way and a wrong way of application of this faith, some people I know expect a magic formula to set them free from their sticky past with-out doing any work themselves. I praise God for that if it happened that way for you, but I have talked to thousands of people about this in deliverance. If some one wanted to start a church and say healing of the memories seminar to night he would fill any building. People want the magic without any effort on their part; deliverance doesn't come from the touch of the pastor's hand or the stroke of a pen. I come from obedience to scripture and repentance is always required. There has to be a turning away from old ways, old thoughts, deeds, and actions, and then true deliverance comes.

Yes God will hasten his word to perform a miracle of deliverance, if we can hasten our repentance from dead works. However most of the people I have spoken too it took a working out of something that God had worked into our lives. (Philippians 2:12-13) God works in you whilst <u>YOU</u> work out your own salvation with fear and trembling. Satan has tricked people all over the world in an expression that people say here in Australia forget it mate' she'll be right.

Satan wants you to try to forget things by sweeping them under the carpet and years later when they show there ugly head we say well wonder where that came from. It was UN-confessed, UN-repented sin that is where it came from, and was allowed to grow; now it has become a strong hold that the devil is using to keep a person in bondage, and now needs deliverance.

God spoke to me and gave me Teaching and summons, that I said why Lord, why am I having all these wonderful teachings and summons. The Lord said this is what I want you to put into a book, the book "Who is a disciplined disciple of the Lord Jesus Christ" is first written for my benefit. As I was much of the time

depressed over my afflictions, I have still not heard, from the driver whom slammed into the back of me at an estimated speed 130klms per hour.

I am alive to day by the grace of God, and whilst being in a bad state of depression God started to speak to me in a way that I had not known before. He said all what you have ever learned about over coming, being victorious in this life you have to put into practice now. So whilst I had time on my hands I enrolled into University to study the Bachelors of Social Sciences, but this did not satisfy the hunger I had in my soul, and my heart to improve my self and to get well. So by seeking God further than I had ever gone before through desperation the Lord started to wake me up at night and give me teaching and summons.

I got that way that I would not go to bed knowing that if I did I would have to get up again to write down what the Lord was talking to me about.

I spent many hours at night just writing down what the Lord gave me to write, sometimes until 5 & 6 o'clock in the morning I would go to bed for a couple hours before going about my day.

With Doctors appointments and Physiotherapy, and hydrotherapy this kept me very busy and exhausted most of the time for the first two years. The title of this book and the purpose of writing it is that I could see the superficial so called Christian by name only. However not really disciplined in the word of God at all.

I thought and indeed still do believe that a true disciple of the Lord Jesus Christ, is one whom is disciplined and obedient to His word. My heart cry is that by writing this book that it will bring, the right correction, and direction to the reader who wants to live an overcoming, victorious Christian life for God. Hence comes the title 'WHO IS A DISCIPLINED DISCIPLE OF THE LORD JESUS CHRIST." Written by [REV] Brian Richards.a.i.p.c.M.A.C.A.

Website http://www.maxpages.com/independence

Statement of Faith for the

"WORD OF FAITH IN JESUS CHRIST".

(AUSTRALIA & INTERNATIONAL) A.B.N.39.326.050.887

We believe there is one living and true God who has revealed Himself in three in one entity: Father, Son and Holy Spirit, infinitely perfect and eternal in existence and equal in glory, majesty and power (Matt 28:19; Luke 3:21 -22)

We Believe in...

1. THE WORD OF GOD

We believe the Bible, both Old and New Testaments, is fully inspired by the Holy Spirit and without error, unified in their redemptive purpose, yielding a complete revelation of God's will for the salvation of mankind. We hold the Bible to be trustworthy, the only supreme authority in all matters of faith and conduct. Scripture is our source of revelation of God, the knowledge of salvation, the origin of all things and of the hereafter-it is the final Court of Appeal on all points of doctrine, life and godliness. (2 Tim 3:16-17; 2 Peter 1:20-21; Hebrews 4:12)

2. THE PERSON OF GOD

We believe there is one living and true God who has revealed Himself in three Persons in one entity: Father, Son and Holy Spirit, infinitely perfect and eternal in existence and equal in glory, majesty and power (Matt 28:19; Luke 3:21 -22):

- a) God the Father is the Creator of all things and the Author of eternal redemption. (Matt 6:9)
- b) The Lord Jesus Christ was manifest in the flesh as the very Son of Godfully God and fully man, Creator of all things with the Father, and the appointed Judge of all men (John 1:14,18; Col 1:13-20; Acts 17:31; Heb 1:1-4).

Jesus was conceived by the Holy Spirit, born of the virgin Mary, lived a sinless life, died on the Cross for our sins, was buried, resurrected bodily on the third day according to the Scriptures and appeared to his disciples (1Cor 15:1-8). He ascended to the Father, where He continues His High-Priestly ministry. He will personally and physically return for a glorious Church and execute judgment upon the wicked. (1Thess 4:16 -18)

c) The Holy Spirit is The Comforter, the Promise of The Father (Acts 1:4), the Revealer of Christ and His work on the Cross, the Empowered and the Distributor of gifts and graces upon the Church.

3. Humanity's FALLEN NATURE AND NEED OF THE SAVIOUR

We believe the human race was originally created by God, in His image, to have dominion over His creation (Gen 1:27). However, with The Fall of humanity, sin entered through disobedience and rebellion. Humanity became separated from God and totally incapable of saving itself (Rom 5:12). All of mankind needs to turn from sin and trust personally in the Saviour, the Lord Jesus Christ, to receive redemption. (Rom 3:23)

4. SALVATION ONLY THROUGH FAITH IN JESUS CHRIST

We believe the power of sin and death was broken when Jesus bore our sin at the Cross and rose again, providing the only way of salvation for the whole person: spirit, soul and body. (Heb 4:12; 1Thess 5:23)

Mankind can only be saved by grace through repentance and faith in Christ's perfect and sufficient work of the Cross. We receive remission of sins by Christ's substitutionary sacrifice for us, redemption through faith in His shed blood and regeneration by the Holy Spirit's power. (John 3:5)

5. EMPOWERMENT OF Christ's PRESENCE

We believe the Lord's Presence, Peace and Power are manifest in His Body in various ways, which are not, however, to be regarded as a means of salvation. We regard:

- a) The Lord's Supper as a means of fellowship of the spiritual body of Christ, and as a way of partaking of the spiritual benefits bequeathed to New Covenant believers.(1Cor 11:17-34)
- b) Water baptism, by immersion, as the obedient response to the Lord's command (Acts 2:38; Matt 28:19-20) and a visible representation of our death, burial and resurrection with Christ.
- c) The baptism of the Holy Spirit as a valid and important experience for believers today. The Holy Spirit was poured out at Pentecost and is present

for all believers today, often subsequent to the new birth and evidenced by speaking with other tongues (Acts 2:1-4;10:44-46; 19:1-6) and empowerment to witness (Acts 1:8). This baptism is also accompanied by grace gifts and fruit of the Spirit (Rom 5:5, 1 Cor 12:5-11; Gal 5:22 -23).

6. THE UNIVERSAL CHURCH

We believe the Church is the Body of Christ (1 Cor 12:12 -14; Eph 1:22 -23), His Bride (Eph 5:25) and Temple of the Holy Spirit (1Cor 3:16), the expression of the present rule and reign of Christ's Kingdom of God on earth. Christians are members of the universal, mystical, body by faith-they are a holy priesthood of believers. Believers need to live out their commitment to Christ in love, unity and community with other body members in the local church-this is the practical expression of Christian faith in action. Christ gifted His Church with unity and a five-fold ministry of apostles, prophets, evangelists, pastors and teachers for maturing, ordering, equipping, and releasing the whole body to do the works of service that reveal His glory. (Eph 4:11-16)

7. DIVINE HEALING

We believe divine healing is within Christ's work of atonement (1 Pet 2:24) and great gift of salvation. Healing, communicated by God's grace, gifts, laying on of hands, anointing with oil, and simple faith alone, minister healing for the whole person (emotional, mental, physical) and deliverance from oppression by the devil (Acts 10:38; Mk 16:17-18;

Jas 5:14-16). The gospel is not only in word, but in power and "these signs will follow those who believe."

8. THE LAYING ON OF HANDS

We believe that the laying on of hands, as practiced in the New Testament, is an operation of the ministry of the Holy Spirit for:

- Healing the sick
- baptism of the Holy Spirit
- receiving spiritual gifts
- dedicating children
- Ordaining ministries
- and sending out ministries (Acts 13:3)

9. THE CHRIST-LIKE ABUNDANT LIFE

We believe all Christians are called into a life of separation from sinful practices and they should take every opportunity to promote righteousness and godliness (James 4:4; Romans 12:1-2, 13:1-10; 2Cor 6:14-18; 1 John 2:15-17). Holiness is the release of Christ within each and every believer, changing us into His image, from glory to glory. (2Cor 3:18)

10. EVANGELISM

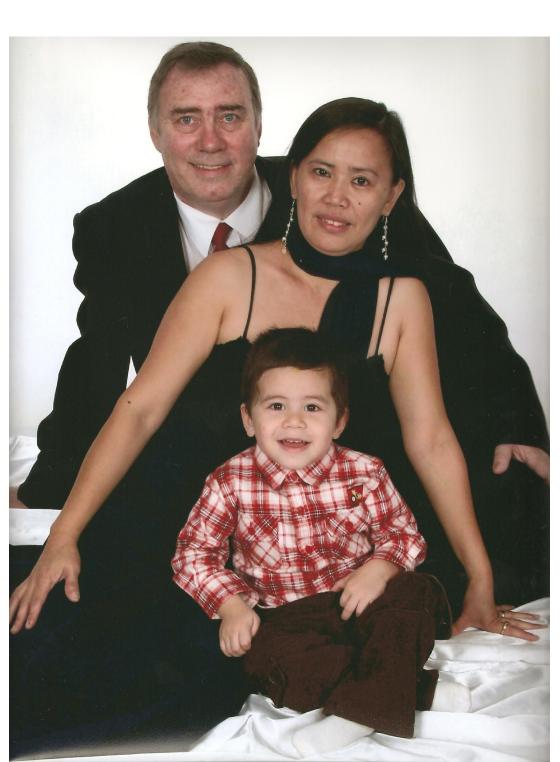
We believe the mandate and privilege of every Christian is to spread the Gospel to the lost world by making disciples of all nations, baptizing and teaching them to obey everything He commands (Matt 28:18-20). This lifestyle of evangelism is accomplished through prayer, living out our faith, preaching the Word and sacrificial giving. (Acts 1:8; Luke 10:2; Matt 10:7-8; 1Cor 9:19 - 23)

11. THE SECOND COMING OF CHRIST

We believe the Ascension and Exaltation of the Lord Jesus Christ to the throne of the Father proclaims His present rule and reign over the universe. His Kingdom is revealed here on earth through His Body, the Church, resulting in a glorious Church and global harvest at the end of this age. He will be finally revealed through His personal, physical, and soon return and the events described in the following scriptures, including the resurrection of the dead (the just too everlasting life and unjust to eternal separation from God (Acts 1:11; 1Thess 4:16 -17; Titus 2:12 -14; 2Thess 1:7-10).

12. FURTHER REVELATION

We recognize that God is continually restoring truth and light to His Church. Therefore, we place no limit on further revelation; however, each must be substantiated according to the scriptures.



KENNETH HAGIN'S FORGOTTEN WARNING -by J. Lee Grady.

Before he died in 2003, the revered father of the Word-Faith movement corrected his spiritual sons for going to extremes with their message of prosperity.

Charismatic Bible teacher Kenneth Hagin Sr. is considered the father of the so-called prosperity gospel. The folksy, self-trained "Dad Hagin" started a grass-roots movement in Oklahoma that produced a Bible college and a crop of famous preachers including Kenneth Copeland, Jerry Savelle, Charles Capps, Jesse DuPlantis, Creflo Dollar and dozens of others-all of whom teach that Christians who give generously should expect financial rewards on this side of heaven

Hagin taught that God was not glorified by poverty and that preachers do not have to be poor. But before he died in 2003 and left his Rhema Bible Training Center in the hands of his son, Kenneth Hagin Jr., he summoned many of his colleagues to Tulsa to rebuke them for distorting his message. He was not happy that some of his followers were manipulating the Bible to support what he viewed as greed and selfish indulgence. Those who were close to Hagin Sr. say he was passionate about correcting these abuses before he died. In fact, he wrote a brutally honest book to address his concerns. The Midas Touch was published in 2000, a year after the infamous Tulsa meeting.

Many Word-Faith ministers ignored the book. But in light of the recent controversy over prosperity doctrines, it might be a good idea to dust it off and read it again.

Here are a few of the points Hagin made in The Midas Touch:

- 1. Financial prosperity is not a sign of God's blessing. Hagin wrote: "If wealth alone were a sign of spirituality, then drug traffickers and crime bosses would be spiritual giants. Material wealth can be connected to the blessings of God or it can be totally disconnected from the blessings of God."
- 2. People should never give in order to get. Hagin was critical of those who "try to make the offering plate some kind of heavenly vending machine." He denounced those who link giving to getting, especially those who give cars to get new cars or who give suits to get new suits. He wrote: "There is no spiritual formula to sow a Ford and reap a Mercedes."
- 3. It is not biblical to "name your seed" in an offering. Hagin was

horrified by this practice, which was popularized in faith conferences during the 1980s. Faith preachers sometimes tell donors that when they give in an offering they should claim a specific benefit to get a blessing in return. Hagin rejected this idea and said that focusing on what you are going to receive "corrupts the very attitude of our giving nature."

- 4. The "hundredfold return" is not a biblical concept. Hagin did the math and figured out that if this bizarre notion were true, "we would have Christians walking around with not billions or trillions of dollars, but quadrillions of dollars!" He rejected the popular teaching that a believer should claim a specific monetary payback rate.
- 5. Preachers who claim to have a "debt-breaking" anointing should not be trusted. Hagin was perplexed by ministers who promise "supernatural debt cancellation" to those who give in certain offerings. He wrote in The Midas Touch: "There is not one bit of Scripture I know about that validates such a practice. I'm afraid it is simply a scheme to raise money for the preacher, and ultimately it can turn out to be dangerous and destructive for all involved "

(Many evangelists who appear on Christian television today use this bogus claim. Usually they insist that the miraculous debt cancellation will occur only if a person "gives right now," as if the anointing for this miracle suddenly evaporates after the prime time viewing hour. This manipulative claim is more akin to witchcraft than Christian belief.)

Hagin condemned other hairbrained gimmicks designed to trick audiences into emptying their wallets. He was especially incensed when a preacher told his radio listeners that he would take their prayer requests to Jesus' empty tomb in Jerusalem and pray over them there-if donors included a special love gift. "What that radio preacher really wanted was more people to send in offerings," Hagin wrote.

Thanks to the recent resurgence in bizarre donation schemes promoted by American charismatics, the prosperity gospel is back under the nation's microscope. It's time to revisit Hagin's concerns and find a biblical balance.

Hagin told his followers: "Overemphasizing or adding to what the Bible actually teaches invariably does more harm than good." If the man who pioneered the modern concept of biblical prosperity blew the whistle on his own movement, wouldn't it make sense for us to listen to his admonition?

~J. Lee Grady is editor of Charisma. The Midas Touch is available from Kenneth Hagin Ministries at- www.rhema.org

SPIRIT SOUL AND BODY:

We are a Spirit we have a Soul and live in a Body. [Roman 12: 1-2] we are to present our bodies to God as a <u>living</u> sacrifice, holy, acceptable unto God, which is <u>your</u> reasonable service. And be not conformed to <u>the ways of</u> this world: but be <u>you</u> transformed by the renewing of your mind, which <u>you</u> may prove what is that good, and acceptable, and perfect, will of God.

So we are to present our bodies to renew our minds. Now we have been taught that our mind is part of our soul, but I believe also the word of God tells me. The renewed mind, renewed by the word of God, becomes a spiritual mind. [1 Corinthians 9-16] God has revealed things unto <u>us by His Spirit</u>: the Spirit searcheth all things, yes the deep things of God. Goes on to say we have the mind of Christ. [But this is only when we are obedient to everything else that is said] Especially presenting your body in the correct attitude.

I believe the word of God tells me; the renewed mind, renewed by the word of God not only becomes a spiritual mind, but becomes our eye of Faith into the <u>Spiritual realm</u>.

<u>Our Soul</u> consists of our mind, our will, and our intellect, and some of our physical senses. That is why some people with a very high intellect, has trouble getting out of the soulish realm into the Spiritual realm.

Some denominations teach that the soul is the spirit, or that we don't have a spirit until we are born again of the Spirit OF GOD. Well whichever way you believe we have to go to scripture to get our thinking right.

So in 1Thessalonians 5: 23 and the very God of peace sanctify you wholly; and *I pray God* your whole spirit and soul and body be preserved blameless unto the coming of our Lord Jesus Christ.

This truth of scripture will be setting some people free right now, because the truth is unless you got total control over you mind, that's when you become totally free: The thought processes of our brain is complex indeed but as we understand that we receive all knowledge "Gnosis" into the left side of our brain this is our intellect! Then when the mind processed the information it goes to the right side of the brain. It becomes "epignosis" this is revelation knowledge.

(Gnosis is Logos = epignosis is Rhema)

We can see from this scripture 1Thessalonians 5:23 that we are spirit, and soul and body.

We also see that the word spirit does not become a capital "S" until we are born again of the spirit of God, but the spirit is there before and after the new birth. [Romans] tells us that we become <u>alive</u> unto God when we buried the old man or old way of life.

SPIRIT= in the Greek PNVEMA

SOUL= in the Greek PSUCHE

BODY= in the Greek SOMA ... Hebrews 4:12 for the word of God is

Quick, and powerful, and sharper than any two-edged sword, piercing even to the dividing asunder of soul and spirit, and is a discerner of the thoughts and intents of the heart.

We notice through the [Hebrews 4:12] that the only thing that can separate the soul, and spirit, and is a discerner of the thoughts and the intents of the heart, This tells me how important it is to learn the word of God as a defences to our minds and our heart. Has not the Lord said guard your heart with all diligence? So we need to learn these things.

Hebrews 4:16 is one of my favourite scriptures, that says for us to come boldly to the throne of grace, this to is presenting the body also. The throne of grace is in the Spiritual realm that we need to learn how to enter in to the Spirit.

[Romans 8: 26] notice in these scriptures the Spirit is always capital "S" because this is the person that is born again, or spiritually alive unto God. Likewise the Spirit also helpeth our infirmities: for we know not what to pray as we ought: but the Spirit itself maketh intercession for us with groanings which cannot be uttered.

Notice the word <u>infirmities</u> here means weakness. It is a weakness not knowing how to pray some times we feel antiquate to know what to pray anymore in our own understanding, and we feel like groaning within ourselves. This when the Holy Spirit of God can take over, *[if we let him]*

If we learn to pray in the Spirit for long enough our mind and our heart will agree and we will know the mind of God. Our heart and our mind agree together and it is just as if it *become one.* [1Corinthians 2: 9-16

To understand the Bible we must be of the <u>same Spirit</u> of the one that wrote the book. Isaiah 28:9—21 this man they called a see'er was seeing into the Spirit and said "For with stammering lips and another tongue will he speak to his people. Isaiah 64: 4-6 this is almost likes our Corinthians Scripture that we have already mentioned. And talks about a righteousness that is coming, well has it not <u>already arrived to-day Verse [6]</u> says that our righteousness is but filthy rags; However this is new Testament times meaning that the Testimony of Jesus is that He wants us to have <u>His</u> righteousness, not our own, and walk in <u>His Righteousness</u> 2Corinthians 5: 21 said we have become the righteousness of God in Him. So He wants us to walk in that righteousness.

Romans 8:18 now this scripture says the Glory shall be <u>revealed in us</u> We were told in our old denominational churches that Glory of God would He not share with another? *Yes but we are not another* we are one *the same:*

we not talking about our righteousness, we are not talking about our Glory, it is always His, but we have it. Just like saying hello who's' coat are you wearing? You answer "O this belongs to Jesus." He is letting me wear it. Amen...

We go now to the Gospel of John 17:20-22 and the Glory that you gave me I have give to them: that they may be one, even as we are one: [talking about the Father and the son]

Now go back to [Romans8: 18-28] this is a foundation scripture for some churches. And we know that all things work together for good to them that love God, to them who are called according to *his* purpose.

Now we know the scripture is right but not all things are working together for good in our lives all the time, even though our love for God has not change, so what has changed? Well you see we cannot take this one scripture out of context it means with the whole chapter when we pray this chapter is talking about HOW TO WALK IN THE SPIRIT by pray we can only apply verse 28 if we are obedient to the whole chapter and pray according to the instructions given.

Now we cannot finish here without this warning. 1 John 2: 26-28 there are many spirits in the world. But the anointing of God will protect us, and teach us and guide us into all TRUTH.

Divine viewpoint is the thinking, the new value system, and problem-solving ability gleaned from this bible teaching, which is a new orientation to NEW LIFE itself based on the perspective of God. The main objective here is the recall of scripture comes to you by absorption or meditation on the scripture. This Logos transfers in the brain to become a Rhema and then you own it. The verses of Scripture become part of you, your recall becomes clearer and now you are ready to teach others. 2 Timothy 2: 2 the Lord calls you faithful & able to teach others. {Full of faith and power in



the Holy Ghost

By [REV] Brian Richards @ word of faith ministries International Email: brichards22@bigpond.com
http://mylatestbook.blogspot.com

http://www.revbrian1.com

NOW I SEE THROUGH A GLASS DARKLY:

This style of preaching or story telling I call concept preaching, that is speaking from a conception or a conceived some thing that I believed came from God in the first place. This I call concept ministry whether I am right or wrong with this thinking it don't matter I am going with it anyway because this is the only way I can explain. Let me begin by telling you where I was and at what time of my life this was. I was at the Manila. Philippines Airport around December 20th 2003 I was hot and sticky after a long hard, and hot day. It was time for me to go back home to Australia and I was on my way! I had said good by to my new wife Erlinet (we were married December 10th) as she was not ready to travel with me because of a visa she was waiting for! So now it was decided that I was to travel home alone as my travel ticket was about to expire. I had lost completely my reading glasses a couple of days before this and I was having troubles seeing. I remember how I lost my reading glasses: I had left the reading glasses on top of a taxi cab as I was thumb ling for change to pay the cab driver. He drove off and I forgotten my glasses that I had placed them on top of his cab, just for the moment, but now I was without glasses because I had lost them this way, O.K. so here I was at the Manila Airport 5.p.m. just coming off the domestic flight to change to the International flight due to leave about 7.p.m. or so I was led to believe! This is what actually happened because I could not see too well I asked the travel agent on the domestic flights to put me on a flight to interchange with my International flight. However when I got to the Manila International Airport after saying good bye to every body being, my new in-laws and my new wife Erlinet and all friends there in Dumaguete. I was now very much alone not being able to speak the language and in Manila International Airport, ready to go through the barrier I was told by the ticketing personal that my ticket was outdated by one day and I would not be allowed to fly on that ticket. I would be allowed to fly on that same flight if I was to purchase a new ticket. However that ticket I was in precession of was now not valid at all under any circumstances. I said to all the attendants there that there must be some mistake, as I could not see to well the ticket I had asked the domestic flight booking agents to connect me with the International flights in the booking. I trusted their judgements, as I could not see; my eye sight was getting more blurred the more I would try to see. As I was told this new concerning my ticket my heart then did sink at first then as the reality hit my despair went into panic and anger and rage and desperation, more panic, feeling of abandonment filled my body, soul, and spirit. I remember feeling for the first time in my whole life so much alone, so it seemed, very much alone, and desperate. I was alone many times in my life, but never until this day did I fell alone. I remember thinking and saying in my mind (my God, my God, why have you suddenly left me) I said out loud what am I going to do? Lord Jesus Christ what am I going to do? You see this trip to Philippines had not been so filled with preaching or teaching the word of God like all the other times, because I got married. It was a sudden decision that I had made and now I was thinking maybe it was not with God's approval. But how can it not be I thought with all my knowledge of the Word of God, with all that I had gone

through with God's teachings over the many years of study. My thoughts was that I have studied to show myself approved unto God a workman that needs not be ashamed at all. (2.timothy 2:15) How could it not be approved by God / he whom takes a wife, takes a good thing, and wins the favour of God? All these scriptures and so many others were flooding through my mind, as I thought to myself, is there some thing wrong? Why have I found myself in this dilemma, a predicament that I don't know what to do next? So I knew as I was walking through the International Airport in the direction of the door and the hot sunshine out side. I knew I was to find myself a cool shady spot and start praying and asking God what am I to do now? Did I do some thing wrong to find myself in this predicament? If so was there some kind of repentance needed for me to find the mercy and Grace of God. I put Hebrews 4: 16 into practice here? Then it suddenly dawned on me? I was in not only a real test of faith, but a real challenge? Yes this was a challenge just like Job had gone through. I was feeling just like Job, for in Job chapter one we see that Job had not done anything wrong to be in this fight with the devil. It was a fight that Satan had picked a fight with God, and using Job Satan had said lets see if Job would stay in Faith or curse god and forsake his belief in God. You may not have heard the story of Job that way but truly this is what it was all about! And still is today. Yes that is Old Testament? Yes times have changed since then, we are in the new testament now/ but the test of Faith and the challenge of Satan, the test of the flesh or the spirit is still the same. Satan uses the flesh thinking to challenge the Faith thinking. All of us don't matter how long you have been a Christian, or how long you have walked by Faith, don't matter how much miracle signs and wonders you have seen in God. You will still be challenged by the devil to go to the flesh thinking. When the times get tough and things seemed to be going wrong the thinking is the most important thing now. So now I am at the International Airport and been told that I would have to purchase another travel ticket to go to Australia, I did not have any money at all I only had the airport departure tax in my wallet. I had no money what so ever, I had no friends that I could call on to help me. I called two people in Australia and was rejected by both as being joking; I was stranded completely, because I knew the family I married into was a poor family also. I did remember however that I had a brother -in-law Edward that I had never met, I was only told about him and maybe I spoken to him one time over the phone. We did not know each other, but he was told of my dilemma and my bad circumstances, and being stranded without a ticket. He said to me on the phone Brian have a sleep on the benches outside the Airport and I will try to get to see you tomorrow. So this is what I did, not knowing what I was to do next. I found a bench in the crowded airport and prayed that the Lord could restore my mind, as I rested. Yes it was crowded as people were not allowed into the airport too early for their flight, and if you did not have a flight ticket at all, then you were not allowed to be in the airport at all. So here I was in the crowded airport with people talking all around me, but I was able to switch off by Faith and go to sleep. I had experience in doing this, but not under these circumstances, but by the Grace of God I was able to do this. I believed that God was going to tell me what to do, and where I was to go now. To my surprise the night came in just like someone switching of the electric lights. I woke up suddenly it was 6 a.m. next morning, people was talking about Christmas I heard them and they was

Well the Security Guard said what you are going to do now! As if I had the answer already? Well I said to him I told really know how this is going to pan out but I know if I don't get this ticket validated then I will be stranded here for a long time. How long the guard said? (Like as if I was legally in trouble) "Like for ever I said." The guard was only thinking of himself really, but then all of a sudden, he started to believe me like he never believed me before? So he said "Man you gotta' get the message through to the management here that you are stranded and unless they serious do some thing for you, we have got an international incident on our hands that will make news headlines"

This should have been music to my ears but it was not! However he insisted on me doing some thing to make a decision as to what I am going to do? So I made my way back inside to the managers table of the Philippines Airlines I am not allowed to mention any persons names here. But I did speak to the highest authority possible in the Manila Philippines Airlines. I found this man to be a real Filipino gentleman and after he could see that I was never going away. After 3 or 4 attempts of changing his mind. He said "you do your praying Sir I will do whatever I can to help you?" But it not up to me alone I will have to get special permission from 2 other supervisors that are not in the country right now! One off the supervisors is in Australia and the other in the U.S.A. and all 3 supervisors have to agree to validate this ticket for you to get home on this ticket? He went on to say "if this happened this would be the first time ever?"

So I immediately went into pray finding a quite place in the International Airport was hard to do but I found the toilets to be the best place, it also had a power point so I could charge up my cell phone. Not that I was in anyway quite when I prayed I was noisy in so much a way I frightened persons away? From using the toilet at all. I was putting into action all the teaching that I had preached over the years including some that I have never practiced personally for years. Then it happened my mind became invaded with the thoughts of one of my favourite teachers when I was at Bible College, (names no mentioned here) my mind was invaded by the power of the Holy Spirit saying NOW I SEE THROUGH A GLASS DARKLY this has become the title of my subject here! When I was in Bible College there was a teacher whom taught us that we are to see what we are praying for and call it into being. Up to this stage I had only been seeing the black stamp over my none valid plane ticket and travel documents saying "NOT VALID" (to cut a long story short) this whole dilemma that some people would refer to as their worsted night mere, this took 3 days to over come. The main thing I was to overcome was the negative thinking, that the travelling ticket was stamped "NOT VALID" in big black letters. So the teaching I am referring to is 1 Corinthians 13: 12-13.

For now I see through a glass darkly; but then face to face: now I know in part; but then shall I know even as also I am known.

and over, until they all knew me by name. Each time of course they asked for my papers for I.D. so now I was getting the full run of the airport, and people knew me by name. I became so familiar to the Supervisor because all these reports was getting back to him that there is an Australian in the airport and it looks like he will be here for Christmas. He is stranded here you know and he is a man of God believing for God to come to his aid, and so forth and that. I did not have to tell anyone anything any more every one was being told by the next person Filipino people are so good at that. So now it was up to me and God I used this teaching, NOW I SEE THROUGH A GLASS DARKLY. The teaching goes like this, the Apostle Paul was not saying the glass is too dark to see through, he was saying now I see through a glass darkly this is the way I understand it. The way of seeing from the natural to the supernatural or from the flesh natural realm to the Spiritual realm of supernatural, is seeing through the dark glass that the Apostle Paul was saying a glass darkly. I am not a natural thing for any natural person to see into the spiritual realm, any time we would like. However as we press into God praying in the Holy Spirit and using your own imagination to see some thing you need to be able to see, then the Spirit of God get's involved and help's you out! I started to press into God praying in tongues and worshipping in the Holy Spirit calling those things that be not, as thou they already were! I was doing that and all of a sudden it was like a jigsaw puzzle coming into being, just like I saw the black stamp going onto my ticket saying "NOT VALID" I started to use my imagination and see a stamp going onto my ticket saying "VALID NOW" and this is what is says in the column of my bible that the word darkly means

These are the words that penetrated my thinking; I knew one hundred % that this was God speaking to me! I thought to myself at that time, I should be rejoicing because this has come to me from God. So I did I started singing and rejoicing right there in the toilet the echo was loud and the devil got mad, I got removed from one place to the other by the faculties, authorities, and security guards, over

(Riddle *or puzzle* and the glass is a mirror) so as I understand it glass darkly means a mirror or puzzle that you cannot easy see, says Paul. He did not say he could not see through it? He said "<u>NOW we see</u> <u>through a glass darkly</u>" meaning he could see through it but it was hard because it was dark. So here was me now seeing through the natural realm into the Spiritual realm, and seeing my old travelling ticket being "VALID NOW" and this is exactly what happened next.

I was back on the bench this was the third day and Edwin had sent his wife to see if they could find me amongst the busy people waiting to go into the International Airport. By this time I had people staying away from me because I was stinking and had a three days old whiskery face it was obvious to everyone that I had been living rough. The bench I had chosen to sit on and sleep on was right outside the supervisor's office, and he had me now in his sights. I was on my next visit to ask him if anything had changed today being the third day, I caught here him saying in *English this man is stinking now and has a 3 day old beard looks a terrible sight and O yes! I forgotten to tell you this man is a Reverend a missionary to Philippines.*" So as I heard this being said over the phone I knew he was talking about me to most likely one or both of the other supervisors. As he put the phone down he said I have done all I can do for you my brother, its up to God now! Will you please come back in 2-4 hours? I knew there

had been a breakthrough I felt it in my spirit so now I had accepted an invitation from my brother-inlaw's wife Luzvie said to come and clean up, at their home. I was only going into the supervisor's office to tell him that I would be away for a couple of hours to clean up? As I told him that he said NO NO Sir don't do that you will miss your chance here! So I said o.k. I will be here in time don't worry. I went to Brother Edwin's and Sister Luzvie humble house it was a very small house but I felt the love. The hospitality hit me in the face and they insisted that I was to have a short sleep in their home. Well maybe you can guess what happens now, they told me the traffic is so bad there is no way to get back to the International Airport until early morning so have a night sleep and then go back. So I did that I felt in my spirit it was the right thing to do, so I stayed the night we had wine and song and a good night sleep. The next day Brother Edwin had gone already to work, Luzvie was talking me to the International Airport in this Open Jeep it was great fun in the traffic. We got there I thought in good time I knew the Supervisor office did not open until 8a.m. But to my surprise it was open all night and the supervisor had been waiting for me, as soon as he saw me he said quickly give me your old ticket! I thought what is he going to do now tear it up maybe? NO> NO of course not I had already seen it in the Spirit Brian; this was going through my mind. YES what I saw in the Spirit happened exactly the way I had seen where the ticket said "NOT VALID" was made "VALID NOW" one flight only. The supervisor said there is a flight in a couple of hours get going now and don't miss it? This story is a true story and happened just they was I have described. I call it faith in a teaching "NOW I see through a glass darkly" What do you see, how do you pray? Lord teaches us how to pray? Pray thy kingdom come. Thy will be done, how many times has this happened since then! Well believe me this was a breakthrough and everything I receive from God I receive the same way, and this has become my method of prayer now. I hope this has been informative and will be life changing, and bring a discipline into our thinking, hence this is another form of discipline of the mind.

Written by Reverend Brian Richards.a.i.p.c.[M.A.C.A.]

"WORD OF FAITH MINISTRIES INTERNATIONAL" AUSTRALIA.

"Jesus and the Word are One"

DISCIPLINED DISCIPLES OF THE LORD JESUS CHRIST:

MATHTEW 2:9- Here we see the leading of the Lord by way of a star, that the wise men followed and the leading of the Lord by an angel in a dream also Joseph later had a n inner witness not to go back after fleeing into Egypt he did not go back to Bethlehem he went to nazareth to settle down there. So come the name Jesus of Nazareth, even though Jesus was not a Nazarene. **1 Timothy 3:5** The discipline we need in the Lord starts from our own house hold, if we cant rule over our own house how do we rule a church? **John 8:31**-32 we have all heard many times the <u>truth will</u> set you free.

However when we really look into what the Lord Jesus was saying, He said **If you** continue in my word, then are you my disciples indeed; and you shall know the truth, and the truth shall make you free. We see by this that it is not truth that makes you free but it is the truth you know that will make you free. This knowing of truth only comes by **if you continue** in the word of God, and get to know the <u>author</u> of the book. Hence comes a true story from Carole Mayhall she came into precession of a book that she could not get interested in after the first couple of chapters, so she put the book away on the book shelf and left it there never did read it. Later she went on a cruise and on this cruise she met a man and falling in love with him, and concenplating marriage. She said to this man how strange I have a book on my book shelf and the author of the book is the same name, He answered and said my dear Carole that is not so strange, I am the Author of that book & THE FOUNDER OF NAVIGATORS MINISTRY. Carole was so glad he did not ask what she thought of the book, as Carole did not read as yet!

Carole could not wait any longer as the cruise was over she quickly fled to her book shelf to get the book that had gathered dust by now and Carole read the book from cover to cover twice and found it to be the most interested book she had **EVER** read. Now what had changed why did Carole find the book more interesting now? The answer is obvious Carole is in love with the Author. The Holy Bible should be the same way to us if we are in love with the Author of the Bible then it will be so easy to digest and understand. **JOHN 12: 26-if any man serve me, let him follow me; where I am there shall also my servant be**: However the prerequisite for this is the understanding that we have to be like the germ of wheat that dies, before we shall produce fruit. When we are willing and indeed die to our own selfish desires and

1

worldly lust then and only then can we expect the rest of what Jesus said here. If any man serve me, him will my father honor.

We have to note what all these scriptures have in common with each other that there id a discipline, and conditions to follow before we can say the Spirit of God leads us. ROMANS 8:14. Hebrews 10:38 now the just shall live by faith: but if any man draw back, my soul shall have no pleasure in him. But we are not of them who draw back unto perdition; but of them that believe to the saving of the soul. We see by these scriptures firstly that it is **Faith** that we are obedient to God, we are justified by faith, saved by faith, and will continue in the word of God by faith in the love of God for us. If we are in love with the one that loves us we shall continue, there is so much we can say about this scripture, however the point that caught my interest was the soul the word says MY SOUL shall have no pleasure in him and [v 39]Says the saving of the soul, meaning the purging of the conscience Romans 8:29 For whom he did foreknow, he also did predestinate to be conformed to the image of his Son, that he might be the firstborn among many brethren. Moreover whom he did predestinate, them he also called: and whom he called them he also justified: and whom he justified them he also glorified. There is Christian claiming to have sanctification, justified, and looking for glorification. This has happened to some that Jesus has already taken away, like Mosses and Ilisha when they appeared with Jesus on the mount transfiguration. We cannot have this Glorification until the love of God is perfected in us, ROMANS 8:28 And we know that all things work together for good to them that love God, to them who are the called according to his purpose. When we are really in love with Jesus and his word it starts to happen that we receive healing, Salvation, & deliverance all of which are a small part of Jesus glorification. It is part of out inheritance to receive this Glorification most of us stop at the Salvation, or being filled with the Spirit of God for the evidence of speaking of toughs. However this is just the down payment of Salvation, it is not the full salvation. We have to be disciplined disciples to receive the full salvation, the bible says we are saved, we are being saved, and we shall be saved, meaning it is a progression that we have through a continued relationship through his word. John 4:24 & Rev 4: 11 God is a Spirit: we can never understand the deep things of God unless we are in the same spirit. They that worship must worship in spirit and in truth. God has created all things for his pleasure and that includes you and me. Now to develop self-discipline is to take

possession of your mind, and is to take emotional and instinctive thoughts out of our mind. For at least until our minds have been trained to be like Christ. ROM 12:1 &2

I beseech you therefore brethren, by the mercies of God, that you present you bodies a living sacrifice, holy acceptable unto God, which is your reasonable service. And be not conformed to this world: but be you transformed by the renewing of your mind, that you may prove what is that good, and acceptable, and perfect, will of God. PROV 4:2. I give you good doctrine forsake you not the law. Our life is shaped on our thoughts and the words control the thoughts, and thus control our deeds. James 1:13 -15 Let no man say when he is tempted, I am tempted of God: for God cannot be tempted with evil, neither he tempteth he any man: but every man is tempted when he is drawn away of his own lust, and enticed. Then when lust hath conceived, it bringeth forth sin: and sin, when it is finished, bringeth forth death. So we see by this the thoughts, the words, and deeds.

Romans 6: 16 know you not; that to whom you yield yourselves servants to obey his servants you are to whom you obey; whether sin unto death, or obedience unto righteousness? So we see from this we are servants to whom ever we yield our members too. We must become more disciplined to yield our members unto God and his righteousness. 2.Peter: 1-10 be diligent to make your calling sure.1Peter 2: 11-21 talks about unstable souls meaning unstable minds, full of lust and all kinds of evil, this could be a preacher that has gone wrong. Very serious, these are the false Prophets and teachers, while they promise liberty they themselves are servants of corruption: [verse 20] For it after they have escaped the pollution's of the world through the knowledge of the Lord and Savior Jesus Christ, they again entangled therein, and overcome, the latter end is worse with them than the beginning. For it had better for them not to have known it, to turn from the holy commandment delivered unto them. But it is happened unto them according to the true proverb, The dog is turned to his own vomit again; and the sow that was washed to her wallowing in the mire. This is not just for preachers and teachers this can happen to anyone. The apostle goes on here in [chapter 3] here goes on to warn us about having our minds pure at all times. That you be mindful of the words, which are spoken.

This is a true disciplined disciple of Our Lord Jesus Christ, one whom has his mind and words pure, I stir up you're your pure minds by way of remembrance.

Psalm 39:1-4 I SAID, I will take heed to my ways, that I sin not with my tongue: I will keep my mouth with a bridle, while the wicked is before me. The bridle the psalmist talks about is the word of God, just like Jesus he went like a lamb to the slaughter [verse 4] Lord make me to know my end, the man here was not suicidal as some may suggest. He knew the pride of men and the measure of our days compared with all eternity. How silly we can be not to obey the Lord God through his word. No this psalmist was saving, that I may know how frail I am. That if he was reminded how fail we are in comparison to the Lord, then it is easy to humble our self under the mighty hand of the Lord. 1 Thessalonians 4:3-4 & 12 For this is the will of God, even your Sanctification, that you should abstain from fornication: That every one of you should know how to possess his vessel in Sanctification and honor; [verse 12] That you may walk honestly toward them that are without, and that you may have lack of nothing. So we see by these scriptures the Lord God wants us to like right and to be in full control not to give over to the lust that is in the world. So we see also there are rewards for obedience to the Lord [Verse 12] Lack of nothing. As a counselor I get to hear both side of the story saying I am not strong in Faith to do this, to live this way but the Lord has said [we lack nothing] we don't lack the strength to do this, we don't lack nothing. Could this mean nothing as in anything?

I have always seemed to lack some thing someone might say! Well whatever the lack you think you may have, when you walk this way in obedience to God's word you lack nothing. When we live a concentrated, sanctified life before God then we will lack nothing, when it comes to the power of God we shall have it at the time of need. Mark
5: 2-16 Just like Jesus when he came to the man of Gad'ar-enes not only did the evil spirits recognized him, but knew he had the power in himself to cast them out. You live a clean life, and the unclean spirits will know that you are clean and have power to cast them out. {THIS IS THE LIFE OF A DISCIPLINED DISCIPLE] PROVERBS 25:

28 He that hath no rule over his own spirit is like a city that is broken down, and without walls. Hosea chapter 4: 6 My people are destroyed for lack of knowledge: because thou hast rejected knowledge, I will also reject thee, that thou shalt be no priest onto me: seeing thou hast forgotten the law of God, I will also forget thy children. This needs no explanation, remember our subject being disciplined, disciple of the Lord Jesus Christ, through knowing his word.

REVELATIONS CHAPTER 3: 21 To him that overcomes will I grant to sit with me

in my throne, even as I also overcame, and sat down with my Father in his throne. He that hath an ear, let him ear what the spirit saith unto the churches.

And he is still speaking the same thing live a consecrated, sanctified life before God, many are called few are chosen. Meaning that if you live a consecrated, & Sanctified life before God then he will choose you to do his bidding. He will choose you to be the man that walks down the street and just the shadow of the man can heal the sick, just like Peter he was weak, but the Lord made him so strong that when he walk by the sick his shadow was enough to heal the sick.

I will close this chapter with what makes up the profile of a disciplined man, is a man that is determined to increase, that is an overcomer, and looks not for the applause of men. A man that has his thoughts in heavenly places, whom has his feet firmly planted on the ground he walks on, but at any given moment can speak heaven down to earth. "Thy Kingdom come thy will be done" these are the words Jesus gave to us! A disciplined disciple is one whom has studied to show him self approved unto God. 2 Timothy 2:15 a workman that needeth not be ashamed.

<u>Proverbs 18:21</u> Death and life are in the power of our tongue: and they that love it shall eat the fruit_thereof._ Notice this word is saying death and life, meaning death comes before live, just like the seed in the ground it has to die. We die to ourselves and made alive unto God. We have control over our tongue by the power of the Holy Spirit. The tongue can <u>no man</u> tame it is an unruly evil.......James chapter 3: 8 However when we living right and sanctified before God, then the Holy Spirit gives us the power to control our tongue. So <u>yes no man</u> can tame the tongue: but God can, and will if he is sought after.

Thus being a disciplined disciple of the Lord Jesus Christ.

<u>2 Corinthians 2: 15-16</u> For we are unto God a sweet savior of Christ, in them that are saved, and in them that perish: to the one we are savior of death unto death; and to other the savor of life unto life. And who is sufficient for these things? For we are not as many which corrupt the word of God: but as of sincerity, but as of God, in the sight of God speak we in Christ.

SPIRIT FILLED CHAMPIONS- JEPTHAH BOOK OF JUDGES.

MEMORY VERSE: Psalm 18:32, Zechariah 4:6 **FOUNDATION TEXT:** Judges Chapter 8 to 12

Gilead's son, Jephthah, was Illegitimate, rejected and thrown out by his

brothers! What a sad picture!

PUT DOWN!
ACCUSED!
NO REAL IDENTITY!
ROOTLESS!
NO INHERITANCE!

The perfect set-up for severe personality damage because of his traumatic past! He could have accepted failure as the norm for his life and said, "Well, my life isn't worth anything anyway!"

[How many today because of the lack of self-worth, are destroying themselves and others?] Does this include you? You may have been put down too! Perhaps satan "the accuser of the brethren" [Rev.12: 10] reminds you of the past! Maybe you don't really know who you are!

Today, Jesus can give you a new life, a new birth-making you a new creature in Christ-giving you a whole new sheet on which to commence writing the story of your life [2 cor. 5:17].

- ❖ JESUS can give you a new life!
- ❖ JESUS-can give us a new birth
- JESUS-gives us real purpose in life!
- ❖ JESUS-can heal and blot out the past
- ❖ JESUS-can give us the security of belonging to his Family!
- ❖ JESUS-gives us an inheritance! [Eph.1: 1]

<u>Don't look upon yourself as a misfit or reject! GOD HAS A PLAN FOR YOUR</u> <u>LIFE JUST LIKE HE HAD FOR JEPHTHAN!</u>

Luke 4:18 JESUS has provided our WHOLENESS! It is now possible for us, as born-again believers, to live and move and have our being in him! [Acts 17:28] We are COMPLETE IN HIM [COL.2: 10]

JEPHTHAH- ["A NOBODY"] BECOMES A JUDGE!

This is surely the story of "a poor boy makes good"! Jephthah was a daring young man and had proven his skill in leading men into battle. He now had a reputation for leadership [having become head of a band of social misfits, living like bandits!] and when war broke out with the Ammonites, the Israelites sought for him as their

Commander and Chief! [He had been forced to leave the land of promise and he went to his mother's country in Syria but <u>through this situation</u>, he was actually prepared for the task of saving the very people who had thrust him out!]

THE OUTCAST is now WELCOMED back and made HEAD AND CAPTAIN over those who once accused, criticized and mocked him! [Notice he didn't let any past hang-up, pride or resentment block God's plan for his life! Proverbs 18:14] God is able to "restore to you the years that the locust hath eaten, the cankerworm, and the caterpillar, and the palmerworm... and ye shall eat in plenty and be satisfied and praise the Name of the Lord your God, that hath dealt wondrously with you: AND MY PEOPLE SHALL NEVER BE ASHAMED! [Joel 2:25-26] —when you make Him the Lord your God!

JEPHTHAH- A RESISTOR, AN OPPOSER!

In his discussions with the King of the children of Ammon, he was able to quote God's dealings with the children of Israel.

Although he had been surrounded by idolaters for at least 18 years, Jephthah put his faith in God – knew God was "THE LORD – THE JUDGE"! Who would have thought his name would have been included among the great heroes of faith in Hebrews 11!

In Judges 10:16 we read that "they put away the strange Gods from among them and served the Lord: and his soul was grieved for the misery of Israel." GOD LOOKS TODAY UPON HIS CHURCH! He is concerned for "the misery" upon His people!

[In Jephthah's dealings with the quarrelsome Ephraimites, we get an illustration of a spirit of strife, contention and jealousy causing war and division amongst brethren. Eph. 4: 1-6, cor.12: 13. DON'T LOSE THE SENSE OF THE ONENESS OF THE BODY OF CHRIST.]

(Notice Jephthah's rash vow! OUR WORD IS OUR BOND! Psalm 15:4 better not to make a vow than break it! Duet. 23:21-23 doesn't make rash vows like Jephthah!)

God wants His people to be A FREE PEOPLE! [John 8:31-32] THE WORD is now being given its rightful place of authority and the anointing of the Holy Spirit is coming upon the Body of Christ ready for victory- bringing back the KING OF KINGS and THE LORD OF LORDS!

Believers today must build their lives around THE WORD OF GOD (Math.4: 4). You must know <u>your authority as a believer [Mark 16]</u> and use THE NAME OF JESUS with power! <u>YOU WILL NEVER BE ABLE TO RESIST THE DEVIL</u> WITHOUT THE WORD IN YOU [James 4:7. And 1 Peter 5:6-9 A vocal test was

given to the Ephraimites ["Shibboleth or sibboleth"] to prove on whose side they were! HOW WOULD YOU PASS SUCH A TEST? IS GOD'S WORD OR MAN'S WORD ON YOUR LIPS?

Don't kid your self that you are doing all right. If the word of God is not coming out of your mouth when under pressure. Don't allow the devil to steal from you! BE A RESISTOR - AND AN OPPOSER TO THE DEVIL'S "STEALING, KILLING & DESTROYING" [JOHN 10:10] YOU CANT LIVE THIS WEEK ON LAST WEE'S WORD!

RISE ABOVE EVERY CIRCUMSTANCE! RISE ABOVE EVERY TEST AND TRIAL!

Your attitude and reaction makes the difference! DEVELOP YOUR SPIRIT- BE WORD -CONTROLLED!

<u>JEPHTHAH – THE ANOINTING MADE THE DIFFERENCE!</u>

Just like Othniel, the Spirit of the Lord came upon Jephthah and He Won the Battle! THE HOLY SPIRIT EMPOWERS YOU! THE POWER OF GOD WILL TAKE YOU OUT OF YOUR PLANS AND PUT YOU INTO GOD'S PLAN!

So allow the word of God to deal with every area of your life so that you are completely enveloped with the Anointing of the Holy Spirit.

- ❖ SPIRIT FILLED CHAMPIONS HAVE...
- ❖ POWER TO WITNESS
 - ❖ POWER TO ACT
 - ❖ POWER TO LIVE AND POWER TO SHOW FORTH THE DIVINE MANIFESTATION OF GOD from WITHIN!

Written by [Rev] Brian Richards of the Word of Faith Ministries [Taree.NSW] email: brichards22@msn.com and website at http://www.maxpages.com/jesusname

The word Of Faith Ministries. [Taree NSW]
MEMORY VERSES: Psalm 18:32, Zech. 4:6, Acts 2:17
Bible Reading: Judges $13-16$ [and $17-21$ to complete the reading of the Book of
Judges]
1. Question who was it that Samson's parent's saw? [Judges 13: 3-17-18-22]
2. What was Samson from his birth? [Judges 13: 4-5]
3. Who did he resemble in this way? [Luke 1:13-15]
4. Was Samson to be separated unto the Lord? [13:5]
5. Did Samson always remain separated unto the Lord? [Give Scrip.
6. What was the secret of Samson's strength? [13:25]
Give me a report on these questions of at least 500 words long.
1. Did Samson always walk according to spirit? [16:1-24]
2. How strong was Samson?
3. What was the cause of his fall? [13:5—16:19
4.Throughout the book of Judges, we see there was a "falling away" from God's
standards in three realms of life. Name these realms:
1
2
3.
Written by the word of faith ministries. [Taree nsw].

1

POWER OF THE TONGUE: (part one.)

EPHESIANS 6:13-18 Wherefore put on the whole armor of God, ...16. above all, talking the shield of faith, wherewith yea shall be able to quench all the fiery darts of the wicked. And take the helmet of Salvation, and the sword of the spirit, which is the word of God:

These scripture tell us that there are fiery darts that can harm us if we don't have our amour on. [How to put on the amour is? by faith we speak the amour on] 2

Corinthians 4:13...... We believe and therefore speak; so this scripture tell me to speak your faith in everything to manifest the promises of God. Speak your Faith to receive that, which is ours to receive: Gal 5:25 and Roman 8:14 tells us to live in the Spirit by Faith. **ROMAN 2:11-16** God is no respect of persons. However according to these scripture He is a respect of faith. 2 Corinthians 4:13...we believe therefore we should speak our faith to receive the promises of the Spirit. Roman 2:28 we have been circumcised by God himself not according to the law, [29] but he is a Jew, which is one inwardly; and circumcision is that of the heart, in the spirit, and not in the letter; whose praise is not of men, but of God. PROV 4:23 Keep your heart with all diligence, for out of the heart are the issues of life. Romans. 1: 16 &17 from faith to faith meaning: one kind of Faith to Faith from Salvation faith to a more living victorious life of Faith. This second Faith mentioned is a progressive faith. AMEN.. PHILIPPIANS 1:19-22 Turn to Salvation [21] Christ was magnified in Paul's body so much so that he had no fear in him only love so much he said "For me to live is Christ, and to die is gain." Luke 6:45 a good man has good treasure in is heart, and an evil man has evil treasure in his heart. For out of the abundance of the heart a man shall speak. PROV 16:23 THE HEART OF THE WISE TEACHETH HIS MOUTH, AND ADDETH LEARNING TO HIS LIPS.__IN OTHER WORDS YOU CAN TEACH YOUR MOUTH TO SPEAK GOOD WHOLESOME SOUND WORDS, [an especially if your heart is changed in the process | ISAIAH 59:20-21 THIS THE COVERNENT PROMISE that we have with the Lord. MY SPIRIT THAT I PUT UPON THEE AND MY WORDS, WHICH I HAVE PUT IN THY MOUTH, SHALL NOT DEPART FROM OUT OF THY MOUTH NO OUT OF THE MOUTH OF THY SEED.

Luke 6:46-49 Build your life like building a house upon a rock, [Jesus] the rock of revelation knowledge that when the storms of life come then we will with stand the shaking and stand. If our lives are to shallow and putting our trust in anything other than Gods word when the storms of life come we shall be like the house that is standing on sand and the ruin of our lives will be great.

James 1: 22 says be does' not just hearers of the word but doe's of his word also. Works does not justify us alone but by works and Faith.

<u>I Tim 6:3 -6</u> Speak things into being, but speak from the heart. [PROV 15:4] WHOLESOME TONGUE IS A TREE OF LIFE AND WILL PROSPER YOU.

Don't speak none truths and don't listen to any either. Faith comes from hearing and hearing by the word of God. Unbelief comes the very same way. So don't listen to anything that is not of faith. PROVERBS 18:21 DEATH AND LIFE ARE IN THE POWER OF THE TONGUE: AND THEY THAT LOVE IT SHALL EAT THE FRUIT THEREOF. [PROVERBS 12:18 THERE IS THAT SPEAKETH LIKE THE PIECINGS OF A SWORD: BUT THE TONGUE OF THE WISE IS HEALTH. [PROVERBS 15:23] JOY FROM THE MOUTH. 2 THESSALIANS.3: 13 THIS IS A MAN THAT KEEPS NOT THE WORD OF THE Lord, or his own words.

TITUS 3; 7-8 CAN A MAN PROFIT FROM THIS? THIS SCIPTURE SAYS IT IS PROFITABLE FOR HIM. [ISA 48:14-17] [TITUS 1:1] [I TIMOTHY 1:3]

EPHESIANS 4:15-23 SPEAKING THE TRUTH IN LOVE, MAY GROW UP INTO HIM IN ALL THINGS, WHICH IS THE HEAD EVEN CHRIST: ..._______

[22] PUT OF THE FORMER COVERSATION THE OLD MAN, WHICH IS CORUPT ACCORDING TO THE DECIETFUL LUSTS; and be renewed in the spirit of your mind;

OUR FAITH SHIELD IS OUR CONFESSION

POWER OF THE TONGUE PART [2]

WORDS ARE FOWERFUL:

The old saying sticks and stones shall break my bones but names shall never hurt me!! Well that was some thing my mother told me to say to the other kids when they called me a Roman candle, for being a Roman Catholic.

Now that I am a Born Again, Spirit Filled Christian and living according to Gods word, I can see that <u>all words</u> have power no matter which you are, especially when mixed with Faith. Words are powerful, Words are the most powerful weapons on the face of the Earth and they even work for you in Heaven. The Spirit Of God spoken the worlds into being, <u>HEBREWS 11: 3</u> Through Faith we understand that the worlds were framed by the <u>WORD OF GOD</u>, So that things, which are seen, were not made of things, which do appear. Now is said that we are made in the image of God therefor we should start to behave like our Father God and speak good wholesome sound words that will change our life and our families'

life forever. WORDS ARE FOWERFUL:

JOHN 7:18 He that speaketh of himself seeketh his own Glory: but he that seeketh His Glory that sent him, the same is true, and no unrightousness is in him. PSALM 91:3-7 REGARDLESS OF WHOM FALL TRUST Gods strength Job 5: 20-21-22: in famine He shall deliver me and redeem me from death.

Psalm31: 19 and 21-24 <u>all yea that hope in the Lord:</u> He shall deliver me from the strife of tongues and no weapon shall be formed against me, shall prosper; and every tongue that shall rise against thee in <u>judgment I shall condemn</u>. This is the heritage of the servants of the Lord, and their righteousness is of me, saith the Lord.

I am the righteousness of God in Christ Jesus [2 Cor 5:21] [2 CORINTHIANS 12:9] My Grace is sufficient for thee: for my strength is made perfect in weakness. 2 Corinthians 10:3 and 4 for though we walk in the flesh we do not war after the flesh: The only way the devil can have any influence over you is with deception. Getting you to believe he has power over you, if he has power over you now it is without any authority. Bring every thought every imagination into the obedience to Christ =meaning the anointing in Gods word. 1 CORINTHIANS 4: 9-19 OUR WORDS ARE CONTAINERS OF POWER, we make sure we are clean and have a clean heart. [20] For the kingdom of God is not in word, but in Power.

1

Words are powerful

JAMES 1:13 Let no man say when he is tempted, I am tempted of God: for God cannot be tempted with evil, neither tempteth he any man. MATTHEW 4:1-4 It is written that man does not live on bread alone but on every word that proceedeth out of the mouth of God [7] compare this with [Luke 4:12] IT IS SAID THOU SHALT NOT TEMPT THE LORD THY GOD. In Matthew it is written [LUKE IT IS SAID]. I think Jesus said it and it is meant that. I AM THE LORD THY GOD, NOW IT IS SAID THOU SHALT NOT TEMPT THE LORD THY GOD. [LUKE 4:12-13] Left for a season meaning satan will try again at a later date. The next time Satan met Jesus was when Jesus made an open show of him in hell. COLOSSIANS 2: 15

HE TRIUMPHTED OVER ALL THE WORKS OF SATAN. PROVERBS 11: 9-11 A

HYPOCRITE WITH HIS MOUTH DESTROYS HIS NEIGHBOUR: BUT THROUGH KNOWLEDGE SHALL THE JUST BE DELIVERED. This knowledge is his word, put his word in your mouth and in your heart and is delivered, from the unjust world.

PROVERBS 18:21 Death and life are in the Power of YOUR tongue: and they that love it shall eat the fruit thereof.

GREAT MEEKNESS BRINGS GREAT POWER.

But the fruit of the Spirit....

Meekness...

Galatians 5:22-23

Believers as well as non-believes have often misunderstood the Biblical definition of the word meekness. Everyone knows that Jesus was meek, and they usually associate meekness with His ability to suffer abuse without resorting to any form of retaliation. *Meekness*, however, has a three-part definition that includes much more than just this one aspect of non-retaliation. A person who is meek is 1] self-controlled or slow to give or take offense, 2] humble in spirit and lowly in mind, and 3] teachable. All three of these attributes go to make up the fruit of meekness in the life of a believer.

The first function of the fruit of meekness is to enable believers to develop self-control, to be slow to give or take offense:

For this is thankworthy, if a man for conscience toward God endure grief, suffering wrongfully. For what glory is it, if, when ye be buffeted for your faults, ye shall take it patiently? But if, when ye do well, and suffer for it, ye take it patiently, this is acceptable with God.

1 Pet 2:19-20

Many believers today consider themselves meek if they do not take offense when they are reprimanded for their wrong actions. It is not an opportunity for exhibiting meekness, however, when a person who is at fault suffers the consequences of his own mistakes or misdeeds. Meekness is displayed when a person does not take offense when he suffers for being in the right.

A truly meek person possesses the self-control not to react negatively even when he is being falsely accused, slandered, afflicted or persecuted. The strength to exercise [self-control] while suffering injustice comes from cultivating the fruit of meekness. A good example of one whose life gave evidence of meekness was Moses:

And Miriam and Aaron spake against Moses because of the Ethiopian woman. And they said hath the Lord indeed spoken only by Moses? Hat he not spoken also by us? And the Lord heard it.

(Now the man Moses was very meek, above all the men who were upon the face of the earth.)

And the Lord spake suddenly unto Moses, and unto Aaron, and unto Miriam, Come out ye three unto the tabernacle of the congregation.

And they three came out.

And the Lord came down in the pillar of the cloud, and stood in the door of the tabernacle, and called Aaron and Miriam: and they both came forth.

And the Lord said, Hear now my words: If there be a Prophet among you, I the Lord will make myself known unto him in a vision, and will speak unto him in a dream.

My servant Moses is not so, who is faithful in all mine house.

With him will I speak mouth to mouth, even apparently, and not in dark speeches; and the similitude of the Lord shall he behold:

wherefore then were ye not afraid to speak against my servant Moses?

And the anger of the Lord was kindled against them; and he departed.

And the cloud departed from off the tabernacle; and, behold,

Miriam became leprous, white as snow: and Aaron looked upon Miriam,

and, behold, she was leprous.

And Aaron said unto Moses, Alas, my lord, I beseech thee, lay not sin upon us, wherein we have done foolishly, and wherein we have sinned.

Let her not be as one dead, of whom the flesh is half consumed when he cometh out of his mother's womb.

And Moses cried unto the Lord, saying, heal her now, O God, I beseech thee.

Number 12:1-13

As a result of his marriage to an Ethiopian, (and because of their jealousy), Moses' own brother and sister leveled unjust and slanderous attacks against his character. In essence, they were questioning his fitness to fulfill the role of spiritual authority over the children of Israel. Because Moses was loath to defend himself, God came to his defense. Miriam became leprous. Although he had been hesitant to speak up in his own defense, Moses agreed to intercede with God for Miriam and Aaron, though their offense was much against him as against the Lord.

It was significantly interjected in verse 3 of this passage that Moses was the meekest man of his day. The facts that he did not speak up until verse 13 –and then only on behalf of his accusers- are a characteristic sign of his meek nature. It was this meekness that enabled him to remain silent while the Lord rebuked his persecutors and vindicated him before their very eyes.

If this incident were to take place today, how many believers would honestly be able to contain themselves from adding to the Lord's rebuke: " And, Lord that's not all. You should have seen what they did to me vesterday; that would really have made you mad!"?

Moses, however, possessed so God had punished much meekness that he did not utter a single word- until his accusers. Then and only then did he speak up, crying out to God, not to defend him against his persecutors, but rather to plead on their behalf?

Meekness gave Moses the strength not to retaliate when falsely accused. It gave him the self-control to refrain from [self-defense] and to allow the Lord to vindicate him. It is God's desire that believers today not return evil for evil, but rather to turn occasions for offense into opportunities for intercession. This loving transformation can only be accomplished through a meek and controlled heart. In the book of Deuteronomy, we read these words from Moses himself addressed to the children of Israel:

So I turned and came down from the mount, and the mount burned with fire: and the two tables of the covenant were in my two hands.

And I looked, and, behold, ye had sinned against the Lord your God, and had made you a molten calf: ye had turned aside quickly out of the way, which the Lord had commanded you.

And took the tables, and cast them out of my two hands, and brake them before your eyes. And I fell down before the Lord, as at the first, forty days and forty nights: I did neither eat bread, nor drink water, because of all your sins which ye sinned, in doing wickedly in the sight of the Lord, to provoke him to anger.

For I was afraid of the anger and hot displeasure, wherewith the Lord was wroth against you to destroy you. But the Lord hearkened unto me at that time also.

Deuteronomy 9:15-19

Moses had spent forty days and forty nights in the mountain fellowshipping with God through fasting and prayer on behalf of the people. He came down from the mountain carrying the word, which God had revealed to him for the people and discovered that they were committing spiritual adultery with molten calf. Moses was so angry that instead of delivering the message, he broke the tablets by throwing them violently to the ground. Meekness, however, caused him to regain his self-control, fall back down on his face before the lord, and fast for forty more days and nights on behalf of the people.

By comparing this final response of Moses with the responses today of believers one to another in similar situation, one can easily detect that the body of Christ is definitely lacking meekness. Usually when believers today suffer even the slightest imposition, a rebuttal (usually under the pretense of righteous indignation or in the form of a "concerned" rebuke) is considered an acceptable response. God, however, wants to develop within His children such meek hearts that instead of responding with a rebuttal when they encounter unjust criticism, affliction, persecution, or ingratitude, they will posses the self control to do this can be obtained only by developing the fruit of meekness.

And the servant of the Lord must not strive; but be gentle unto all men, apt to teach, patient, In meekness instructing those that

oppose themselves; if God peradventure will give them repentance to the acknowledging of the truth;

And that they recover themselves out of the snare of the devil, who has taken captive by him at his will. 2 Timothy 2:24-26

According to verse 25, it will only be through meekness that believers, especially those in the position of teachers, will have the strength to possess the self- control to continue teaching the word to those who outwardly oppose the content of their message. The motive of their willingness to return time after time and teach the same message to the very people who continually oppose it is recorded in verses 25 and 26-that God peradventure will give them repentance...and that they may recover themselves out of the snare of the devil. The spiritual Welfare of the people is always the main concern of a teacher whose message is conceived in and delivered out of the Spirit of Meekness.

God wants every believer who shares the word to do so with meekness, whether he is a teacher or preacher delivering a carefully prepared lesson or sermon to a congregation, or layman witnessing one-on one to his neighbor. Meekness is essential because every believer who shares the word and lives a godly life will eventually encounter opposition and persecution; yea, and all that will live in Christ Jesus shall suffer persecution [2 Tim3: 12]

If the word is shared with meekness, however, opposition will not prevent that word from going forth. Those receiving persecution for the word's sake will possess the self-control not to be offended at the opposition but will return and minister repeatedly to those who oppose them.

Furthermore, meekness will couple the delivery of the word with intercession

so that is will take even deeper root in the hearts of the hearers and thereby be even more effective.

The main problem with believers who witness and minister the word today is that they are so easily offended. It is vital for them to realize that they are the salt of the earth [math. 5:13 and the light of the world [math.5; 14] Without their witness, how will the earth be salted and the light shine that men might hope to see/ Therefore, we believers have the awesome responsibility of overcoming being offended at opposition to the word; to do this, we must develop the fruit of meekness.

The second function of meekness is to enable believes to be humble in the spirit and lowly in mind. The noted Bible scholar W.E. Vine defines *meekness as*" the opposite to self—assertiveness and self-interest; it is not occupied with self at all. Let nothing is done through strife or vainglory; but in lowliness of mind let each esteem other better than them.

Look not every man on his own things, but every man also on the things of others.

Philippians 2:3-4

As the fruit of meekness is being developed in his life, a believer will come to develop the attitude that the welfare of others is more important than his own. Once this experience has taken place, the Christian will discover that a tremendous barrier has been broken down in his spiritual life.

For example, when he goes through a trial such as sickness, rather than praying only for himself and his situation, he will find himself praying for someone else who is also going through a similar trial. Only meekness can

equip a believer with lowliness of mind necessary to put the welfare and happiness of others ahead of his own.

And it came to pass on the morrow, that Moses said unto the people, yea have sinned a great sin: and now I will go up unto the Lord; peradventure I shall make an atonement for your sin. And Moses returned unto the Lord, and said, oh, this people have sinned a great sin, and have made them gods of gold.

Yet now, if thou wilt forgive their sin-; and if no. Blot me, I pray thee, out of thy book which thou hast written. Exodus32: 30-32

Moses esteemed others so much more highly than himself that he was willing to offer his own salvation on their behalf. This is the ultimate manifestation of meekness: self –sacrifice. Salvation is an individual matter, of course; but there is a danger in the attitude, "I don't care what anyone else does; I'm going to make it." There is a truth in the sense of " even if no one else remains faithful, I purpose to go on with the lord". Yet meekness will build within the believer an unselfish attitude that has the capability of reaching the point that the eternal salvation of others becomes more important to him than his own well being.

We as believers still have a struggle, however, with the idea of laying down our lives for the brethren by praying and fasting for one another. The body of Christ is in great need of cultivating and developing the fruit of meekness. Many of believers have allowed this fruit to wither on the vine simply by their passiveness in the midst of this self-centered age in which we live. In Chapter 20 of the book of numbers, Moses was denied entrance into the Promised Land indirectly because of the rebelliousness of the people. Faced with a lack of water, the people had complained to Moses

about their thirst. God told Moses to speak to certain rock and that water would come forth from it at his command. However, in his frustration with the people's constant complaints, Moses lost his patience and instead of speaking to the rock, he struck it twice with his rod.

This action angered the Lord; And the Lord spake unto Moses and Aaron, therefore ye shall not bring this congregation into the land which I have given them [Num.20: 12] So Moses was denied the privilege of accompanying the children of Israel into the Promised Land.

Later on in Chapter 21 of Numbers, when the people were bitterly complaining, the Lord sent fiery serpents among them. Many of the people died after being bitten by the serpents. The same people who caused Moses not to be able to enter the Promised Land now came to him and desperately pleaded with him to intercede for them with the Lord.

Entering the Promised Land had been the one manifestation of the promises of God that Moses had longed for in his lifetime. Now, the very people who had caused him to sin so that he could not see his life-long desire fulfilled stood before him asking for his help. The responses of Moses to those people are recorded in verse7: And Moses prayed for the people. Under such circumstances, a man of meekness could only have made this response.

The Apostle Paul exhorts us: Brethren, if a man be overtaken in a fault, ye which are spiritual, restore such an one in the spirit of meekness; considering thyself, lest thou also be tempted [Gal.6: 1] Every believer knows of at least one other person in the Body of Christ who has been "overtaken in a fault". In Galatians 6:1, Paul specifies the attitude and the conduct God expects His children to display toward such people. We are

to *restore* them in the spirit of meekness. Vine tells us that the Greek word translated **restore** in this verse means "to mend, to furnish completely". He goes on to say of his word; "The tense is the continuous present, suggesting the necessity for patience and perseverance in the process".

Restoration [or mending] usually will not occur in just one or two encounters. Most believers, however, are willing to continue ministering to someone only if they see some results after the first or second effort. Only a believer with meekness in his heart will continue ministering to someone even though a long period of time has elapsed and that person still shows no sign of responding. The reason there are many breaches in the body of Christ today is because believers are not willing to lay down their lives and allow a spirit of meekness to manifest itself in them so they may *keep* going and *keep* restoring one another. True meekness requires effort in continuous present tense.

The third function of the fruit of meekness is to enable believes to be teachable: Wherefore lay apart all filthiness and superfluity of naughtiness, and receive with meekness the engrafted word, which is able to save your souls. James1: 21

Getting the Word of God engrafted in the heart requires meekness. The "engrafted" Word is the thing which will result in the saving of the "Soul" that is the ability to endure unto the end, to overcome, and not be overtaken. This ability is attainable only through a teachable spirit. The greatest obstacle to a believer who is determined to develop a teachable spirit is the traditions of men. In Mark7: 9-13 Jesus spoke to the scribes & Pharisees about this problem.

And he said unto them, full well ye reject the commandment of God, that ye may keep your own tradition...

Making the Word of God to none effect through your tradition, which ye have delivered; and many such like things do ye.

Most Charismatic believers are guilty of automatically handing down statements and beliefs as denominational believers, making it possible for there to be charismatic traditions. Most would agree that the body of Christ is not yet perfect, so logically there must be some false teachings in both the Charismatic Movement and the Denominational churches.

WATER BAPTISM IN THE NAME OF THE LORD JESUS CHRIST.

[There are four columns here] (1)

Baptism in the name of the Lord Jesus Christ Is the original baptism that was practiced by? The Apostles. It is not something new but if You look carefully at the Scriptures, you will Find that was not one person in the whole Bible who was ever baptized in the name of The Father, Son, and Holy Ghost. For 330 Years after Christ: every body was baptized In the name of the Lord Jesus Christ. The Roman Catholics then organized and become A denomination, and started to baptize in the Name of the Father, Son and Holy Ghost. Reference to any Church history book will Prove this, but here are a few in particular Which may be found in the public library. Dictionary of the Bible-scribblers-Page 241 Volume 1 Canney Encyclopedia- Page 53

New International Encyclopedia--Vol. 22 Page 476

Dictionary of the Bible--James Hastings Page 83

I can also supply addition references if You desire.

These works and many others that I Am not taking the space to list them here, Prove that baptism in the name of the Father, Son and Holy Ghost is a tradition Of man started by the Catholic Church And carried on by almost all other Denominations.

This is an error and a false baptism.

Hundreds of years, Luther saw many errors in their ways.

But continued to baptize in the name of Father, son and Holy Ghost. Around 1525, the Anabaptists saw that it was Wrong to baptize infants, and began to immerse grown-ups (Page 231, "The Growth of the Christian Church", by Nichols.)

In the 1700's Wesley received more light on the scriptures,

But continued the Catholic baptism formula, which was the

Name of the Father, Son, and Holy Ghost. Then ${\tt Pentecost}$

Came, people were filled with the Holy Spirit, but they hung $\,$

On to the same thing, and it has been going on like that.

So for some 1600 years we have had baptism, which was not

The one in the beginning--it started right but the Roman

Catholic Church changed it.

The Catholic Church changed the formula that was originally

Used, and they changed the method or mode of baptizing.

After Paul and Peter and Jesus Christ were gone, and other

Early Church fathers, the Roman Catholic Church began to

Baptize by sprinkling the little children on their foreheads And using the title "name of the Father, Son and Holy Ghost". In Acts 2:38 we read, "Repent, and be baptized every one Of you in the name of the Lord Jesus Christ for the remission Of sins," but how can an infant repent when he doesn't know He is a sinner? SO what part of there Catholic baptism is? Wrong? It is all-wrong. Every part of it is wrong. There is no Such thing in the Bible. Does it say to baptize infants when? They don't understand, and cannot repent of sin. No. The http://www.maxpages.com/jesusname

Water part of that baptism is wrong also, for we don't spinkle Infants no grown -up but rather full immerse the people. We Can not immerse infants any way you would drown them. The Bible baptism is clearly for believers of mature age.

[Column 2]

The wording is also all-wrong. Then the whole baptism is Wrong. In fact the people that have not been baptized in Jesus Names are not really baptized. For if its not scriptural every Part of that baptism was totally wrong. And since then we Have got the revelation of the true Christian baptism, which is Scriptural.

Scriptures regarding immersion, which means to be totally immersed in water, are as follows: Matthew 3: 16 "and Jesus when he was baptized went straightway out of the water". Acts 8: 38 "And they went down both into the water, both Philip and the eunuch and he baptized him". Romans 6:4 "Therefore we are buried with him by baptism into death....." Baptism is a type of the burial of our sins. Every person who was ever baptized in the Bible and there was about 8,012 of them mentioned were all baptized in the name of the Lord Jesus Christ.

Acts 8:12-16

Acts 2:38-42

Acts 10:48

Acts 4:4-12

Acts 19:3-6

If you check Peter's teaching, and also Paul's teaching, (who were a prophet as well as an apostle), you will see that both taught and practiced baptism in the name of the Lord Jesus Christ. If anybody can cast these two men's teachings out of the Bible, then they might as well cast the whole Bible away.

It is essential that we be very careful to go by the Scripture, rather than traditions of man. Note Galatians 1:11 and 12, "But I certify you, brethren,

That the gospel, which was preached of me, is not after man. For I neither received it of man, neither was I taught it, but by the revelation of the Lord Jesus Christ". See verse 16 also. And also note Galatians 1:8 and 9 –"But though we, or an angel from heaven, preach any other gospel unto you than that ye have received let him be accursed." Therefore all ministers whom baptize people in the name of the Father, Son and Holy Ghost are cursed according to Paul's teaching, but they don't know they are cursed.

Some people who are doubtful feel they would rather obey Jesus than

Peter, but Acts 1:1 and 2 says that JESUS THROUGH THE HOLY

GHOST GAVE COMMANDMENTS UNTO THE APOSTLES; also having given the keys of the kingdom to Peter. (Matt 16:19). Peter commanded the people to be baptized in the name of the Lord (Jesus). Acts 10: 48 and Acts 2: 38

John 16:12 and 13 reads like this -"I have yet many things to say unto you, but ye cannot bear them now. Howheit when

[Column 3.]

He, the Spirit of truth, is come, he will not speak of himself; but whatsoever he shall hear, that shall he speak: and he will show you things to come". In that passage we see that, while there were things the Apostles would not understand at the time of Jesus was with them on earth, the Holy Spirit would guide them into all truth, and show them these things after Jesus was gone. In other words the Spirit would reveal NEW truths. See also John 14: 26 in which Jesus promised that the Holy Ghost would teach them all things. The Holy Spirit revealed, and made very clear to the Apostles that the Name (not title) of the Father, Son and Holy Ghost was Jesus. In addition to the eight thousand and twelve people who were mentioned previously, we see in Acts 18:8 that after hearing Paul's teaching, Crispus the chief ruler of the synagogue believed on the Lord with all his house. And many of the Corinthians hearing believed and were baptized. We know Paul taught baptism in the name of the Lord Jesus Christ, as in the nineteenth chapter of Acts we see where Ephensians who had been baptized by John the Baptist were baptized again in the name of the Lord Jesus Christ after hearing Paul's teaching on the matter. Again, in addition to the eight thousand and twelve mentioned, we see Philip, when in Samaria, baptized a number of people in the name of the Lord Jesus Christ. (Acts 8: 5, -12 and 16 and even Simon the scorerer was baptized in [verse 13]

With regard to the words which Jesus spoke as recorded in Matthew 28:19 "Baptizing in the name of the Father, Son and Holy Ghost are all titles NOT NAMES. There are many countless number of "dads", who are called "Father" every morning but this is a title, and every one of these Fathers have their own individual name. The Name of the

Father, Son and Holy Ghost is Jesus. See Isaiah 9: 6 the son shall be called, "The mighty God, the everlasting Father" etc. in John 5:43

Jesus said, "I am come in my Father's name"

I would also like to draw your attention to Philippines Chapter 2

"Wherefore God also hath highly exalted him, and given him a name which is above every name: That at the name of Jesus every knee should bow, of things in heaven and things in earth and things under the earth" NOTE especially verse 11 which says that every tongue should confess to that name. Every tongue and every knee should confess that Jesus is Lord and His NAME, which is Jesus Christ, is the name above every name.

We know that we are now living in a day for the preparation where the True Body of Christ is coming together. All the other denominational people that will against such teaching.

[Column 4.]

verses 9, 11 and 11.

Whom the Lord loves he will correct if we are open for His truth of His word. The True Body of Christ will be corrected and will except all truths that are in HIS word in the Bible. But those whom don't care weather they are in the bride or not will believe fables and follow after the traditions of MEN. We will show we are true children of God when we allow correction, this is the love sign.

If you take time to look over these scriptures and pray about them as you read, certainly the Lord will reveal HIS word to us all. It is essential that we make sure our lives are lived in full obedience to the Word.

 $\mbox{M.A.LESSARD}.$ of the Apostolic Church. U.S.A. and re-written by permission.

[Rev Brian Richards.] "Word of Faith Ministries int." Taree, N.S.W. Australia. P.O. BOX 1116 TAREE N.S.W.2430 phone 0265512418 a diploma certificate study yourself approved unto God a workman that needeth not be ashamed? Then apply for a diploma http://www.maxpages.com/joshual email address brichards22@bigpond.com

BRIAN RICHARDS & ASSOCIATES ABN: 39.326.050.887 Affiliated with "Word of faith Ministries International"

POST OFFICE BOX 1116 TAREE NSW 2430 TAREE AUSTRALIA

Mobil Phone 0407274658 Fax 02 65512418 Home Phone 02 65512418

Email brichards22@msn.com Intercessory Prayer teaching:

Hebrews 11:23-28 Here was Moses escaped death as a child but now could see the end result, rather than take the easy way out took the way of faith and future for <u>his true</u> people. Romans 8:6 For to be carnally minded is death; but to be spiritually minded is life and peace.......

DEUTERONOMY 28:23 And the heaven that is over my head is as brass, and the earth that is under me shall be as iron. This is a person that has a lack of righteousness conscienceness. If this applies to you to day and you are a born again Christian then it is no other than the devil blinding your eyes of your understanding? There should be nothing blinding your eyes of your understanding, or stopping you from getting into the presence of almighty God. Jesus died to put you into his presence with the Father. Deuteronomy 28:45-48 These people were not worshipping God with joyfulness in their hearts and gladness in their hearts, because it had became a ritual and a religion that was a curse to them instead of a blessing. This is going on to day in the churches that I see there is a smile on the face but in their hearts are dead mans bones saith the Lord. If you have not got gladness in your hearts, if you are not serving the Lord with great joy then, there is a lack of righteousness conscienceness. You have lost the understanding of right standing before the throne of Grace, and you have allowed satan to hood wink you into thinking you are not good enough to stand before me.

Take my yoke upon you and learn of me saith the Lord for my yoke is easy and my burden is light. I f you cant or will not serve with a great joyfulness then the yoke of iron will be a burden that is unavoidable it is a burden of deception, and it will be a curse to many a soul that don't understand. Isaiah 56:6—8 Also the sons of the stranger, that join themselves to the Lord, to serve him, and to love the name of the Lord, to be his servants, every one that keepeth the Sabbath from polluting it, and taketh hold of my covenant; Even them will I bring to my holy mountain, and make them joyful in my house of prayer:

Their burnt offerings and their sacrifices shall be accepted upon mine altar; for my mine house shall be called a <u>house of prayer for all people</u>. The Lord who gathereth the outcast of Israel saith, yet will I gather others to him beside those that are

1

gathered unto him. This is a hope a beautiful hope you see where there is hope there is

victory, where there is trust in the Lord thy God, there is also victory.

The Lord is calling us to pray, and pray more fervent then ever before because we are about to experience a great onslaught attack. WE have to pray and <u>stand</u> forgiving those that appose us, having our thoughts in heavenly places and thoughts of victory. Not the problem there will be no problem too big for the God that is with us, we must fill our thoughts with the answer not the problem. Thoughts of victory and Glorious hope of his appearing, hope of our future never to look at the problem. <u>Isaiah 66:6—12 Hear</u> the word of the Lord, ye that tremble at his word; Your brethren that hated you, that cast you out for my names sake, said, let the Lord be glorified: but he shall appear to your joy, and they shall be ashamed. Have your hope and your minds on the end result rather than what is happening.

<u>Hebrews 11: 23 Moses</u> escaped death as a child. Now as an adult could see the future, rather than live a life as an Egyptian could see where he belongs and forsaking all could see through the eyes of faith could see the end result for him and his true people.

ROMANS 8:6 For to be carnally minded is death; but to be Spiritually minded is life and peace.

Heaven & answered prayers

The presence of God, peace, joy,

Gladness, rest healing, provision, ext.

tribulation

Intercessory prayer

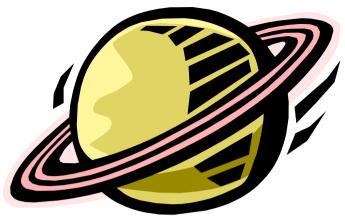
When we start praying we find tribulation comes and distractions, even travail comes, but pray your way through to peace and to heavenly answered prayers

Romans.8:6

Earth

We should start our prayer where we want to finish in heaven, so have our thoughts in heaven. Pray the answer not the problem

Earth

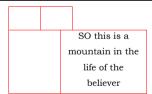


EPHESIANS 2:6 AND HAS RAISED US UP TOGETHER, AND MADE US SIT TO GETHER IN HEAVENLY

PLACES IN CHRIST JESUS: This is our rightful place according to scripture this is the way we should be thinking. So delight yourself in the Lord and meditate in the scriptures day and night on the word until we get a rightful picture in our minds PSALM 1:2 AND ALSO PSALM 2:3—4 WHOM IS AGAINST US. Whom is against the Anointed, Let us break their bands asunder, and castaway their cords from us [4] He sitteth in the heavens shall laugh. =[Meaning to laugh at the devil] The Lord sits in the heavens and laugh at the devil trying to afflict us because the Lord knows that once we learn how to speak and say divine order into being Like he does then the devil will have no chance to afflict us any more. PSALM 59:8-16 YOU WILL SEE the

Laughter that is in heaven, because God is our defense. He who sitteth in the heavens laughs at the devil. So by faith we sit in the heavens with the Lord who is our refuge and Laugh at the devil also. [16] The Lord is our refuge in a day of trouble; he will take revenge against the one that troubles us. **IF THE DEVIL CANT STEAL**

YOUR JOY THEN HE WILL NOT BE ABLE TO STEAL YOUR GOODS.



So we have to look past the mountain and see the answer. Our thoughts are to be in heaven where the Lord God sits and says to us believe in my promises. In the word of God there is Victory. In worrying about the problem and looking at the mountain then there is failure. **ISAIAH 53:11-12** THIS IS MEANING THE PRICE HAS BEEN PAID FOR US TO WALK IN VICTORY. **[COLOSIANS 2:13-15]** we are now dead to sin, and made alive onto God. Jesus blotting out all circumstances of our past [15] having spoiled principalities and powers, Jesus did it all, "Jesus fix our case" We now judge not by sight but by <u>faith</u> by His word He has spoken therefore we speak. Gods spoken word mixed with faith will get into heaven. ISA 61 Faith Filled Words. Our words, are containers of POWER?Written by [REV] Brian Richards. "Word of Faith Ministries" Taree. nsw 2430 Australia

website http://www.maxpages.com/joshua1



HOW TO RELEASE THE ANOINTING:

Well there are many ways the anointing of God is released, However One sure way the anointing is released is through Worship and song and music. So this is what I have chosen to teach about to day. The Ministry we are called too is the Ministry of releasing the anointing that is already on our lives, providing we are living the way the Word of God tells us to live.

I remind you of PSALM 15...Lord, who shall abide in thy tabernacle? Who shall dwell in thy holy hill?

He that walked uprightly, and worketh righteousness, and speaketh the truth in his heart.

He that backbitten neither with his tongue, nor doeth evil to his neighbour, nor teeth up a reproach against his neighbour.

In whose eyes a vile person is contemned; but he honoreth them that fear the Lord. He that sweareth to his own hurt, and changeth not.

He that putteth not out his money to usury, nor taketh reward against the innocent. He that doeth these things shall <u>never</u> be moved.

This Psalm 15 gives us a biblical description of a honourable man. Many have been blessed by knowing such people in their lifetimes, I have known but a few.

I understand what it means to sweareth to your own hurt, and changeth not, not too many years ago here in Australia I experienced people that would trust me on face value. I would come into the Town of Wingham NSW. And tell the bank manager that I was the cheifest of sinners like the Apostle Paul mentioned in his writings. The bank manager said what do you want from me? I said to him "I want a fair go.... I want you to give me a chance to prove myself to you that I can make money here and pay you back if you lend me some. I started with three thousand dollars no employment; the bank manager took me on face value.

I believed God would give me idea's to keep me employed; I was recovering from many years of drinking to the excess. So with the help of God and Alcoholics Anonymous, I started with an idea of pulling out the old wooden stumps from under houses, and replacing them with brick ones. I went back to my bank manager for more money to build me a house where I purchased land for the first three thousand. I told him that I have employed to young men to help me dig out the old stumps under houses and replace them with brick ones, this was to help people purchase and sell their houses easier.

The bank manger was impressed and said it was a great idea, also the two young men that I employed was known to all the town as being good footballers but hopeless drunks most of the time. So once again without a contract I was spending money

that was all on face value. I could go on with this story but this was just to explain the honorable men of our gone yesterday's. We had honour amongst men, However we did not teach it to our next generation, because these are the days the Lord spoke about in <u>Timothy 3:1 THIS</u> know also, that in the last days perilous times shall come. For men shall be lovers of their own selves, covetous, boasters, proud, blasphemers, disobedient to parents, unthankful, unholy. Without natural affection, trucebreakers, false accusers, incontinent, fierce, despisers of those that are good. Traitor's heady, highminded, lovers of pleasures more than lovers of God; having a form of godliness, but denying the power thereof: from such turn away.

For us that are born again Christians trying to live right before our God in the mist of a crooked and perverse Nation can be very hard to keep the anointing of God flowing from our lives. Personal Discipline in our lives and acting upon our statement of faith, all the time, our confession must be right about ourselves and others to keep the anointing flowing. Now we may wonder what has this got to do with worshipping the Lord and seeing the anointing of God doing His work? Well it is everything we are the vessels God wants to use then this is the way we are to present our bodies to Him. **ROMANS 12:**1-2 WHO AMOUNG US? Would go to the cupboard and use a dirty plate and put food onto it and expect our guest to eat from the old used now dirty plate. The Lord will not put new wine in old wineskins, and will not repair the old with a new garment patch. [E.g.]

So in preparation we must pray that the Lord will cleanse us and then use us for His Glory, when we pray this way we then develop a hope, of victory and success that when we Worship the Lord with music, singing, and preaching His word, then sign and wonders of His miracle healing power, and Salvation will come. The Lord moves with us when we move this is what is meant when in the <u>book of acts</u> it says " <u>in Him we life, and in Him we move, in Him we have our being"</u>.

After this kind of prayer we can go expectantly, that the Holy Spirit will move when we move. Practice our prayers and Faith on each other, before we go into the presence of the congregation. We also should be dresses conservatively, let our clothing compliment what we are doing in the Lord, not bringing attention to ones self.

PROVERBS 27:21 As a fining pot for silver, and the furnace for gold; so is a man to his praise. Bless means to speak good about you can bless others just with a good word in due season, out of a pure heart! Proverbs 17: 3 -4 The fining pot is for silver, and the furnace for gold: but the Lord trieth the hearts. You see it is the Lord that judges your heart and rewards accordingly.

Luke 6:27-28-35 -36-38 But I say unto you whom hear, Love your enemies, do good to them that hate you. Bless them that curse you, pray for them that despitefully use you. This goes on to talk about having mercy this is under the anointing we will be wise enough to be merciful, be merciful to others and also pray for merciful people to be all around you always. This is what is meant Give and it shall be given again unto you. PROVERBS 16:19-21-23-24 ALL of this is the conduct we should have, to exalt and establish the Lordship of Jesus Christ in our lives, and into the meetings that we shall hold in the future. 1 Chronicles 16: 1—4 –9 we should have a chosen few that are the ones chosen for that day to worship the Lord. Then appoint others to minister before the Lord to His people that He has gathered that day.

Make record and giving of thanks to the Lord on behalf of all the people in a way of celebration, "REMEMBERENCE MEANS TO CELEBRATE BEFORE THE LORD"

PSALM 145: [5] -15 THIS IS TO CELEBRATE, to speak of His wondrous works

JOSHUA 4:6 WHEN WE CELEBRATE IN THIS WAY AND TALK AND ESTABLISH IS

WONDEROUS WORKS WE ARE BUILDING A MEMORIAL THAT WILL LAST FOREVER.

And all those that are yet to come will know how to build the anointing and keep a record of the wonderful works the lord has done and to celebrate, the special times and things that God has done for the people that have known their Almighty God.

Like we started of by saying there are many ways the anointing of God is released, apart from the preparation. We now deal with the issue of releasing the anointing through the anointed leader, for example worship leader. Now a leader must have a free reign to lead this only makes sense, however it is surprising how many Pastors or leaders of other

For instance I have seen a talented singer and talented in gifts of the prophetic worship trying to influence the church to follow that person, from the middle of the congregation. Whilst not being on duty that day, not being put into the place of leadership that day, but allowing their senses to rule, thus becoming sensuous. I have also seen people of these nature prophecy things out of their own sensual desires, from the midst of the congregation.

positions try to lead the worship from the back or middle row of chairs in the meetings.

Thus by doing this has taken the attention from of the Leadership that was on the platform or behind the pulpit, and the Leadership feeling threatened has cast out the prophecy because it was not given in the correct way and so the anointing was lost. The leadership must be allowed to make their own mistakes, God is bigger than any mistake we can make the main thing is to stay in the correct attitude of love at all times.

The Worshiper must lead the worship at all times, however just because a person has a talent and can play organ, play guitar or banjo or any musical instrument, this does not qualify them to be a worshiper, and a worship leader. I have seen people with no musical talents at all be a greatest worship leader ever. Worship and the anointing on the worship comes from the heart and if you are in love with Jesus, then His anointing will flow through you in all that you do. If you are appointed to lead in worship you will choose the right songs that flow together that will touch peoples heart, when they want to reach the Lord in worship. [1 COR 14: 7 -8 ALSO PLEASE READ IN FULL ROMANS 15:1—6 Both these scriptures talk about making it easy for people to understand with-out any confusion if we prophecy there must be an interpreter or explanation of what is said. In worshipping and releasing the anointing we must always remember we are there for the people, not the people being there for us. We are not there to entertain people we are there to lead people to worship to release the anointing to others in whatever way the Lord may lead.

We then that are strong ought to bear the infirmities of the weak, and not to please ourselves. Let every one of us please his neighbour for his good edification, exhortation, and to comfort. For even Christ pleased not himself: but, as it is written, The reproaches of them that reproached thee fell on me.

You will see by these scriptures that the Lord is asking us to have the same attitude and mind as he has and to be in unity with each other's ministry. The word <u>infirmities</u> mentioned here does not mean sickness, it means weakness of there flesh, And burdens of spirit. Christ Jesus gave us an example here for us to follow so we too can meet the needs of the people through His anointing.

With this in mind we can have confidence in giving and releasing the anointing to others in need. To be a great worshiper is to be a great giver like Jesus was the greatest giver of them all, after He taught them & us now how to live. Then He taught them & us how to die. That's why the Apostle Paul said I die daily, and so must we, we die daily to carnal desires and ourselves, so Christ can live in us.

To always be ready to give off we is to be a true Worshiper like Jesus was and still is. We should have a responsible attitude in worship and releasing the anointing to others <u>James 3:17 The Lord God gives us wisdom to be a good leader</u>. Also <u>Colossians 3:16</u> we have to be willing for God to use us in this way being a vessel for Him. And let the peace of God rule in your hearts, to which we are called into one body. Let the word of Christ dwell in you richly in all wisdom; teaching and admonishing one another in Psalms and Hymns and spiritual songs, singing with grace in your hearts to the Lord.

And whatsoever ye do in word or deed, do all in the name of the Lord Jesus, giving thanks to God and the Father by Him.

ROMANS 15:6 THIS IS PROBABLY THE MOST IMPORTANT WORD TO REMEMBER IN
RELEASING THE ANOINTING TO ONE ANOTHER. THAT WE MAY WITH ONE MIND AND
ONE MOUTH GLORIFY GOD. EVEN THE FATHER OF OUR Lord Jesus Christ.

There are no lone ranger when it comes to releasing the anointing it is a COoperation between us all. Sometimes God will use one single person to do a lot of things but that is because that person is totally submitted to God.

The most experienced ministers that God can use all the time is because they know, that within them selves they can do nothing, but with Christ Jesus we <u>can do all</u> <u>things</u>. This is the truth of it all, that all things are possible to those that believe as leadership it is our Job to releasing the anointing to course people to believe.

So we have to pray it, speak it, and dream it, and then release it to others. Freely have we received, and then now freely we must give.

The Lord has said the fields are white and ready, but the labourers are few, there is a price to be paid for the receiving the anointing. That price is laying down your life just as Jesus did. No man can show greater love than one that lies down his life for his friends.

Written by [Rev] Brian Richards. "Word of Faith Ministries" Taree nsw Australia. Website. http://www.maxpages.com/joshua1

We have many wonderful books and tapes written and recorded of this subject and many others, for a free newsletter to be sent to you on all that we have please write to P.O. BOX 1116 TAREE.NSW.2430. Or phone or write on the website guest book to be on our free mailing list, with no obligation.

'GLORY IN TRIBULATIONS'

You may think as I thought what a bold title, read on to find out why this could be the only title appropriate for this chapter. In the scriptures we liken Israel to be like the Christians today, Exodus chapter 1:verses7-10 and the children of Israel were fruitful, and increased abundantly, and multiplied, and waxed mighty; and the land was filled with them. Now the there rose a new King over Egypt, which knew not Joseph and he said unto his people, Behold, the people of the children of Israel are more and mightier than we: (there was some fear attached)

The same way when the Christian people grow today there's always some unknown fear that what ever it is you have different is a threat to their lifestyle. Today we see that WE Christians are the Spiritual Israel, and the Egypt is the worldly person that is not Christian. There is always that fear to a non-Christian that they will have to give up their lifestyle being surrounded by Christians. There is some fear also among Christians that think they have got it all together and when some one comes with greater information it is a threat because once again it means change, and they want not to be changed again. [Like the world] This fear in not wanting to change courses attack, the person under threat usually attacks first, and then reciprocate comes from the unwise Christian.

We are told from our Lord that when persecution comes, Matthew 5:12 Rejoice and be exceeding glad: for great is your reward in heaven: for so persecuted they the prophets which were before you. 2Timothy 3:10-12 but thou hast fully known my doctrine, manner of life, purpose, faith, long suffering, charity, patience, persecutions, afflictions, which came unto me at Antioch, at Iconium, at Lystra; what persecutions I endured: but out of them all the Lord delivered me. Yea and all that live godly in Christ Jesus shall suffer persecution. It was because of his attitude and his excellent spirit, as he garded his heart from being hurt (Romans 5:3) the apostle Paul said I glory in Tribulations, this was his attitude and his godly faith. Acts 14:21-22 the apostle Paul exalting the faith in the new Christians saying continue in the faith, also giving them warning that through much tribulation enter into the Kingdom of God.

There are many Christians today that have the attitude that they can pray there way out of trouble, or out of the way of the fire, that are set to try them. It is true that the desire of the person is the strongest form of prayer, however some of the things they desire are not Godly at all. I here people praying like they are trying to twist God's arm to do things for them, like please delivering me from this persecution.

Rather we should be asking Lord give me the wisdom and the Grace to go though this fiery trial. Some Christians are taught that as soon as a tribulation comes it is the devil attacking them and they have to go into spiritual warfare. Yes maybe pray is needed at that point however having the correct way of thinking and our attitude is vital. 1 Peter 4:12 says think it not strange concerning the fiery trial which is to try you, as though some strange thing happened unto you: but rejoice, inasmuch as you are partakers of Christ's sufferings; that, when His glory shall be revealed, you may be glad also with exceeding joy.

This tells me that if we have the right attitude when the persecution comes then we will rejoice and "glory in tribulations" will be our attitude, and then, His glory shall be revealed in us, and we shall have the power to over come.

The apostle Paul said don't be moved by these afflictions: 1 Thessalonians 3:3 For you yourselves are appointed thereunto. Some people have not read this and never heard it preached; however this is a major part of our Christianity.

The Lord God help Daniel to go through the trials, and the lions in the den Daniel did not escape the lions, the three Hebrew children in the fiery furnace was protected, but not delivered out. Most Christians are looking for a way of escapes the trials and afflictions, and persecutions. This is wrong they should be praying that the Lord would give them the power and the glory to be revealed in them at a time of trials. Paul talk about tribulations 2 Thessalonians 1:4 and again in 2Cor 11:24 & 2 Corinthians 12:7-10 Paul said lest I should be exalted without measure through the abundance of the revelations, there was given to me a thorn in the flesh, the message of satan to buffet me, lest I should be exalted above measure.

Some Christians believe that this thorn in the flesh was a literal thorn and given by God. Now matter how sincere the person is who believes this, but that is sincerely wrong. [V: 7] the scripture is clear to say this was a buffeting from Satan. Notice as the Apostle Paul got the revelation of what to do about this, his attitude changed and he started to "glory in tribulations most gladly therefore will I rather glory in my infirmities that the power of Christ may rest upon me. Therefore I take pleasure in infirmities, in reproaches, in necessities, in persecutions, in distresses for Christ's sake: for when I am weak, then am I strong. So dear reader "glory in tribulation" is a mighty key here in our Christian walks, this is how to overcome. We will close this chapter with James chapter 1:verse 2 My Brethren, count it all joy when you fall into divers temptations; knowing this, that the trying of your faith worketh patience.

"THE BIBLE, THE BOOK ITSELF AND HOW IT CAME TO US" THE BIRTH OF THE BIBLE:

The problem of human relationship with God finally comes to this: "How can I know God's will, and do it?" Originally, God intended that man should be instructed in his will, and kept obedient to it, just by the influence of conscience. But the rule of conscience failed to preserve human innocence, and the first couple found themselves expelled from the Garden of Eden.

At once God began to inaugurate a new principle, the rule of law; and the first major step in this process was taken when God called Abram to leave his native home, changed his name to Abraham ("father of a multitude," Gen 17:5) or the father of many nations some translation say's. This established him as the forefather of the Hebrew people. From among the Hebrew God chose the family of Israel, and this family he built into then nation that was destined to become the recipients and keepers of his written law (Rom.3: 1).

Accordingly, about 600 years after the call of Abraham, that is, about 1400BC, the time came for this written revelation to begin. It was to embody a history of the proceeding centuries, right back to the day of Creation, and it was to include God's laws, promises, prophecies, and the continuing Salvation-history of his people. Moses was the man chosen from among the thousands of Israel to commence the sacred writings-Moses received living oracles to give to us"(acts 7:38). This written law, by its permanence and freedom from corruption, would provide a more reliable guide to man than either conscience or oral tradition.

Having chosen the people of Israel to be the guardians of his law, God then guaranteed its preservation by separating Israel from all other nations, and by stamping indelibly upon the national consciousness a sense of responsibility towards sacred writings. Israel continually lapsed into idolatry. Again and again the nation persecuted the very prophets of God sent to teach them His law. The scriptures themselves ruthlessly exposed Israel's faults and warned of the coming judgment.

The prophets said however still this nation remained faithful to the task of killing the prophets and yet preserved what. Israel was receiving, recording,

and preserving the "living oracles." They killed the prophets, but preserved their prophecies! They received the laws of God, continually violated them, but still jealously recorded those same laws! They worshipped Baal, but were careful to maintain the revelation of the true God! Across the centuries, Israel gathered the words of God together, preserved them intact, and eventually offered them to the world. And so they came to us.

The first mention of writing in the Bible is in <u>Exodus 17:14</u>, where the lord commanded Moses "to write in a book" the story of the fight with Amalek. However it maybe said that the actual commencement of the book that will outlive heaven and earth took place on the awful heights of Sinai, when Moses stood alone before God (exodus 19:16-) And from this Majestic beginning, about 40 persons, from all station in life, and spread over some 1600 years, were engaged in writing about 1400BC< and the last words were probably written by the apostle John about 97 AD in Asia Minor.

THE MEANING OF "BIBLE"

"Bible" is a collective term which is used to describe the group of books which Christians believe contain the only true and complete revelation of God's will for the human race. The word of "Bible" is not the title of a book, it is derived from two Greek words, "ta biblia," which mean simply, "the books". The early church added to "bibla" a distinguishing epithet such as "Holy" "Divine" "Sacred" " inspired", and this usage was adopted without alteration into Latin of the Middle Ages. From Latin the words have come into English as "the Holy Bible", and this expression is now used by us all to refer exclusively to the collected sacred books of the Old and new Testaments. So its worth repeating that "the Bible" is not the title of a book, but is the heading under many books, with which a great variety of style and content, are gathered. The message of these books is one. However that message comes to us through a wide diversity of style and of form. The Bible contains drama, philosophy, poetry, narrative, history, song, parables, proverbs, prophecy, geography- in fact, almost every kind of literature; but it is all wonderfully molded by the hand of God into a single divine revelation to mankind.

Among the authors of the various books of the Bible were Kings, princes, fishermen, priests, shepherds, farmers, a tax-gatherer, politicians, scribes, prophets, poets, etc., -but all of these, we are told, spoke and wrote not from their own will, but only as they were moved by the Holy Spirit (2 peter 1:20-21.) The word "Scriptures" is derived from the Latin, and means simply "the writings." It occurs in John 7:42, Acts 17:11< Romans 4:3, etc. Another common description of the Bible is the "word of God"-see 2 Tim 2:9 Hebrews 4:12 etc.

THE DIVISIONS OF THE BIBLE

The Bible is composed of 66 books, and they are divided into two grand divisions known as the Old Testament and the New Testament; with 39 books in the former, and 27 in the latter. The Old Testament was written in Hebrew, with a few chapters in Aramaic, and the New Testament was written in Greek.

The Old Testament consists of a group of books current among the Jews in Palestine in the time of Jesus, because He accepted these writings as scripture, they were accepted also by the early Christians. The New Testament consists of a group of writings by a number of the leaders of the early church. From the earliest times these were accepted as being especially stamped with divine authority, and the churches on an equal footing with the Old Testament placed them.

The Old Testament records by history, type, prophecy and poetry, the story of the nation Israel about the nature and purpose of God. The New Testament records, in memoirs and letters, the life of the Lord Jesus Christ, and the interpretation given to his life and teachings by the early church. There is also a history of the early church, and a book of prophecy. The Old Testament begins with the fall of man; the New Testament ends with the restoration of man.

THE OLD TESTAMENT

- ❖ The Old Testament is divided into five parts.....
- * THE LAW, Consist the first five books we call the Penditute. Genesis, Exodus, Leviticus, Numbers, Deuteronomy.
- * HISTORY,-[twelve books] Joshua -to- Esther
- * POETRY, -[five books] Job...to. -Song of Solomon.
- * MAJOR PROPHETS, -[twelve books] from Hosea.to. -Daniel.

* AND MINOR PROPHETS. [twelve books] Hosea .. To. - Malachi.

This arrangement of the books of the Old Testament was probably made about the middle of the 3rd century BC. It reflects the subject matter of the various sections, rather than the chronological order in which they were written.

THE NEW TESTAMENT

The New Testament is divided into six parts....

- * BIOGRAPHY, -[four books] Matthew, Mark, Luke, and John.
- HISTORY, -none [one book] book of Acts.
- CHRISTIAN CHURCH LETTERS, --[nine books] from Romans.to. 2 Thessalonians.
- PASTORAL AND PERSONAL LETTERS, --[four books] 1 Timothy, 2 Timothy, Titus, 1,2 and Philemon.
- <u>HEBREW CHRISTIAN LETTERS</u>,--[eight books] Hebrews, James, 1 and 2
 Peter, 1-2-3-John, and the book of Revelation
- * PROPHECY- [one book] Revelation.

The origin of this arrangement of the 27 books of the New Testament is in fact unknown. It reflects the logical and chronological order of the subject matter of each part, but it gives no indication of the order in which the books were actually written. The first New Testament documents to be written were probably the letter of James and the early letters of Paul [between AD 45 and 60] The four gospels, acts, the later letters, and Revelation were written between Ad 60 and 100. This is without too much speculation. THE MEANING OF "TESTAMENT"

"Diatheke" was used to translate the Hebrew word "covenant" this word was later changed from "suntheke"? Apparently because "diatheke" enabled

them to place an emphasis on the divine initiative in formulating the covenant.

Ordinarily, a covenant requires the concerned parties to reach an equal agreement on its terms and conditions, and if either party breaches the contract, the covenant becomes void. By contrast, "diatheke" was usually applied to a situation where just one of the parties took full responsibility for formulating the covenant. In the context of scripture, "diatheke" describes a covenant in which God has arbitrarily laid down the

conditions, without consulting man and God simply demands that we yield without argument to his terms.

So because "diatheke" held this special meaning of a unilateral contract, it was the word commonly used in the Greek world to describe what we would call a "Will" or a "testament". This was the translation given to it in the old Latin versions of the Bible, where it was rendered as "testamentum": and from there it passed into English as "testament".

"Testament" is an allowable translation of "diatheke": but it can be misleading, for to us it holds the idea of a benefit, which is bestowed only after the testator's death. However while it is true that the covenant God has made with us is given by death [that is Christ], and in this sense the covenant may be called a "testament," in other respects it is far removed from the ordinary "Will." Hence it is generally better to translate "diatheke" as "covenant" rather than "testament" for ref; Exodus 24:7 2Kings 23:2-21 Jeri 31:31 Luke 22:20 2cor 3: 14 and Hebrews 12: 24 there are plenty more however our information is drawn from theses alone. To the exception where Hebrews (: 15-18 where "diatheke" is used in senses, a "Will" and a "covenant."

SO NOW WE COME TO THE QUESTION"HOW DID THE BIBLE COME TO US? Well before the time of Christ, the Old Testament had reached its final form, being accepted by the Jewish nation as their inspired "scriptures" It then contained the same books as our English Bible, but in a different arrangement. The Jews, of course, did not know it as the "Old Testament" [nor do they to day] they used the following terms...THE LAW FIRST FIVE BOOKS OF THE OLD TESTAMENT. THE PROPHETS -[four earlier], Joshua, Judges, Samuel, Kings, [four later] Isaiah, Jeremiah, Ezekiel, The Twelve. THE WRITINGS- THREE poetical, Psalms, Proverbs, Job. FIVE SCROLLS- song of Solomon, Ruth, Lamentations, Ecclesiastics,

Esther.

THREE OR FOUR BOOKS Daniel, Ezra and Nehemiah, Chronicles.

About 250 BC. A Greek translation of the Hebrew scriptures was made at Alexandria in Egypt. It was traditionally supposed to have been made by 72 Jewish scholars, this translation is called the Septuagint [seventy], and it is usually written as LXX. The LXX re-classified the OT books according to subject matter, and this is the order followed in our English Bibles. The

Christian Churches first accepted these Jewish scriptures as the ""word of God" and added them to the Apostolic writings gradually over the years [Col 4:16] as the Apostles passed away the churches started to make copies and collections of all the available apostolic writings. These were scattered through the Roman Empire far and wide from the original manuscripts. The copies were done by hand and laborious work, traveling to various parts of the empire. The making of copies by hand was both tedious and dangers work and many perilous times. For 300 years imperial persecutions, during which many Christian died. Christians were compelled to meet in private and they kept their secret books well hidden or are put to death for it. It was Roman policy not only to kill the Christian believers but to burn theirs books also. This had one big advantage know one would risk their lives unless it was the genuine article and complete 66 books. Under such circumstances it was slow work for the churches scattered over the vast extent of the Roman Empire to come to uniformity in their collections of authentic Apostolic writings. Some of the books in the east did not become quickly in the west: and some issued in the west were slow to gain recognition in the east; each Church was very careful to satisfy itself before accepting any writings as genuine.

It should be mentioned and remembered that the chapter and verses numbers was not a part of the original text of scriptures. Robert Stephen's introduced this in 1551AD. In places the system is clumsy and breaks the continuity of thought. Italics in the King James, or Authorized Version, indicate that words lacking from the original text have been supplied by the translators to complete the sense of the passage in English. Most modern translations have some other scheme, which is usually explained in the preface. The printing, invented by John Gutenberg, 1454 AD, removed the danger of errors in the text, made bibles cheap and abundant, and greatly promoted the circulation and influence of the Bible among all people. Up to this time all books had to be copied out by hand. In the Middle Ages a Bible could cost the wages of a workman for an entire year.

1

Submit to the leadership of the Church is divine order and it is expected of all of us to submit to those God has put over us. **1 John 4:20** your love and understanding of God, will depend on how much love and understanding of each other. It is easy to love the brothers and sisters in Christ. However we should love one another in the world also, and submit ourselves to one another in the Body of Christ. If we are to be like God our Father then, God so <u>loved the world</u> that he gave his only begotten son Jesus the Christ. He really Gave of **himself 2 Cor.5: 19** ...to wit God was in Christ...

Humble yourself under the mighty hand of God and he shall exalt you in due time.

Romans 13:1-7 love one another...Luke 2:40-52 Jesus: even though Jesus was with much wisdom, He had perfect communication with the Father however He still submitted himself to his parents Joseph and Mary, and he did as he was told. [Verse 52] Jesus increased in wisdom and stature, and in the favor of God and man. Ephensians 6: 2-3

Ephesians 5:18-21-27 be not drunk with wine, but be ye filled with the Spirit [v 20] giving thanks onto the Father of our Lord Jesus Christ [v21] submitting yourself to one another in the fear of God. [This is the reverent fear of God] 1 Peter 5:1-16 all these scriptures are saying the same thing that is to get rid of Pride, God gives grace to the humble. Humble yourselves therefore under the mighty hand of God, and He will

exalt you in due season. [The proper time]. Hebrews 13: 15 read through to the end.

Submission to our leaders is or Father God's plans.

Our attitude should be God said it, and that settles it. That's if we have made up our minds that we are to be obedient to God. The Love of God is everything. John 15: 10-13-16 we should love one another to what extent? John 5:19 -23 John 12: 48—50 We see from this scripture, that we are to receive the preacher as if it were Jesus. By this attitude we can receive from God. Luke 10:16 if we are to reject this man we are to reject the anointing of Jesus Christ which God is!!! Matthew 10:40—41 John 7:17—18 Give Glory to God always. Willingness always perceedth, wisdom of God. Matthew 18:2-4 become like children [not childish, but childlike] the same is the greatest in the Kingdom of Heaven. Matthew 5: 1-5 blessed is the meek for they shall inherit the earth. Mica 6:8 humble yourself Matthew 11:28-30Burden of God is light. I Corinthians 12:12—31 Loves are God, God is Love.

Hebrews 5:7—9 Philippines 2:1—9 Jesus was always obedient I Peter 1: 13—23

Written by [REV] BRIAN RICHARDS.OF THE "WORD OF FAITH MINISTRIES" TAREE NSW AUSTRLIA. Website. www.maxpages.com/wordoffaith

Time to take up an offering now

Josh 1: 17

We see hear the anointing that was on Moses is now upon Joshua as he took over the Job as leader, there is a special anointing for Leadership. **2 Chronicles 20:20—29** We see from these Scriptures that when our heart is right before the lord then He will destroy our enemies, and we shall divide the spoils. There was so much of abundance of jewels and prosperity it took them three days to collect what the Lord had provided for them.

There was not a blow given to their enemies that they contributed the Lord course their enemies to fight one another, the battle was of the Lord but victory was given to the children of God

This tells us that we stay in faith and Obedience in all things then he will causes us to prosper. 1 Peter 2: 19—23 Obedience is better than sacrifice. Especially in our giving. Matthew 8:8 this soldier is saying here to Jesus that with due respect say the word and my servant will be healed. He was saying he too, though a man of authority, is under authority and he knows that the word from the Authority will do the work that was faithfully given and in submission.

IF WE ARE FAITHFUL AND OBEDIENT TO THE LORD IN OUR GIVING THEN WE SHALL PROSPER AND HAVE GOOD SUCCESS.

WRITTEN BY [REV] BRIAN RICHARDS. AS PART [2] DIVINE ORDER IN THE CHURCH. "WORD OF FAITH MINISTRIES" website:

www.maxpages.com/joshua1

BAPTISM OF FIRE:

MATH 3: 11 This scripture was fulfilled in the days of Pentecost, we by faith receive the same experience but not with an outward experience or a sign, like they had because the Holy Spirit has never left since that day. This outward sign was only for that time to tell the gentiles that Salvation was for them too. Just like the Jewish nation that because baptised in Jesus, the Gentiles can receive this experience also, so God gave confirmation that this was true statement. God provided an outward sign to non-Jewish people. Act 2:2-4-8. And goes on to talk about the baptism of Fire, or the Fire of God, or the baptism of the Holy Spirit, *[all the same meaning]* is given by Jesus whom baptizes with the Holy Spirit and Fire. MATH 3:11.

Now unless we allow the Holy Spirit fire to deal with us and burn up the dross, like sin and unfaithfulness, bitterness, hate, & strife and any other rubbish in our lives. [We would be wasting our time] to expect that god is going to pour out more of his spirit on our lives, to fill us to overflowing stages.

Just because we have had a Pentecostal experience does not mean that we are full of the fire of god and baptised with fire. The fire comes with his word; knowing it and doing it are two completely different things. If we keep his word by obedience to his word then we can expect the fullness of God to come. [Duet 28: 1-14] said we have blessings through obedience. When we become does and not just hears [James chapter 1:22] then we then we are blessed, the blessing we want here is the fire of God so we cannot have this without obedience to his word. Malachi 3:1-3 said the fire would come like a refiner's fire and a fuller's soap: to purify and refine us, if we let Him He will not force His way on anyone.

[Fire comes with His word]

Jeremiah5: 14 Jeremiah 20:9 Jeremiah 23:29 Isaiah 30:27 Psalm 39:3 David relates the word of god like fire with-in him. Psalm 104:4 ministries of fire. Isaiah 10: 17 [we are spiritual Israel to-day.] In one single day God will turn out all thorns and thistles and briers. Heb 6:8-12 our words must become like God's words then those words will become *flesh*. The word of God living in us (is Jesus) is the same word which became flesh and dwelt among us John 1:14 exercise his power by speaking the word of God by faith Rom10: 8-9-10 the tong must be under control by the Holy Spirit.

By [REV] Brian Richards @ word of faith ministries.

1 THESSALONIANS 5:12-13

COMMITMENT, SUMMISSION, FAITHFULNESS AND LOYALTY.

- COMMITMENT -A committed person is someone who can be entrusted with confidence. As leaders, what is it that you are being entrusted with? What is it that you are being entrusted with? The vision that god has given the Leadership over you.
- * Proverbs 29:18 "Where there is no vision the people perish" If you are to grow in numbers the leader is to know and understand the vision of her/his leader and the church. COMMITMENT-builds bridges over valleys and keeps you on the right track. If you are not committed, when things come against you, like people speak against you, you will feel like a failure, and want to give up. The only things that will keep you going at this point are commitment to the vision. Commitment to the vision gives you the goal, on the vision, instead of the circumstances.
- * SUMMISSION- One of the first and greatest lessons you can learn as a leader or Assistant Leader is that God will not put you in a position where others submit to you until you have learnt to submit to the authority over you.

While you agree with everything your leader does you are not operating in submission. Submission is only in operation when you don't agree or fully understand but you submit anyway. Even if the only reason you submit is because you recognize the anointing of the mantle of the one that god has placed over you, or others of your equal.

There are two kinds of submission: **TOKEN SUBMISSION:** This kind of submission results in bondage to self and seeks self-promotion. Token submission- secretly seeks self-interest, inwardly resentful of authority, seeks to validate own opinions, seeks to be pleased, external compliance only, resists adjustments, serves others half heatedly, and evades direction. **EFFECTIVE SUBMISSION:** Liberates and results in promotion from God. Effective Submission- Seeks other's best interests, acknowledges authority, promotes ideas of others, desires to please, internal and external compliance, receives and responds to correction, serves others wholeheartedly, looks for direction.

Before God will put you in a position where others submit to you, you must first learn to submit to authority.

- FAITHFULNESS- other words for faithfulness are reliable, dependable and trustworthy. Try people in the lesser responsibilities.
- * LOYALTY- you can be committed to the vision and the Leadership.

 You can submit to the vision and the Leadership.

 You can be faithful to the vision and the Leadership.

 You can do all those things but still not be loyal.

You can commit, submit and be faithful but still gossip, criticize or pull down the vision and/or the Leadership unless you operate in loyalty. Without loyalty the rest has little substance.

Loyalty is precious quality in Gods sight, even when we don't agree like David & King Saul. Loyalty is the seal on your commitment, your submission and your faithfulness. Loyalty means to honour, to cover, and to love.

[VERSE 13 (AMP) "Hold the leadership in very high and most affectionate esteem for their works sake"

As Leadership, you get to quickly realize the weaknesses of the Leadership around you. From then on loyalty must be in operation.

Out of loyalty, you will cover the leadership's weaknesses rather than expose (unless of course it is a sin that the body needs to know about). You will honour rather than pull down. And you will operate in unconditional love rather than failing to love because the person or persons have not lived up to your expectations.

AS LEADERSHIP YOU MUST HONOR THE MANTLE GOD HAS PLACED ON EACH OTHER. YOU MUST OPERATE OUT OF LOVE AND UNDERSTANDING TOWARD EACH OTHER AND YOU MUST COVER EACH OTHER IN WORDS, DEEDS AND PRAYER.

COMMITMENT REQUIRES SUBMISSION & FAITHFULNESS, WHICH ARE SEALED BY LOYALTY.

IN SUMMARY:

As the Senior Pastor of the "WORD OF FAITH MINISTRIES INTERNATIONAL" I say to you my fellow Ministers that what we are as ministers & leader's and as helps ministry, we will reproduce after our own kind. If you want to gather people around you who will be committed and out of that submit and be faithful and seal it with their Loyalty. Then you need to sow those qualities towards this fellowship and those who will work over you and amongst you in your future Leadership.

I trust this exhortation has been just that an exhortation to you if any brother/sister does not take heed to this Prophesy there future will be short in this fellowship anyway. I dare say if Leadership is what you are aiming for without taking heed to this message you will not be a leader, not only in the "WORD OF FAITH FELLOWSHIP international" but also anywhere in the body of Christ. No matter what organization, no matter what Church without this it will not be the Church of our Lord Jesus the Christ. And the anointing that you seek, and the baptism of Fire will not be with you.

ROM11: 1-11

I SAY then, hath God cast away his people? No. He loves, and loves, and keeps on loving us even when we don't understand, and the through disobedience we don't submit to Leadership ignore Gods Prophets and perish through lack of knowledge. God own people stumbled and failed, their Salvation came to us gentiles and the anointing God puts on the obedient will provoke others to jealousy. *2 TIMOTHY 2:2* These things that thou has heard of me among many witnesses, the same commit thou to faithful men, who shall be able to teach others also.

Written by [REV] BRIAN RICHARDS OF "THE WORD OF FAITH MINISTRIES" (TAREE NSW.) EMAIL; brichards22@msn.com [OR] WEBSITE: [MAXPAGES.COM/BRIANNYIONY]

" BAPTISM IN THE HOLY SPIRIT"

1. A DIVINE ACKNOWLEDGMENT.

1CORINTHIANS 12:13 " For by one Spirit are we all baptized into one body, whether we be bond or free, and have been all made to drink into one Spirit."

The main emphasis here is not 'a doctrine' but rather "unity of the body of Christ"

- We do receive individual and personal blessings through this experience, but God's supreme purpose is bigger than that---"the unity of the body of Christ" <u>DERECK PRINCE COMMENTS</u>. A minor tragedy has occurred in the translating and should read "For <u>in</u> one Spirit were we all baptized <u>into</u> one body..... And we were all given to drink of one Spirit".
- Something happened in our experience at a certain given moment in the past-'we were baptized into....
- Where the phrase 'baptized into' is used, the person baptized was already 'in' what he was baptized 'into'. [e.g.] Matthew 3:11 "into repentance" The baptism by John was the outward evidence that he acknowledged that they had already repented. Check back to verses 7and 8. Acts 2:38—"into the remission of sins". The baptism was the outward evidence that he acknowledged that they had already repented. The acknowledging of the condition in which they already was. Galations 3:24-27—"into Christ". Notice they were already in Christ, then they were baptized into Christ as acknowledgment that they were in Christ.
- The baptism in the Spirit acknowledged and made public and effectual our membership in the body, WHICH WE ALREADY HAD.
- The baptism in the Holy Spirit is a supernatural seal given to each individual member by which Jesus Christ acknowledges that person as a member in His body; a supernatural seal that <u>He alone can confer.</u> This is His privilege!

2. WHAT THE BIBLE SAYS REGARDING THIS EXPERIENCE.

❖ BAPTISM

1

1

Baptism is immersion- a supranational coming down of the Spirit of god from above over the believer, enveloping him in heaven's atmosphere and immersing him/her in the shekinah Glory of God's presence. [E.g.] acts 2:2, acts 8:14-17 acts 10:44-45. And Acts 2:38.

Drinking

Jesus in referring to the gift of the Holy Spirit for the one who believers, likens the receiving to the act of drinking. See **John 7:37-39**. C.f. **1 Corinthians 12:13 ".....All.....given to drink of the one Spirit."** The Baptism in the Holy Spirit is a supernatural infilling and a supernatural overflow.

3.**SOME WARNING HERE.**

- The Holy Spirit is not a dictator; He does not walk over you or make you do things. Derek Prince comments 'If a spirit comes into your life that makes you do things, it is not the Holy Spirit.' Rather, the Holy Spirit comforts, guides, and directs, controls, only in cooperation with and submission of our will.
- In The baptism the Holy Spirit is not a substitute for any other supernatural provision of God.
- The Baptism in the Holy Spirit is a Spiritual, supernatural, experience. It ushers in a new realm- often a realm of the spiritual conflict. [e.g.] Life of Jesus in Mark 1:9--13 It is not a picnic, as some may think.
- ❖ The Baptism in the Holy Spirit must be united with the Word of God. The sword of the Holy Spirit—is the word of God. See Ephesians 6:17 The spirit needs the Word, and the Word needs the Spirit.

THE DIVINE PURPOSES OF THE EXPERIENCE.

N.B.: - How much is accomplished depends on the believer.

The Baptism in the Holy Spirit is the gateway into the supernatural. We are to live and walk thereafter in the supernatural. The supernatural should become perfectly natural. See Hebrews 6; 4-6 "...partakers of the Holy Spirit Have tasted the powers of the world to come."

❖ For to Witness

The Baptism in the Holy Spirit is intended to endure us with supernatural power from above, to be 'Witnesses' unto a person, Jesus Christ.

FOR PRAYER

The Holy Spirit wants us to become an instrument, so that He can pray through us. [E.g.] the Tibetan priest when they say their prayers turn a

prayer wheel and the wheel is doing the praying. When you are baptized in the Holy Spirit you become a kind of prayer wheel—the Holy Spirit turns you around, and uses you to pray through. See **Romans 8:26—27 and Ephesians 6:18.**

❖ For Teaching

❖ The Holy Spirit is the great teacher of the Word of God—and the great reveler of Jesus Christ. See: <u>John 16:13</u> let us not be so 'fanatical' not to realize that He uses human instruments. **See Ephesians 4 :11-12-16**.

❖ To exalt Christ

The Holy Spirit 'exalts' or glorifies Jesus see John 16; 13-14

For Guidance

We are ushered into the councils of heaven when we are baptized in the Holy Spirit and we listen to His voice. See **John 16:13**

For Health

According to <u>2 Corinthians 4: 10-11,</u> the life of Jesus is to be made manifest in our mortal body. How is this possible? See **Romans 8:10—11**

For unity

God's purpose in baptizing believers in the Holy Spirit is to unite them. See $\underline{\mathbf{1}}$ **Corinthians 12:13.** Man can make a union, but it is only the Holy Spirit that can make unity.

EVEDENCE OF THE BAPTISM IN THE HOLY SPIRIT.

It can be safely said that whenever a believer is baptized into the Holy Spirit, he will speak in one or more different tongues unknown to him. [Divers tongues].

Sometimes people <u>hear</u> their native language, let us consider the record given in the book of acts. <u>Acts 2: 6 notice the bible says they heard their own</u> <u>native language.</u> It does not say they spoken their own native language. So we see by this the supernatural was on <u>their hearing</u> as well as tongues.

❖ THE UPPER ROOM

Acts 2:4 NAS " and they were all filled with the Holy Spirit and began to speak with other tongues, as the Spirit was giving them utterance [ability to speak out]." Samaria acts 8:14-17 NAS "now when Peter and John who came down and prayed for them....... Began laying their hands on them, and they were receiving the Holy Spirit" Here the Bible does not say they spoke with tongues, nor does it say they did not speak with tongues. But what happened, Simon

recognized it as to as to what it was and wanted to buy the power to do the same thing. In keeping with the rest of the Acts record, we believe it to be the supernatural utterance as is the rest.

PAUL ACTS 9:17 nas "And Ananias.... Said.... The lord Jesus... has sent me so that you may.... Be filled with the Holy Spirit...."

<u>1 Corinthians 14; 18</u> NAS "I thank God, I speak in tongues more than you all." This was Paul's testimony. And you noticed God used him to write 2 thirds of the New Testament.

Cornelius and his Household

Acts 10:44—47 NAS ".... The Holy Spirit fell upon all those who were listening..... For they were hearing them speaking with tongues and exalting God..."

EPHESUS

ACTS 19:6 NAS "And when Paul laid his hands upon them, the Holy Spirit came on them, and they began speaking with tongues, and prophesying."

WHAT GOD BEGAN IN THE FIRST CENTURY CHURCH, HE IS STILL CONTINUES TO DO TO-DAY IN THE TWENTY FIRST CENTURY CHURCH. THIS IS WRITTEN WITH DUE ACKNOWLEDGMENT TO DR. DEREK PRINCE AND [REV] R. BRANDT AND [REV] BRIAN P. RICHARDS. FOR THOUGHTS GLEANED FROM THEIR MINISTRY.

RE-WRITTEN: 1/11/2000. By [rev] Brian P. Richards for the "Word of Faith Fellowship" website:

www.maxpages.com/jesusname

THE GRACE OF GOD.

Colossians 1:9 For this cause we also, since the day we heard it, do not cease to pray for you, and to desire that you might be filled with the knowledge of his will in all wisdom and spiritual understanding:

Now this is the prayer to pray and the positive confession or *affirmation* to have, to receive the Grace of God. Being filled with the knowledge of God, *the knowing* how to pray, is the key to receiving the Grace of God. = Seeing the answer comes. **2 Kings 2:9-15.** part [1] the anointing of God can be transmitted,[part[2] however there are always conditions. Elisha met the conditions that were asked of him, to receive the Anointing.

[Part [3] you must know whom you are in Christ! Luke 22:28-29 we have to stay faithful to what is shown to us of the Lord. [Rev 17:14] we must be faithful and "should be hungering for the anointing and the Sonship" when tribulations come on us don't look to get out of Tribulation, look to go through it. If we want out, when in a tribulation, then that will not change anything in the Spirit. However having patience to go through the tribulation will change the situation, if we get out the tribulation somehow then it means we will have to go through it some other time. **GRACE** is having the ability of God to do His will **Philippians 2: 12-13** Grace is: God's righteousness at Christ's expense, Grace is having the ability to do what we cannot do ourselves. We see in Scripture that there is a working out, and a working in. God works His will and good pleasure. "You have to work out what God has worked in you." But don't try to work out of you, what God has not put in you. Hebrews 6:9-12 you must be diligent in the things that God has shown you to do in your life. Math 26:40 and Luke 22:31 You will work out, what God has put in, by prayer, the Apostle Paul sought the Lord three times in prayer. **2Cor 12: 6-9** notice what the answer was my Grace is sufficient for you. Acts 13: 44-49 acts 14:20-



22.

"We are like a Bonsai Tree everything is on the inside, and you have to work it out, God will not do your part, and you can not do His part. **2 Peter 3:18 says Grow in Grace we need new Grace as our circumstances change**. We need a "special endowment of Grace" for each need that arises. John I: talks about Grace and truth come by Jesus Christ, Grace is Gods ability to do what we know we cannot do ourselves. **Romans 4:16** it is of faith that it might be by <u>Grace</u> to the end the promises might be sure to all the seed.

1

We will <u>not see</u> the promises come to pass even if we are holding on to a TRUTH, we need both **Grace and truth** mark 5: -

Matthew **14: 28** we see here that Peter had faith for a while, but started to sink, as his faith ran out, and it was MERCY that JESUS put him back in the boat. Some people just have a boat ministry, meaning all they can have faith for is to receive the Mercy. " **Do we have a boat ministry**"? "Do you have a boat Ministry?"

Or do we have the ability to walk on the water, by Grace.

In conclusion:

Hebrews 4:16 "let us come boldly to the throne of Grace" This is how we get graces, for what we cannot do in ourselves.

If we don't do this then we will get discouraged and slothful.

Hebrews 9-12 read in the amplified. Math 26:37-41-44 and **Luke 22:31** Peter had this warning, Jesus prayed <u>three times</u> [verses 46] 2 cor 12; 7 Paul prayed three times.

Jesus prayed <u>three times</u> when he faced His Geth-sem-a-ne. Peter did not pray but slept, and denied the Lord <u>three times</u>.

WE must come to the throne, to obtain Grace, to do what we cannot do ourselves.

If we think that we can do a thing without Grace, then we are doing our own thing.

Faith changes things, but grace changes people. If you let your Grace grow, and then your Faith will work for you.

Written by [Rev] Brian Richards of the Word of Faith Ministries. [Taree] nsw Australia. Website is [maxpages.com/wordoffaith]

THE FLESH AND THE SPIRT

Romans 8:1 THERE is <u>now</u> no condemnation to them which are in Christ Jesus, who walk not after the flesh, but after the Spirit. For the law of the Spirit of life in Christ Jesus has made me free from the law of sin and death.

We become slaves to what ever we put our minds too. When we can rule over our own body, then we can rule over whatever we like. The world around us if necessary, if we follow after the Spirit then there is no condemnation. **Romans 8:5-6** If we walk in the spirit and go for God. [No matter what distraction] we will win a lot of spiritual battles.

Psychologist tells us that if you do something for 21 days then it becomes a new habit pattern. So with the bad habits we want to get rid off then start new good habit patterns; the very same way the bad habit developed. So make a habit of walking in the Spirit, as the word of God said, and start a new habit pattern. So walks in perfect love for 21 days

I Corinthians 13:4 – 13 and put the flesh to death, and we shall start a whole new habit

I <u>Corinthians 13:4 - 13</u> and put the flesh to death, and we shall start a whole new habit and a new walk in our life Christ. <u>Love never fails:</u>

Romans 8:6 for to be carnally minded is death; but to be Spiritually minded is life and peace. The Carnal mind is at war with God. But if you keep your mind in the love of God, and the word of God, you will win a lot of battles in pray. We cannot serve two masters; we will cling to one and hate the other.

Remember we said we are slaves to what ever we put our mind too, we will either serve the Carnal mind or the Spiritual mind, and we cannot serve both. **Math 6: 24** says we cannot serve two masters so who is the master over our mind to day. **2 Timothy 1:6-7** For God has not given us a spirit of fear; but of power, and of love, and of a sound mind.

So the word of the Lord is saying to take control of your mind O.K.

Isaiah 26: 3 Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee. [*This means to garrison your mind*] meaning for you to take control.

[This came by prophecy God gave me psalms 137]

Hebrews 12:1-3 the more pressure we have from the bad circumstances controlled by the devil and his demonic influences, then the more we should press into God. When we focus on God we can expect things around us to change, most of the time things look bad before they get better. However that is just normal, make the quality decision that you are going to focus on Godly things, and you will win great victories and change circumstances around you. Philippians 4: 7-9 the peace of God, which passes all understanding, shall keep your hearts and minds through Christ Jesus. Finally, brethren think on these! Truth, honest, just, pure, lovely, and good reports. And the God of peace shall be with you.

What great scriptures these are? How many preachers do you know that say what you have seen in me, you do, do: and you will have God of peace with you.

Paul to day would say no if, buts, or maybes, it's a sure thing. The only condition here is for you to take control over your mind and he tells you how to do it. 2 Corinthians 10:2-5 the word beseeches here is another word [for I beg you] do these things and you will not walk in the flesh. V3 For though we walk in the flesh, we no not war and the flesh: (For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds;) Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ:

Now what this means that the images in your mind that are not of God, cast them down, get rid of them, <u>before</u> they become a stronghold. Anything that try's to come first before God's word is trying to <u>exhalteth itself</u> over the word of God in your mind. [*Like all distractions*] So we don't fight physically, we fight spiritually. Our weapons are not carnal *lor natural*] they are spiritual.

Ephesians 6:11-17 [here is a list of weapons] put on the whole armor of God, that ye may be able to stand against the wiles of the devil. For we wrestle not against flesh and blood, but against principalities, against powers against the rulers of the darkness of this world, against spiritual wickedness in high places. Wherefore take onto you the whole armor of God, that you maybe able to withstand in the evil day, and having done all to stand. Stand therefore,

So we have a Girdle to girth the loins, the breastplate of righteousness; feet shod with preparation of the gospel of peace; above all takes the shield of Faith. A helmet of salvation, [this is to protect the mind] And the sword of the Spirit. And of course the best weapon of all is united prayer for the Saints. [That is for each other and in unity and agreement with God's word]

I just could not finish this without saying that, "If it's not in the Word, or line up with God's word then kick it out. Romans 12:1-2 we should be willing to allow God to change our mind. V2 transformed [means to be transfigured or manemorfuse like a caterpillar into a butterfly] the word renewing [means to blockout and knock out, and to renovate] of your mind, that you may prove what is good, and acceptable, and perfect, will of God.

Rev Brian Richards writes this. A Pioneer of

"The Word of Faith Ministries International" for Joshua 1 Website.

Joshua in this instance signify's the world's system the way we know to day. The walls of Jericho mentioned in Joshua chapter 2 is the representation of worldly gates of hell. These are the walls that will not prevail against us that the Lord Jesus spoke about. When he said to Peter "upon this rock, [the rock of revelation knowledge] no walls will prevail against it. Meaning no walls will prevail against us, in the name of Jesus. We all can, and some must experience the tabernacle experience, meaning the manifestation of the son's of God. IIt is a feast of Glory and His appearance Daut 16:16 however not all will have this experience this is, because not all believe the same way. Obadiah 21 say's Saviours [plural] shall come upon Mount Zion. Romans 8: 13-14-18-19 talks about the manifestation of the sons of God. 1391 strongs concordance and 6012 talks about DOXA = means to bring to the senses Glory apparent' 1Corithians 10:11 (world here is meaning=Ages) this is the mystery of how Jesus was to come, today is the same, how and when is Jesus to come again?

Now Solomon married a lot of women, this symbolising the church has married a lot of women too. Now a remnant is coming out of the church right now! Just like in the dark ages of old its happening again. There is a remnant of people that are listening to God. The Temple of Herod is a dead church. The Glory has departed the first time and now the Church is still dead to the voice of the Spirit of God. 2Thes 1:12 to be Glorified in the Saints. Romans 13:14 put ye on the Lord Jesus Christ.

<u>Ezekiel 43:1</u> Appearing of Glory of God. East represents where sun rises, and starts a new day. End times are finished; it's all over. A NEW day dawns. This is a NEW DAY MINISTRIES.

Psalm 102:13 Arise and Mercy, Build Zion in Glory.

HAGGI 2:6 Filling the house with GLORY.

SI 60:1 Glory

1Pet 1:10 Glory that will follow

Rev 21:11 City and Church are the same. The 7 Spirits of God, and the candlestick. 1 John 1:5 God is Light. Psalm 119:105 let the word of God be a Lamp onto you feet and a LIGHT unto your path. Ephesians 1:18 understanding is being enlightened.

ISA 42:8 my Glory I will not give to another? [That's Old Testament] we are not <u>another</u> we are one of the same, we are with Him, He is now ready to be Glorified in us. <u>Colossians 3:1-3 the old augment is it's</u> appointed unto man once to die. Yes-:

BUT THAT DIDN'T STOP GOD FROM TRANSLATING =ENOCH AND DIDN'T STOP GOD FROM TRANSLATING ELISA AND ALSO MOSSES BODY WAS NEVER FOUND FOR BURIAL

So we are appointed once to die, in the waters of baptism? Don't we? What were all them graves doing opened at the crucifixion? [What was that all about;? "He that believeth into me thou he was dead, he shall live, and never die.

James 5:7 tells us to be patience Hosea 6:2 and 2 Pet 1:16 all comes into play at this time. Matthew 17:1 talks about 6 days Number of 6 is significent. = 6 is the number of man. 6 days Jesus took Peter, James and John, up the mountain and shown them the two figures Like Mosses and Elijah as ghosts. PETER AND JAMES AND JOHN. Signifies Passover, Pentecost, and tabernacles remember a day is a thousand years to the Lord? (6) Being the number of days Joshua and is men marched around the walls of Jericho on the seventh day they all fell down. (6 days or 6 thousand years significance) 7th day the walls came down. In John 2: there was 6 earthen vessels that could hold 20 Firkin's (or Gallons) of water, Each one. Meaning 120 Gallons = 120 Jubilee trumpets signifies (50 yrs) 119 Jubilees trumpets have been blown and they are gone, since Adam. 120th trumpet is getting ready to blow now. This is significant for the last trumpet of God, to voice the last message of God. Before he comes back in the clouds, as soon as them water pots are filled, they were changed into wine (God is saving the best till last) We are all being changed, we are all being caught up like the ram in a bush caught up in a bush for sacrifice, so he can manifest His Glory. People being caught up to a most Holy Place, Third day people being caught up to manifest Jesus. JOB 38: talks about [Tressure's in the snow] whom is that treasure in the snow? Romans 12:1 &2 [Conformed] = Transformed = Transfigured = Mena-morfus. The word [renewing] = Block out, Knockout, and to renovate. 2 Corithians 3: 18 Changed = Transfigured into the same image or Glory to Glory. By the Spirit of the Lord. NOTHING SHALL BE IMPOSSIBLE TO THEM THAT BELIEVE, AMEN AND AMEN.



This Erlinet with baby Joshua and Husband Brian Richards visiting the Blue Mountains in NSW Australia the three sisters are the three rocks behind that was sisters turned into rocks by the curse of the Aboriginal Cultural rules.

"THE BIBLE, THE BOOK ITSELF AND HOW IT CAME TO US" THE BIRTH OF THE BIBLE:

The problem of human relationship with God finally comes to this: "How can I know God's will, and do it?" Originally, God intended that man should be instructed in his will, and kept obedient to it, just by the influence of conscience. But the rule of conscience failed to preserve human innocence, and the first couple found themselves expelled from the Garden of Eden.

At once God began to inaugurate a new principle, the rule of law; and the first major step in this process was taken when God called Abram to leave his native home, changed his name to Abraham ("father of a multitude," Gen 17:5) or the father of many nations some translation say's. This established him as the forefather of the Hebrew people. From among the Hebrew God chose the family of Israel, and this family he built into then nation that was destined to become the recipients and keepers of his written law (Rom.3: 1).

Accordingly, about 600 years after the call of Abraham, that is, about 1400BC, the time came for this written revelation to begin. It was to embody a history of the proceeding centuries, right back to the day of Creation, and it was to include God's laws, promises, prophecies, and the continuing Salvation-history of his people. Moses was the man chosen from among the thousands of Israel to commence the sacred writings-Moses received living oracles to give to us"(acts 7:38). This written law, by its permanence and freedom from corruption. would provide a more reliable guide to man than either conscience or oral tradition.

Having chosen the people of Israel to be the guardians of his law, God then guaranteed its preservation by separating Israel from all other nations, and by stamping indelibly upon the national consciousness a sense of responsibility towards sacred writings. Israel continually lapsed into idolatry. Again and again the nation persecuted the very prophets of God sent to teach them His law. The Scriptures themselves ruthlessly exposed Israel's faults and warned of the coming judgement.

The prophets said however still this nation remained faithful to the task of killing the prophets and yet preserved what. Israel was receiving, recording,

And preserving the "<u>living oracles</u>." They killed the prophets, but preserved their prophecies! They received the laws of God, continually violated them, but still jealously recorded those same laws! They worshipped Baal, but were careful to maintain the revelation of the true God! Across the centuries, <u>Israel gathered the words of God together</u>, preserved them intact, and eventually offered them to the world. And so they came to us.

The first mention of writing in the Bible is in Exodus 17:14, where the lord commanded Moses "to write in a book" the story of the fight with Amalek. However it maybe said that the actual commencement of the book that will outlive heaven and earth took place on the awful heights of Sinai, when Moses stood alone before God (exodus 19:16-) And from this Majestic beginning, about 40 persons, from all station in life, and spread over some 1600 years, were engaged in writing about 1400BC< and the last words were probably written by the apostle John about 97 AD in Asia Minor.

THE MEANING OF "BIBLE"

"Bible" is a collective term which is used to describe the group of books which Christians believe contain the only true and complete revelation of God's will for the human race. The word of "Bible" is not the title of a book, it is derived from two Greek words, "ta biblia," which mean simply, "the books". The early church added to "bibla" a distinguishing epithet such as "Holy" "Divine" "Sacred" " inspired", and this usage was adopted without alteration into Latin of the Middle Ages. From Latin the words have come into English as "the Holy Bible", and this expression is now used by us all to refer exclusively to the collected sacred books of the Old and new Testaments. So its worth repeating that "the Bible" is not the title of a book, but is the heading under many books, with which a great variety of style and content, are gathered. The message of these books is one. However that message comes to us through a wide diversity of style and of form. The Bible contains drama, philosophy, poetry, narrative, history, song, parables, proverbs, prophecy, geography- in fact, almost every kind of literature; but it is all wonderfully moulded by the hand of God into a single divine revelation to mankind.

Among the authors of the various books of the Bible were Kings, princes, fishermen, priests, shepherds, farmers, a tax-gatherer, politicians, scribes, prophets, poets, etc., -but all of these, we are told, spoke and wrote not from their own will, but only as they were moved by the Holy Spirit (2 peter 1:20-21.) The word "Scriptures" is derived from the Latin, and means simply "the writings." It occurs in John 7:42, Acts 17:11< Romans 4:3, etc. Another common description of the Bible is the "word of God"-see 2 Tim 2:9 Hebrews 4:12 etc.

THE DIVISIONS OF THE BIBLE

The Bible is composed of 66 books, and they are divided into two grand divisions known as the Old Testament and the New Testament; with 39 books in the former, and 27 in the latter. The Old Testament was written in Hebrew, with a few chapters in Aramaic, and the New Testament was written in Greek.

The Old Testament consists of a group of books current among the Jews in Palestine in the time of Jesus, because He accepted these writings as Scripture, they were accepted also by the early Christians. The New Testament consists of a group of writings by a number of the leaders of the early church. From the earliest times these were accepted as being especially stamped with divine authority, and the churches on an equal footing with the Old Testament placed them.

The Old Testament records by history, type, prophecy and poetry, the story of the nation Israel about the nature and purpose of God. The New Testament records, in memoirs and letters, the life of the Lord Jesus Christ, and the interpretation given to his life and teachings by the early church. There is also a history of the early church, and a book of prophecy. The Old Testament begins with the fall of man; the New Testament ends with the restoration of man.

THE OLD TESTAMENT

- The Old Testament is divided into five parts.....
- * THE LAW, Consist the first five books we call the Penditute. Genesis, Exodus, Leviticus, Numbers, Deuteronomy.
- HISTORY,-[twelve books] Joshua -to- Esther
- ❖ POETRY, -[five books] Job...to. -Song of Solomon.
- * MAJOR PROPHETS, -[twelve books] from Hosea.to. -Daniel.
- * AND MINOR PROPHETS. [twelve books] Hosea .. To. Malachi.

This arrangement of the books of the Old Testament was probably made about the middle of the 3rd century BC. It reflects the

Subject matter of the various sections, rather than the chronological order in which they were written.

THE NEW TESTAMENT

The New Testament is divided into six parts....

- BIOGRAPHY, -[four books] Matthew, Mark, Luke, and John.
- HISTORY, -none [one book] book of Acts.

- CHRISTIAN CHURCH LETTERS, --[nine books] from Romans.to. 2 Thessalonians.
- PASTORAL AND PERSONAL LETTERS, --[four books] 1 Timothy, 2 Timothy, Titus, 1,2 and Philemon.
- HEBREW CHRISTIAN LETTERS, -- [eight books] Hebrews, James, 1 and 2
 Peter. 1-2-3-John. and the book of Revelation
- * PROPHECY- [one book] Revelation.

The origin of this arrangement of the 27 books of the New Testament is in fact unknown. It reflects the logical and chronological order of the subject matter of each part, but it gives no indication of the order in which the books were actually written. The first New Testament documents to be written were probably the letter of James and the early letters of Paul [between AD 45 and 60] The four gospels, acts, the later letters, and Revelation were written between Ad 60 and 100. This is without too much speculation. THE MEANING OF "TESTAMENT"

"Diatheke" was used to translate the Hebrew word "covenant" this word was later changed from "suntheke"? Apparently because "diatheke" enabled them to place an emphasis on the divine initiative in formulating the covenant.

Ordinarily, a covenant requires the concerned parties to reach an equal agreement on its terms and conditions, and if either party breaches the contract, the covenant becomes void. By contrast, "diatheke" was usually applied to a situation where just one of the parties took full responsibility for formulating the covenant. In the context of scripture, "diatheke" describes a covenant in which God has arbitrarily laid down the conditions, without consulting man and God simply demands that we yield without argument to his terms.

So because "diatheke" held this special meaning of a unilateral contract, it was the word commonly used in the Greek world to describe what we would call a "Will" or a "testament". This was the translation given to it in the old Latin versions of the Bible, where it was rendered as "testamentum"; and from there it passed into English as "testament".

"Testament" is an allowable translation of "diatheke"; but it can be misleading, for to us it holds the idea of a benefit, which is bestowed only after the testator's death. However while it is true that the covenant God has made with us is given by death [that is Christ], and in this sense the covenant may be called a "testament," in other respects it is far removed from the ordinary "Will." Hence it is generally better to translate "diatheke" as "covenant" rather than "testament" for ref; Exodus 24:7 2Kings 23:2-21 Jeri 31:31 Luke 22:20 2cor 3: 14 and Hebrews 12: 24 there are plenty more however our information is drawn from theses alone. To the exception where Hebrews (: 15-18 where "diatheke" is used in senses, a "Will" and a "covenant."

SO NOW WE COME TO THE QUESTION"HOW DID THE BIBLE COME TO US?

Well before the time of Christ, the Old Testament had reached its final form, being accepted by the Jewish nation as their inspired "Scriptures" it then contained the same books as our English Bible, but in a different arrangement. The Jews, of course, did not know it as the "Old Testament" [nor do they to day] they used the following terms... THE LAW FIRST FIVE BOOKS OF THE OLD TESTAMENT. THE PROPHETS —[four earlier], Joshua, Judges, Samuel, Kings, [four later] Isaiah, Jeremiah, Ezekiel, The Twelve.

THE WRITINGS- THREE poetical, Psalms, Proverbs, Job.

FIVE SCROLLS- song of Solomon, Ruth, Lamentations, Ecclesiastics, Esther.

THREE OR FOUR BOOKS Daniel, Ezra and Nehemiah, Chronicles.

About 250 BC. A Greek translation of the Hebrew scriptures was made at Alexandria in Egypt. It was traditionally supposed to have been made by 72 Jewish scholars, this translation is called the Septuagint [seventy], and it is usually written as LXX. The LXX re-classified the OT books according to subject matter, and this is the order followed in our English Bibles. The Christian Churches first accepted these Jewish Scriptures as the ""word of

God" and added them to the Apostolic writings gradually over the years [Col 4:16] as the Apostles passed away the churches started to make copies and collections of all the available apostolic writings. These were scattered through the Roman Empire far and wide from the original manuscripts. The copies were done by hand and laborious work, travelling to various parts of the empire. The making of copies by hand was both tedious and dangers work and many perilous times. For 300 years imperial persecutions, during which many Christian died. Christians were compelled to meet in private and they kept their secret books well hidden or are put to death for it. It was Roman policy not only to kill the Christian believers but to burn theirs books also. This had one big advantage know one would risk their lives unless it was the genuine article and complete 66 books. Under such circumstances it was slow work for the churches scattered over the vast extent of the Roman Empire to come to uniformity in their collections of authentic Apostolic writings. Some of the books in the east did not become quickly in the west; and some issued in the west were slow to gain recognition in the east; each Church was very careful to satisfy itself before accepting any writings as genuine.

It should be mentioned and remembered that the chapter and verses numbers was not a part of the original text of Scriptures. Robert Stephen's introduced this in 1551AD. In places the system is clumsy and breaks the continuity of thought. Italics in the King James, or

Version, indicate that words lacking from the original text have been supplied by the translators to complete the sense of the passage in English. Most modern translations have some other scheme, which is usually explained in the preface. The printing, invented by John Gutenberg, 1454 AD, removed the danger of errors in the text, made Bibles cheap and abundant, and greatly promoted the circulation and influence of the Bible among all people. Up to this time all books had to be copied out by hand. In the Middle Ages a Bible could cost the wages of a workman for an entire year.

www.maxpages.com/independence

Re-written by [rev] Brian Richards. Of the "word of Faith Ministries" [Taree. NSW]

Learning to communicate In Today's World.

Many people have problems communicating, relating to people and being understood. For some, it becomes a nightmare experience as they suppress their feelings and opinions and allow communication breakdowns to decline into communication shutdowns. They find it easier to turnoff and retreat into a private world.

God never planned it that way. He desired fellowship so much that he created man to relate with Him, to talk with him. That's why we need to relate to people, to share our thoughts and feelings and to have them respond and share with us. We were created to communicate, with God and man. So we need to learn to communicate in every area of our lives, to god and to our families, to our husbands, our wives, our children and our work-mates. To the public in general and to the Church as a whole, regardless of denomination or differences.

Communication is like a network of lifeline supports, which we transmit to each other, and if we keep our lines open, we allow our fellowship & relationships to grow stronger. It is a skill and a process to be developed. In non-verbal forms, we successfully convey information by the positioning of our bodies. [E.g.] A frown or folding and crossed arms or legs, definitely says, "I disapprove of what you're saying and doing", where as an open gesture or smile communicates approval.

Successful communication is the ability to share information in a way that a person can understand what you are trying to say or relate. Listening to people enables the person to effectively receive the information shared.

James wrote [in James 1:19], "let every man be quick to hear [a ready <u>listener</u>], <u>slow to speak</u>, <u>slow to take offence and get angry."</u> Negative attitudes towards communication needs to be banished and replaced with a willingness to be involved in relating to people. Make a new starting point by leaving the past failures and negative experiences behind, and adopts these principles which will help you learn how to relate. <u>Speaking to be understood and hearing with understanding makes successful communication</u>.

<u>Listen.</u> Be a ready listener! God gave us two ears and one mouth, so we need to take care to listen long enough to understand what the other person is saying before we interrupt. Wait for all the information to be relayed before formulating a comment. We need to understand what is being said from the speaker's point of view. Sometimes as a listener we receive information wrongly and interpret it out of a previous experience. This causes the speaker to shut down and a stalemate occurs. At this point, remain willing to communicate.

Adopt a "work at it" philosophy! Cut off all escape routes to non-communication and take a fresh look at the personality of the other person. People are individuals, and display intrinsic personality traits, there are aprox

1

144 personality traits condensed into 12 to make up our personality profile. When we appreciate people as individuals, we respond with understanding to what they are really saying. So we need to <u>understand</u>, then speak. Maximise

Your communication skills by working at them all the time, it is an art that needs determination to develop it.

- Did you know that when you talk to a person, about six messages could be conveyed? They are:
- What you actually mean to say;
- What you actually say;
- What the other person hears you say;
- ❖ What the other person thinks he/she heard you say;
- ❖ What the other person says about what you said;
- ❖ What the other person thinks what you really meant when you said;
- ❖ What you think the other person said about what you said.

This list could be added to quite easily if the other person or persons are of another country or speak another language.

Apart from the fact people statistically only hear 20% of what is being said, people also have needs and understand conversation in the light of those needs. If the light isn't very strong, then their understanding becomes a clouded issue. Don't be offended or allow misunderstanding to cause communication to be cut off. Persevere. Press on. Be slow to anger. Don't allow frustration to build angry retaliations.

It's often easier to communicate with strangers than with loved ones.

Learn to identify and understand these degrees of communication:

It is just as easy to adapt a positive attitude here and say to yourself I have made up my mind I will be a good communicator, I will put in the effort to achieve this goal.

The first level of communication is <u>cliché conversation</u>. It's a safe harbour of social conversation and doesn't really require a response from the other person. "Good morning." Or "It's a beautiful day." Simple comments and friendly statements for surface contact only.

A deep relationship will never develop at this level so reserve it for crowds and broad social exchange.

The next level is a little more interesting. Still a safe conversation as it involves speculation of events or other people with no real personal involvement. "Did you notice that old dress she wore to the show?" Beware at this stage that conversation doesn't produce detrimental gossip. This category is reporting the facts about others.

A deeper level of expression on a personal note reveals <u>my ideas and</u> <u>judgement</u> as to how I feel about certain issues and ideas and why I make decisions. This step allows for a personal response from the listener at the risk of acceptance or rejection of the person. Invest at this stage. Share your ideas and opinions if you want to pursue a meaningful relationship with a person.

Now we are launching into emotional support relationships. Communication has woven a relationship strong enough to handle sustained levels of intellectual and emotional interaction. A freedom exists to toss ideas around without either person suppressing emotions. People involved in these <u>negotiations are much more than acquaintances</u>. They have become friends who have learned to develop trusting relationships, and share certain aspects of their lives with each other.

The most satisfying and fulfilling level is <u>complete emotional and honest</u> <u>communication</u> Risky! Intimate! This involves the risk of being rejected. Without love flowing at this level of communication, people would not be able to handle this and keep the relationship intact. The price of trust here is total vulnerability. All people really yearns for this type of relationship but not all people are willing to take the risk because of past hurts and fear rejection or abandonment. Quality time must be invested in communication to produce the intensity that will maintain these good relationships.

High level of communication begins when you're honest with yourself and others. Honesty leads to truth, which can be constructive or destructive. Assertive truth is speaking the truth without punishing others with your feelings. [Hence Psychological abuse.] Angry truth causes aggressive action and punishes people with words. Be truthful with sensitivity is love!

As people, we don't always relate very well when we are overtired or carrying financial burdens or anxieties. We need to be sensitive at this level when truth is being conveyed and not protrude past the present emotional state of the other person in a destructive manner. If it's not possible to measure the truth assertively and produce a right response, let the issue rest for the time. "A quiet answer turns away the wrath of an angry man."

If it's difficult to speak or relate without being aggressive, resort to safety and use body language. Perhaps all that is needed at this stage is a hug or a reassuring touch or a smile. Protect and develop your relationships with successful communication. People can be fragile. So handle them with care.

Written by Brian Richards. Website at www.maxpages.com/independence

Student PAPERS MADE BY REV Brian Richards. m.a.i.p.c.[M.A.C.A.]
Question 1 (6 marks)

DISCUSS FIVE PERSONAL CHARACTERISTICS THAT ARE IMPORTANT FOR EFFECTIVE COUNSELLORS.

Professional Counselling is a process through which one person, the trained counsellor, helps another person in his or her pursuit of emotional and mental growth and comfort. Counselling has its foundation in understanding human behaviour and its purpose in helping people develop coping mechanisms so that wherever possible they might live a life of relative peace and comfort. The role of a professional counselor is not to denigrate other professionals but to seek to work openly and collectively to the benefit of the client. The professional counsellor should at all times maintain the highest possible standards of professional, ethical, and moral conduct in all matters pertaining to clients. And shall at all times observe absolute confidentiality in all matters pertaining to the business of clients and their counsel. A professional counsellor maintains the best policies of referral practice to ensue that the clients needs are met.

The five characteristic chosen here are: Confidentiality (1)

Honesty in all our dealings (2)

Empathy (3)

Moral conduct (4)

Professional ethics. (5)

STUDENT PAPERS MADE BY REV BRIAN RICHARDS.M.A.I.P.C. [M.A.C.A.]

QUESTION 2 (6 MARKS)

What is "attending behavior"? Link the concept to the microskills mentioned in lvey 1994

The name "Attending behavior" arrives its name from British culture: "Attendant" in attending to a person, (e.g.)take notice off, take heed care for, courtesy, be alert, or to act of attending. Attending behavior then usually means attending to some-one needs, or attending to someone as a whole. We use our body's to talk some time action speaks louder then words sometimes, meaning we can look disinterested sometimes, the client can look disinterested in us also. In other words the old saying ": you can't judge a book by its cover" it is true, however most people do anyway. However by looking at a client squarely face to face, eyeball to eyeball, usually show you are attending to them and there behavior. I say usually because I minister a lot to Filipino's and this component would not apply to them, different cultures different components apply, but since we are talking about Australian cultures then the attending behavior mentioned here will apply. Yes by looking eye to eye, face to face, would generally mean that we are projecting our understanding, and giving them our undisturbed, individual attention, and above all listening to what is said. Leaning forward from time to time, at the appropriate times would indicate listening also. However this is only a general rule in Australia an indeed in some cultures would oppose a threat to their safety. We as a ministry team had to learn this by trial and error, in as much as in wide open spaces the Filipino would speak to us only 2"-3" inches from nose to nose, In Australia this would indicate a threat to our safety. So you see by this that not all the general rules would apply to every culture.

The first time we meet a client is important as we only have one chance to make a first impression, and our first impression we really do want to give them is they are welcome. So for this reason we should say "you are welcome" rather than say how are you? And risk sounding like the stereotype mention in the study guide. By the time we say how are you the client will really believe we have their interests at heart, not just

sounding like a salesman they heard 5 minus' previously down the street. A client that knows we care will always care for what we know. This as always been my motto in counselling for 20 yr. now.

STUDENT BRIAN RICHARDS NO.9914048 QUESTION 3 WHAT ACTIVE LISTERNING IS AND WHY IS IT IMPORTANT IN COUNSELLING SETTING?

Some times its not what we say, but its what we don't say that will get the work of a professional counselor done more effectively, this is basically what we call active listening.

Perfect timing our hu hu's and our Mm mm's & O dear' & sorry's are more important than speaking can be sometimes. A client that has been hurt many times has many feelings to deal with also, their experience can tell them, how you are traveling too. Sometime a client will judge on their feeling rather than what is being said. So that's why I say that it is important what we don't say also, but to show the client that we are still there we have humm's and Ooo and hu hu yes of course. We should always have tissues and water there for any emergency or to be hospitable. We should always give the client as much time to speak as they need, sometimes silent for us is good it help to clear our head and collect our thoughts, sometimes just the silence is all that is needed to prompt the client to speak. Other times I have been told that the silence is deafening and drowning them. However if the client needs a little help in this I usually say to them the last few words that was said, like you said you were frightened......and wait..... Or if silent too long then you could say "before we finish today lets do a reflection of what is said so we both understand what the issue is

here." Then do a reflection and then repeat back to them, their last words and wait again......

We repeat this a couple of times maybe all we need to do to get the person speaking again, reminding them that what is said here is completely confidential and that it is only repeated in this room only by us both never any one else.

It is vitally important that we never presume anything that was said it has to be said to be a factual domain, even if a person is cross arms, well leaned back in chair, with a cross look on his/her face we cannot say that they are angry unless they say they are angry.

We listen with our third hear as it were, but at the same time we do not presume. When I am counselling I tell the client what I am feeling. So they know how I too can have the same understanding of what they are trying to express. This is what I believe to be empathy with my client. I also being a Spiritual man listen to my heart and not my reasoning, as some times what makes sense in the natural can be all wrong. So it helps to have a Spiritual understanding also. People with problems need help first to trust the counselor, this can be done with simple door-openers such as: "can you tell me more about that""that sounds like a real problem to you",...(Or) "Lets talk it over" (or) "this sounds important to you, can you tell me some more about it" once a person is talking inject a few Hmm' I see' 'Really" just to let the client know you are tuned in with them. Try to get the client to talk about their feelings also.

To develop the feed back is important to me also as I need to know if they have received any teaching I may have given in the past, so when I am listening, I do a fare bit of reflecting, and paraphrasing what was said.

And when counselling I paraphrase what has been said to me during the session.

STUDENT BRIAN RICHARDS NO.9914048 QUESTION 4. WHAT ARE THE CONNECTIONS BETWEEN THEORY, RESEARCH AND PRACTICE IN COUNSELLING?

It is agreed that a professional must be built on dependable facts or truths in order to be credible, reliable and effective. The scientific process, or research, has been developed to create such knowledge. Theory is a set of interrelated propositions or

statements, organized into a deductive system that offers an explanation of some phenomenon (homans, 1964, in Monette, Sullivan, & Dejong, 1990, p.30)

In order to have methods we have to have our methods based on a theory and the theory arrives from a number of researches done by some body if not our own.

It is also believed that in order for us to have affective research of our own we must develop our learning skills. Learning is described as a relatively permanent change in response potentiality which occurs as a result of reinforced mental practice.

We look at methods developing into a theory such as the theory of Nature and Nurture developed into the personality of the persons make up develops the Carl Rogers approach to counselling that we all follow to-day, if we use the modern way of counselling.

And the primary determinants and drives of mankind is the sexual and aggression according to Sigmund Freud this a theory based on research, and we as counselors make a practice from some one else's research.

In conclusion Theory is only as good as the research and practice which it directs and gives meaning and substance to, and practice is only as good as the theory and research on which it is based.

BRIAN RICHARDS NO. 9914048 QUESTION 5 (A) Why is trust so important in counselling? Give some examples of how you could assist a client in developing trust in you as counselor.

As a counselor we are trained to have a non-judgmental attitude I believe it does not come naturally it is an acquired learned behavior and is a vital part of our training as counselors the client will know by feeling the welcome is genuine and begin to relax.

I usually start after the initial introductions tell my client that there is an absolute code of ethics here that we live by, work with, and have developed a reputation from, which the client can be totally assured that there is an emphatic confidentiality of everything said and done during the session of counselling. This I found needs to be said at every counselling session no matter if the client has heard me say this before, they will hear it all again and it is good practice for me also, and this build a trust and a confidence into the client and helps them to feel relaxed when speaking. Simple empathy is needed always this builds trust also simple empathy is communicating understanding of the client's point of view with respect to his or her experiences, behaviors, needs and feelings. Focusing on the client's point of view without necessarily agreeing with it is very useful in establishing and developing relationships with clients and helping them clarify both problem situations, in setting goals, and in developing strategies and plans. The starting point of the entire counselling process and each of its steps is the client's point of view, even when it needs to change, or be challenged to change.

Simple empathy focuses on the client's core messages, experiences, behaviors, needs, feelings, emotions and decisions. By building a trust we will see, in many situations the client's feelings and emotions are expressed honestly, and a willingness to learn from us to managing emotions. This usually means managing the experiences and actions that give rise to themselves. The importance of emotions should not be under emphasized, but it should not be overemphasized either. In many counselling situations, feelings and emotions may not necessarily be a key factor. However empathic responses are extremely important in counselling as they facilitate and deepen communication by focusing on the client's feelings rather than the specific content details of a session, this I believe builds trust.

STUDENT: BRIAN RICHARDS 9914048 QUESTION 6 WHAT MAY YOU OBSERVE IN A PERSON WHO IS EITHER; (A) AGERY?

The most obvious sign that a <u>person is angry</u>, is when they tend to raise their voice to a volume that we would think is un-exceptable to have normal conversation, and yet not always is this the case some times an unusual silence and the shuffling of feet during the silence intimates a discomfort. When a person is vocal and is talking at an expectable volume but talks all the time about taking revenge this too is a sign that a person is angry. Sometimes is only interested in war games if a child or watching things of a violent nature all the time would indicate also that there could be a deep hurt with suppressed anger. People that suffer from anxiety, or even depression can have suppressed anger, however this is not always the case. There many kinds of anger as there is many ways the anger will manifest in different ways, it would not be appropriate at this time for me to mention, and write(as space does not permit

Me to write) all the ways we see anger, in a persons life. However sometimes a person does not have to say a word, and through perception if one is sensitive enough can feel when anger is around them or has just entered their presence.(even on a phone) if one is trained to sense that.

(b) OR DEPRESSED? KEY SYMPTOMS; sadness, low mood, apparent physical weakness, sleep problems, loss of appetite, reduction in sociability, apparent intellectual slowness. (In cases of psychotic depression, there can be hallucinations and delusions.

When a person has depression (or) malignant sadness a powerful term coined by Lewis Wolpert, a professor of medical science at University college, London in malignant sadness: The anatomy of depression written after is own devastating personal experience with depression. For Wolpert, the term depression, in its contemporary usage where it can be applied to normal adaptive states of sadness, does not do justice to the crippling states of depression that many people experience. He suggests that sadness is to depression what normal cell growth is to cancer.

With depression forecast to be a leading cause of disability in the developing world by the year 2020, it is crucial that psychotherapists are well acquainted with the most up to date information available on depression in all its manifestations. However, what the diligent practitioner will find in their desire to become well informed is that much of the information available is quite contradictory, as reflected here. In all the debate about the most effective clinical approaches to the treatment of depression we find ourselves caught between the seeming polarities of cognitive behavioral therapies and

psychodynamically informed approaches. Some individuals respond beautifully to a CBT approach, managing to track powerful negative narratives and through this awareness, disarm the constricting influence of these narratives. And there are some individuals for whom a CBT approach is less than useful. A recent client advised me, in no uncertain terms, that she did not want me to suggest to her that she should book up social engagements on the weekend to escape her loneliness, as a previous therapist had done. There are many people who react strongly to the suggestion of rational thought. In fact, such people can be some of the most rational and sensible people I have encountered. For these people cognitive behavioral approaches can be almost insulting and can leave a person feeling very misunderstood. Many people come to therapy seeking a greater understanding of their 'character' for some people therapy is about an exploration of the 'unreasonable' side of their 'character.' For some people depression can come from faulty thinking, but it can also come from forces of an unknown source that have formed in the individual's character that have become set in ways that are oppressive and exhausting. It is here that psychodynamic approaches come to the forefront.

So we can see from this that depression is like having a battle in the mind, Abraham Lincoln said "a man is as happy as he puts is mind to be."

The Bible saith. "As a man thinketh in is heart so is he"

We use a common expression "O yes I believe that with all of my heart"

In the Bible book of acts it says "Think yourself happy"

So we see from this it is between the mind and the heart where the issues lie. (Or) we could say between the soul and the Spirit, some people believe, when the soul and the Spirit become disjointed it will course depression. As the soul then uses a wrong spirit for rectification.

There are many kinds of depression manic depression, reactive depression, endogenous depression, bipolar depression, unno depression; (just to name a few) it is an emotional disorder knows as affective disorder that chemicals are made which causes reactions within the body. It is an affective disorder characterized by alternating moods of

excitement and elation, and desponpondecy and sadness, often with periods of normal moods in between.

STUDENT: BRIAN RICHARDS 9914048 QUESTION 7. What is the difference between an open and a closed question? What purpose do they serve in counselling? Give an example of each:

We tend to draw more information out of an open question, rather a closed question.

A closed question could be... would you like me to buy an ice-cream son? (ans. Yes /no)

An open question draws more information. Do you like different flavored ice-creams?

The simple question everyone uses to-day is "How are you"? Is an open ended question that has room for anything? However if I said are you feeling well...the answer is a (yes or no)

Is considered to be a closed question.

The purpose here is to draw more information, so the client will tell you more with an open-ended question.

MAJOR FUCTION; I we use open questions effectively, we can expect the client to talk more freely and openly. Closed questions will elicit shorter responses and may provide you with information and specifics. Like attending behavior, questions can encourage or discourage clients talk. The client is often talking within your frame of reference. Open questions usually start with, what, why, how, or could, open questions are those that cannot be answered in just a few words. Closed questions are those that can be answered with just a few words and or even the simple yes or no answer. Interesting to note that closed questions are those that most likely start with are or do. E.g. "Are you living with your family" ans.: (yes or no) closed question, and just enough information given.

STUDENT: BRIAN RICHARDS NO. 9914048 QUESTIONS 8 DEFINE ENCOURAGERS,
PARAPHRASES AND SUMMARIES IN COUNSELLING. EXPLAIN THE PURPOSE OF EACH OF
THESE ELEMENTS IN A COUNSELLING INTERVIEW.

ENCOURAGERS: Well encourages have been described as head nods, open gestures, and positive facial expressions that encourage the client to keep talking. Minimal verbal utterances such as "hummm" and "ugh' have been the same effect. Silence, accompanied by appropriate nonverbal communication, can be another type of encourage. All these encourages affect the direction of the client talk only minimally; clients are simply encouraged to keep talking. Restatements and repetition of key words, on the other hand, have more influence on the direction of the conversation, and are more likely to draw the client out to talk.

PARAPHRASING:

At first glance, paraphrasing appears to be a simple skill, only slightly more complex than encouraging. In restatement and encouraging, exact words and phrases are fed back to the client, but in a shortened and clarified form. A re-frame or re-framing can be seen as the same as paraphrasing. However if we are able to give an accurate paraphrase to a client then we are more likely to be rewarded with a "yes that's right" and then is likely to explore the issue to a greater depth, and further more accurate paraphrasing is more likely to stop the client from repeating them self an go on to more information.

SUMMARIES:

Summarization's fall into the same category of restatements and paraphrase.

Summarization's however, encompass a longer period of conversation; they may cover the entire session of counselling or may cover the highlights of several sessions in

order to clarify any points of interviews and counselling sessions to bring up to date. Summarizations may be used to begin or to end an interview or a session of counselling, or to transition to a new topic. This brings clarity to both client and counselor and can move on from restatements and lengthy complex issues or statements.

STUDENT BRIAN RICHARDS NO. 9914048 QUESTIONS 9 WHAT IS CONFRONTATION AND WHEN SHOULD IT BE USED IN COUNSELLING?

COUNFRONTATION:

Confronting used to challenge clients who provide mixed messages (cognitive dissonance) or when non-verbal behavior is inconsistent with what is being said. We do not attempt confronting the client in the initial part of the relationship. Confronting requires a combination of skills such as client observation, questioning, reflective listening and feedback.

Responses may be one of denial, we may need to proceed by examining the conflictfocus on the words, the behavior, no judgmental words, and no put downs.

If a client responds favorably to confrontation it is a general indication that there is a readiness to move towards a resolution of the situation.

READ THE FOLLOWING CLIENT STATEMENT CAREFULLY AND ANSWER **QUESTION 10.**

THE FOLLOWING QUESTIONS RELATED TO THAT STAEMENT.

"I split up with John two years ago and I find it really hard to manage the kids. I thought I would be free of all the fights and arguments he was violent you know. The kids are getting on my nerves and the older one is just like his father-abuses me all the time. I thought going to uni would give me a new start, but they keep talking about domestic violence and it always reminds me of John and now my son"

(a) WRITE FOUR DIFFERENT MINIMAL ECOURAGERS FOR THIS CLIENT STATEMENT.

- (1) It is encouraging to know that you are not prepared to lie down and except defeat that you can see that getting out and meeting people and taking on a new Arizona and new challenge is very brave and encouraging.
- (2)It is only a natural response to be alarmed at the domestic violence every time you hear it, it reminds you of the violence you have come out of .Is it considered time enough to heal the wounds and memories, maybe it is a bit soon. However there is help available in counselling the special kinds of counselling I have in mind is (e.m.d.r.) (see notes attached) this will help to recover from the memories of violence.
- (3)It is encouraging to know you want to move on with your life rather than stay in the feeling of being trapped and giving up on life and going into depression. However maybe your son is violent towards you through a learned behavior that tells him to react this way when he does not approve of his mother being taken away from by the university taking up so much of your time. Maybe its time to talk to him about what he would like to see his mummy do. Now that daddy is not around, and that it's not any body's fault that daddy not around. Explain to the son that Daddy was sick and he has gone away to get well.
- (4) To be encouraged that at least she has not lost her children D.O.C.S. could have taken them away if they were in domestic violence and the children were harmed. So at least now the mother does have the control where she can seek help and counselling for the children at no cost to herself as the government do have special funds available for children that have been victims of domestic violence, and help is available for the whole family and mother can have support to be encouraged to go to university as long as its not just an escape that she is using.

(b)

WRITE A PARAPHRASE FOR THIS CLIENT RESPONSE:

So let's see if I have this right. After you split up with John you thought it would be good to be free from the violence. And going to university would be good to keep you busy and take your mind of things, but you feel its not working because they keep reminding you of the violence by there lectures, and home life is still not so good

because your son who is so much like his father and has become violent and abusive towards you, the same as his father was. You are finding to hard to manage, and need some help?

(c)WRITE A REFLECTION OF FEELING FOR THIS RESPONSE.

In reflection you feel you want to give up, you have come to an end of striving to get things to be a happy home life, and you now know you need help.

You find it hard with-out John to manage the children by your self, even though you have known that life could have been better with out all the violence from John. It appears to be happening all over again with your son, because he is so much like John his father. You thought you had a fresh start going to University, but your hopes have been dashed because at University talks too much about violence. This reminds you of what you went through with John, and what you are still going through now, with Johns' and your son.

(e) WRITE A SUMMARY RESPONSE (GENERATE IMAGINED INFORMATION OBTAINED IN THE REST OF THE INTERVIEW).

So now we have decided to allow the available people to help you, that you didn't' know was available to help. You are starting to see a light at the end of the tunnel again.

You have stopped thinking that you are a bad mother because you did pursue a career

That you always wanted and was never allowed pursuing before. Now you see no longer the victim, that there is help for the home life problems and you are feeling confident again. You are starting to believe that you are doing the right thing, in seeking help and that help is not out of reach for you financially. There is help for the children and help for you with special counselling available, and now you see that it is possible for you to continue with your studies in University.

QUESTION 11 DICUSS WHETHER IT CAN BE APPROPRIATE FOR COUNSELLOR TO DICLOSE INFORMATION ABOUT HIM/HER SELF TO A CLIENT.

At this stage I would ask if there was any chance for John to come back into her life if he was a changed man and rehabilitated. I would disclose to the client that I personally have known men that are violent through alcohol & drug abuse to be totally rehabilitated and be a kind loving man....Then I would say you are looking at one now! With no more information than that would not go into any details. This information was only food for thought on her behave and to let her know that I really do understand, how bad it can be. And give her the assurance that there is no condemnation at all.

I would also let the client know that if she still has contact with John from time to time and if alcohol & drugs are a problem to John still. Then I would be available to counsel John also if that was O.K. with the client at hand.

I would let my client know of the involvement's I have with other Organizations outside of counselling like alcoholics anonymous, and grow, and several church groups, children's ministry through World Vision Inc.

STUDENT: BRIAN RICHARDS. NO. 9914048 QUESTIONS 12 WHAT IS MEANT BY "THE THERAPEUTIC RELATIONSHIP" IN COUNSELLING?

These are the elements that go to make the therapeutic relationship, responding to the feelings, thoughts and actions of the client. Counselling involves responding to the feelings, thoughts and actions of the client. The counselor therefore deals with both attitudes and behaviors of the client. Different approaches will favor an emphasis on say feelings, others will focus on behaviors and actions, and yet others will attempt to respond to both. Which ever method and style we eventually favor as a practitioner we will be building to a relationship with the client on the basis of four core conditions of counselling, namely:

(a) EMPATHY

(b) POSITIVE REGARD

(c) GENUINESS

(d) CONCRETENESS.

The first three were outlined back in 1957 by Carl Rogers who has been named already. His work has had profound effect on the practice of counselling and although certainly not current it is interesting and relevant to try to get hold of some of his works.

PERSONAL STYLE:

Although we can learn the basics of counselling, we still tend to develop our own styles of therapeutic psychotherapy I personally have developed a therapy that has become my own style attachment is included with the notes as (e.g.). Its foundation teaching stems from (EYE MOVEMENT DESENSITIZATION AND REPROCESSING) – Bessel A Van der Kolk, M.D. Director HRI Trauma Center, Associate Professor Psychiatry, Harvard University.

STUDENT: BRIAN RICHARDS. NO.9914048 QUESTION 13 CONSIDERS THE FOLLOWING CASE SCENARIO:

Tania is 42 year old women who came to Australia from northern Europe with her husband and 2 young children 5 years goo. She has reasonably good English and works from home doing ironing and mending. He her husband Stefan is a carpenter and is self employed. She has been referred via the local doctor, having sleep problems and recurrent non specific illness. She appears nervous on arrival. The problem as she

sees it is that she and her husband can't' agrees on issues around disciplining the children, and she is expressing concern and anxiety.

Following the first exploratory session you feel some unease.

- (a) If you were the counselor, what would be some of your values that might impact on the session?
- (b) Where have these values come from?
- (c) How can you use this understanding to assist you in the following sessions?

My unease at this stage is I feel I am not getting the full picture, so I would ask a few open-ended questions, concerning the disciplining of the children.(e.g.) I would ask if there was any hitting, or shouting, if yes are there any marks on the children.

I would ask how their sex life is. I s there any sickness with Stefan? How does he like Australia? The weather? The Christmas? Does he miss his own family? Does Tania miss her own family? What does Tania expect from coming to Australia? What does Tania expect from coming to counselling? To what extent is either of them Tania or Stefan willing to change? How does Stefan feel about counselling? Does he know the doctor has refereed you to counselling? What did the Doctor say was the sickness? What medication is Tania on now? When was the last time Stefan went to the Doctor? Is Stefan on any medication? Does Stefan drink, smoke, How is his health generally?

I would make it quite clear that in Australia there are laws against abuse, physical, and psychological abuse, especially with children. Then I would ask her does she know this? And does she think there could be abuse of any kind, toward her or the children? In Europe there are many things that are not considered abuse however in Australia it is much different. Tania is not expected to put up with the violent or abusive behavior either towards her or her children. I would ask her if there are any unreasonable demands put on her, or the children, according to the lifestyle she now leads. The Values That Tania expressed was due to their religious & cultural beliefs before coming to Australia.

(b) These values could have come from some Cultures (or) religion like Quakers for example and Tania husband is very strict in bringing up the traditions of Quaker here

in Australia.

(c)I have Video's on hang in my office where clients can glean from my teachings in cultural & religious beliefs, and I would counsel Tania along these lines also I would make sure that my wife would be available at all sessions. Mainly to console her and confirm some of this teaching and offer further therapeutic counselling including be friend-ing her to go to special meetings of group therapy.

QUESTION 14 (A) DICUSS WHAT IS MEANT BY "UNCONDITIONAL POSITIVE REGARD".
HOW USEFUL IS THIS AN ONCEPT IN THE REALITY OF A COUNSELLING RELATIONSHIP?
ILLUSTATE YOUR ANSWER WITH REFERENCE TO A SITUATION WHERE YOU MAY FIND
THIS CONFRONTING TO YOURSELF.

(OR)

(B) WHY, ACCORDING TO IVEYS MICROSKILLS HIERARCHY IS SKILLS DEVEOPMENT IMPORTANT FOR THE COUNSELLOR? TO ILLUSTATE YOUR ANSWER INCLUDING A VALUEATION OF YOUR OWN SKILL DEVELOPMENT DURING THIS SEMESTER.

N.B. LENGTH OF ESSAY SHOULD BE ROUGHLY 800 – 1000 WORDS. INDICATE CLEARLY

THE OUESTION YOU ARE ANSWERING.

IN ANSWERING THE FIRST QUESTION CONCERNING A POSITIVE REGARD TO MY CLIENT. The professional counselor is a person who has traveled the road of self-knowledge, self-discovery and self-acceptance. A person, who is empathetic, understands human behavior, and who has developed acceptable coping behaviors. One who cares for his fellow man, and who is willing to offer unconditional positive regard and non-judgmental support for his client.

Always building the client up, never pulling them down, and leaving his own personal beliefs, and opinions and views on the shelf. Always having the client's best interests at heart, working and mediating forwards towards a positive attitude. Giving the client positive affirmations as a therapeutic resolution until next counselling session. In conclusion to these notes, I have included a few notes from my private practice hoping it will help with some clarity to personal methods ,ext.(I would also like to add that a coffee was spilt over my notes, at home and these are replacement notes, only front page was saved).

REFERENCES:

Corey,G., 1996, Theory and practice of counselling and psychotherapy 5thedn, Pacific Grove CA: Brooks/Cole

Clarke DR J 1998 Relationship Counselling and Conflict Resolution. First edition. published by J & S Garrett Pty. Ltd. ACNO68 751 440

Egan, G.1994, The skilled helper: A problem-management approach to helping. Brooks/Cole Pacific Grove CA.

Geldard, D. 1998, Basic personal counselling. 3rd edn, Prentice Hall, Sydney.

Ivey, A.E. Ivey MB. & Simek-Downing, L (1980) Counseling and Psychotherapy $Brooks/Cole:Pacific\ Grove\ CA$

Ivey, A E. 1993, International interviewing and counseling: Facilitating Client Development in a Multicultural Society 3rdedn, Brooks/Cole, Pacific Grove, CA.

Ivey, A. E., Ivey, M. B. & Simek-Morgan L. 1993, Counselling and Psychotherapy: A. Multicultural perspective. 3rd edn. Allyn & Bacon, Boston.

Scissons, E.H. 1993, Counselling for results: Principles and practices of helping. Brooks/Cole, Pacific Grove CA.

Meier,S.T. 1993. "The Elements of Couselling" Brooks/Cole Publishing Company, California

BRIAN RICHARDS & ASSOCIATES:

Appointments can be made by phoning (02) 65512418 (or) MOBIL 0407274658 Taree, N.S.W. 2430 brichards22@msn.com

DESCRIBING THE THEORY OF STRESS:

Stress is described simply as a discomfort, However there are many kinds of stress as there are many kinds of discomfort, physical, psychological, and emotional.

As a counsellor it is important we develop an awareness of the differences between the physical, mental, and emotional, and then try to identify the courses of the problems which emanate initially from any or all of these. They also can overlap from time to time, an example being a person suffering emotional abuse by the way of deprivation, becoming anxious and confused (psychologically) being unable to express normal feelings of love and attraction (emotionally) and suffering headaches and sickness (as associated physical effect). Stress is a disorder with effects, which range from the barely noticeable to the very serious and can in some cases cause disability or death. Very obvious and common chronic stress effects can include physical symptoms eating and /or sleeping disorders and /or feeling sick all the time, and mental and emotional effects including a related lowering of self image. In most cases the counsellor is able to find the cause and effect relationship and is able to find an appropriate way to remove that cause as by awareness and perception by the sufferer. By this we avoid the acute stress, (short term). As we give a mediating response in positive words in affirmation, the attitude is changed, and attitudes play a critical role in determining our general behaviour, and emotional, mental, and physical wellbeing. More often than not, these learned values contribute to the cause of a problem...For example we have learned that a man is king of his castle (old English tradition) and must be the provider. The bible says a man whom does not provide for his family is worse than a infidel, this is reinforced by words like dole bludger and sponger, until an accepted association is formed between the inability to provide and being a dole bludger, an infidel and our attitude towards being un-employed are generally unfavourable and can cause severe stress for the person so afflicted.

1

One of the most important things for a counsellor to remember is not all have had the same learning and not all have had the same experiences. Therefore, when we are to think in terms of an attitude or what a particular person has learned about such and such, we must be careful that we ask the right questions, and we must not be judgemental in our attitudes, we can see how a person has formed their idea's from, their particular learning experience.

IN SUMMARY OF DESCRIBING STRESS

As the internal relationship between our instinctual and mental schema's is always there because, no matter what happens outside, and even when we sleep, there is a continual internal communication, interaction and processing between the instinctual and mental forces and at both the conscious and the unconscious levels. An example of internal stress becoming an external, the client comes to the counsellor in a state of incongruence; that is a discrepancy exists between their self-perception and their experience in reality. For example, a college student may see himself as a future physician, and yet his/or her below average grades might exclude the student from medical school. The discrepancy between how the student themself (self-concept) or how he/or she would like to view themselves (the Ideal self-concept) and the reality of their poor academic performance might result in anxiety and personal vulnerability, which can provide the necessary motivation to enter into therapy with the counsellor, or referrals. This client must come to the understanding by the help of the counsellor that there is a problem existing, or at least that there is a discomfort with mental self, and emotional self. With the help of the counsellor he/or she will have the awareness that there is a psychological adjustment needed, and to want to explore the possibilities of change. In conclusion to this summary, stress is simply a discomfort that becomes a disorder, and I would say that we are motivated to actualize ourselves in the reality that we perceive.

> Written by Brian Richards.a.i.p.c.[M.A.C.A.] http://www.maxpages.com/independence

BRIAN RICHARDS & ASSOCIATES: A.B.N.39.326.050.887 Affiliated with "The Word of Faith Ministries International" POST OFFICE BOX 1116 TAREE NSW 2430 TAREE AUSTRALIA

Mobile phone 0407274658 Fax 02 65512418 Home Phone 02 65512418 E-mail brichards22@msn.com

The 5 guidelines for emotional well-being are

- Accept your feelings
- Know your vulnerability's
- Develop your talents & interests
- · Become involved with other people
 - · Know when to seek help.

SPECULATIONS ON HOW EMDR MIGHT WORK TO ALLEVIATE PAIN Mark Grant M.A.

Introduction:

EMDR (Eye Movement Desensitisation & Reprocessing) EMDR is a new psychological therapy that utilises a combination of focused attention and bilateral eye movements to help "reprocess" traumatic memories and/or unpleasant thoughts and feelings. EMDR often facilitates profound change in the affect, including physical sensations that accompany distressing situations or memories. Despite having more research than any other trauma treatment, the efficacy of EMDR continues to be debated. There is also a debate as to whether EMDR represents something new, or is just a clever re-packaging of existing techniques. (Devilly, 1996) For the purposes of this paper, EMDR is treated as a single distinct approach, incorporating different elements from existing methods, with the addition of innovative elements

Although EMDR began as a treatment of trauma, clinicians soon it found it effective in the treatment of other problems including addictions, anxiety, and pain. Despite a number of case studies and conference presentations, there have only been two studies into the efficacy of EMDR as a treatment for pain, (Hekmat Groth & Rodgers, 1994, Wilson Tinker & Becker, 1997 - unpublished pilot study). It seems that the pattern of use of EMDR with pain will follow that of trauma with research support lagging far behind clinical application. Meanwhile, clinicians have to justify what they are doing and why. Often the fact that what they're doing seems to work is not enough. In this early stage of research and development, this paper aims to provide support, for clinicians who are using EMDR in the treatment of pain by drawing together what is known about how psychological treatments work, and recent neurobiological discoveries. It is also hoped to stimulate that most important of scientific attributes, curiosity and highlight directions for research.

The mechanisms by which EMDR might work are the subject of much debate and research. Dr Francine Shapiro, the originator of EMDR, has stated that perhaps EMDR is harnessing some kind of innate information processing ability, similar to what is might operate during REM sleep. What this information processing capacity is and how it works are only dimly understood. Other theorists have suggested that EMDR is just a very effective way to unblock energy locked in our body. All we can say, maybe, is that EMDR seems to be activating unconscious capabilities for transducing information in the form of thoughts and feelings.

There is no general agreement as to what constitutes this information processing mechanism. However, recent research into the neurobiology of emotions and trauma has made possible some understanding of how emotions and thoughts are 'processed' by the brain and body. (Le Doux, 1996. Van der Kolk, 1996). These discoveries have been summarised in the popular best seller 'Emotional Intelligence' (Daniel Goleman, 1996). One interesting finding is that the brains of people who have suffered trauma are different from those of none-traumatised persons. (Le Doux etc, ibid). Consequently, there is curiosity about whether psychotherapy might reverse or alleviate these abnormalities, (Goleman, 1995) including EMDR. (Bergmann, 1996) and also how. EMDR seems to be effective in reducing the emotional component of some problems, (Shapiro, 1989, 1995, Wilson Tinker & Becker, 1995). Chronic pain is a problem with a significant affective component so it should be amenable to this form of treatment. To try and talk about how EMDR might alleviate pain however is a formidable task indeed. Pain is a very complex problem, medicated by a huge array of variables. While there is research support for the efficacy of traditional approaches such as relaxation, even hypnosis, there are only hypotheses as to how these interventions might actually

mediate the pain response. Most of these hypotheses are really couched in terms of psychological processes, eg; relaxation response, and don't include investigation of neurological phenomena. It must be said that at this stage, no psychotherapy or method could survive the burden of proof that an understanding of its biological underpinning's would demand.

EMDR, because of its unusual characteristics, the speed at which change occurs etc, demands a thorough explanation. Thus this discussion will focus on both psychological and neurological processes, but with an emphasis on the latter. Increasing knowledge about neurological correlates of emotions, trauma and even pain make it possible to attempt to explain psychotherapy in terms of both mental and neurobiological processes. For example, Goleman recently described psychotherapy as a kind of "emotional tutorial" wherein the successful patient is one who has learned to control their "overactive amygdala." (1996, p213). The inclusion of knowledge about neurobiology into our explanations of psychological processes makes for a more substantive and verifiable explanation.

Psychological Processes:

As I have already stated, understanding how psychological interventions affect pain is difficult. Some of the variables, which are known to influence the outcome of pain interventions, include different measurement criteria, different types of pain, the personality of the pain sufferer, the gender of the pain sufferer etc. Nevertheless, based on what is known about how other psychological approaches alleviate pain, we can make a number of relatively general suppositions about how EMDR might help alleviate pain. The effects EMDR might have on pain can be described in terms of the traditional psychological processes and outcomes; relaxation, distraction, stimulation of release of natural opioids, and even placebo effects.

For example, distraction is a well-documented pain-management strategy. (Clum et al, 1982, Scott & Barber, 1977). The bilateral stimulation used in EMDR might simply work as a kind of distraction, providing relief by taking the sufferers attention away from the pain.

EMDR probably also works by stimulating a relaxation response. Hedstrom (1991) found that bilateral stimulation could stimulate relaxation. The bilateral stimulation might also work to by stimulating the release of endorphins. Many psychological pain-management techniques are thought to work this way, including hypnosis and placebo effects. Goleman (1985) has written of the "pain-numbing" response when endorphins are released enabling us to ignore pain when our survival depends on it.

Placebo undoubtedly accounts for some treatment effect in any psychological intervention. Estimates of the size of placebo effect range between a low of 12% and a high of 35% of treatment effect. (Simmonds & Kumar, 1994, Gaupp Flinn & Weddige, 1989)

All these hypotheses are attempts to explain how EMDR might alleviate pain in terms of traditional psychological processes, and hypotheses. We are using accepted hypothetical constructs and terms to 'explain' a noticeable effect, with only a limited understanding of how that effect is produced in the body.

Neurobiological processes:

Most of the research about EMDR has been in its applications to trauma and the reduction of associated distressing thoughts and feelings. Most of the research about the neurological correlates of psychological problems has been with trauma. Thus, any discussion of how EMDR might work to "reprocess" pain must begin with identifiable neurological parallels between pain and trauma, and the scant information that exists about how EMDR might influence neurological processes.

Much of what is known about the emotional brain comes from studies of trauma, although knowledge about the effects of chronic pain on the brain is increasing. Some of the significant parts of the Central Nervous System (CNS) that are involved in the experience of both pain and trauma are; the Prefrontal Cortex, the Amygdala and the Cingulate system

The amygdala regulates the emotional state of the brain. We know from trauma research that the amygdala mediates the fear response. The amygdala has also been implicated in the production of natural opioids. (Manning & Mayer 1995)

The Cingulate gyrus is the part of your brain that allows you to shift your attention from one thing to another, from one idea to another. Most pain sufferers probably employ their Cingulate system, in conjunction with their prefrontal cortex, when they use distraction to take their mind off the pain. Problems in the Cingulate system can lead to getting 'stuck' on certain thoughts or behaviours, aggressiveness, compulsively, which is seen in chronic pain sufferers and trauma victims. The functions of the prefrontal cortex include modulating concentration and attention and the ability to feel and express emotions.

The Central Nervous System is not 'hard-wired' but kept in a stable state by elaborate control mechanisms. If these control mechanisms become unstable, as a result of say prolonged stress, symptoms such as found in trauma and chronic pain can result. For example, Chronic pain is known to lead to over-sensitivity in spinal cord and Central Nervous System, ('Central Sensitization'Devor, 1996) and drug therapy is aimed at "turning down the volume" on

that sensitisation. Chronic Pain Sufferers also experience high levels of stress. Stress is known to lower Seratonin and low Serotonin is known to increase sensitivity to pain. Seratonin is an "anti-stress" chemical that inhibits transmission of nociception.

In both trauma and chronic pain there is increased activity in the right hemisphere. This is the hemisphere involved in expression and comprehension of global non-verbal emotional material. The activity of the anterior cingulate and the **frontal cortex** is altered during both pain and trauma.

In both trauma and chronic pain there is usually disruption to **REM sleep.** In trauma at least, this is known to be as a result of too much norepinephrine. (Henry, 1994) NB: REM sleep is known to be necessary for information processing.

Trauma victims, who were treated with EMDR and later given a SPECT brain scan, showed reduction in some of the neurological abnormalities associated with their condition. Specifically, the anterior cortex of the cingulate gyrus was activated, and the left hemisphere (Broca's area) became reactivated.

Nicosia (1994) found that examination of EMDR clients by electroencephalography (OEEG) revealed a normalisation in the slower brain wave activity of the two cortical hemispheres.

Summary & Discussion:

An increasing number of clinicians are employing EMDR in the treatment of chronic pain. There is little research evidence to support EMDR as a treatment for chronic pain, but what research does exist is favourable. The parallels between the processes of EMDR and other psychological methods, which even EMDR's detractors acknowledge, also lend support to its clinical application in this way.

Some processes by which EMDR might alleviate pain were identified. These are the same processes thought to be responsible for effects observed following traditional psychological pain-management interventions. Eg; relaxation, distraction, placebo effects, stimulation of natural endorphin's etc.

Parallels between neurological changes associated with pain and trauma were also identified. These were noted as lateralization effects, raised serotonin levels alterations in activity level of the anterior cingulate and the frontal cortex, disruption of REM sleep. We speculated about how EMDR might effect the neurological processes underlying the experience of pain

Neurological changes following EMDR treatment of trauma, include a resynchronizing of the two hemispheres. It has been suggested that the bilateral stimulation resynchronise the activity of the two hemispheres, perhaps because the repetitive alternating stimuli mimic the activity of the pacemaker mechanism. (Nicosia, ibid). If this is so, it means that at least the emotional component of trauma and probably pain too, can be 'reprocessed' with EMDR. This alone can lead to a significant reduction in suffering.

Speculating about the effects of EMDR on trauma, Bergmann has suggested that EMDR dampens down an overactive amygdala, allowing greater neocortical activity concerning the presenting problem, leading to greater integration of thoughts and feelings. In addition to its role in mediating the fear response, the amygdala has been implicated in the production of natural opiates. (Manning & Meyer, ibid). A hypothesis that would be worth investigating is the possibility that EMDR stimulates the amygdala to produce natural opiates.

The parallels between neurobiological abnormalities associated with pain and trauma, and the changes observed following EMDR treatment of trauma, invite speculation regarding the mechanisms by which EMDR might facilitate correction of the neurological processes associated with pain. There is enough tantalising evidence to suggest that similar processes may be at work in both cases. Some of the neurological changes that occur following EMDR treatment of trauma involve the same neurological processes that are involved in the experience of pain. (eg; lateralization effects, changes in the cingulate gyrus, changes in brain wave activity.) We can hypothesise that these changes are triggered in part by bilateral stimulation, leading to neurological effects responsible for alterations in the way pain is experienced.

Clinical use of EMDR in this area seems justified, but widespread acceptance of this application of EMDR obviously awaits the results of more research. Specifically, research is needed into the mechanisms by which EMDR can effect pain, as well as charting associated neurobiological changes.

Vol 3. No 1. Nov 1996.

References:

Bergmann, Uri (1996) Clum, GA, Luscomb RL & Scott L

Devilly, G

Gaupp, LA, Flinn, DE & Weddige RL

Goleman, Daniel (1985)

Speculations on the Neurobiology of EMDR. Unpublished monograph. Relaxation Training and cognitive redirection strategies in the treatment of

acute pain. Pain, 12, 175-183, 1982. EMDR and PTSD: The Score at half time. Psychotherapy in Australia,

Adjunctive Treatment Techniques in: Handbook

of Chronic Pain Management Ed: Tollison, David, Williams & Wilkins.

Vital Truths, Simple Lies, the psychology of self-deception. Bloomsbury,

Goleman, Daniel (1995)

Hedstrom, James (1991)

Hekmat Groth & Rodgers, (1994)

Henry, S (1994)

Jensen T (1996)

Le Doux, Joseph (1996):

Manning, Barton H & Mayer, DJ (1995)

Nicosia, G (1994)

Scott DS & Barber TX (1977)

Shapiro, Francine (1989)

Shapiro, Francine (1995)

Simmonds MJ & Kumar, S (1994)

Van Der Kolk, Bessell (1996)

Wilson, S Tinker, R & Becker L (1995) Brian Richards. a.i.p.c.[M.A.C.A.] 2000 UK

Emotional Intelligence. Bloomsbury, UK

A Note on Eye Movements and relaxation, Journal of behaviour Therapy

& Experimental Psychiatry. 1, pp37-38

Pain Ameliorating Effect of Eye Movement

Desensitisation & Reprocessing. Jnl of behaviour Therapy &

Experimental Psychology p 121 - 129. Hekmat Groth & Rodgers, (1994) How Does EMDR Work Anyway? EMDR Network Newsletter Issue 1, p

4-5.

Mechanisms of Neuropathic Pain in: 'Pain - an Updated Review'. IASP, 8th World Congress on Pain.

The Emotional Brain. Simon & Schuster, NY.

The central nucleus of the amygdala contributes to the production of morphine antinociception in the formalin test. Pain, 63 p 141-152

A Mechanism for dissociation suggested by the qualitative analysis of electroencephalography. Paper presented at the EMDR Annual

Conference, Sunnydale, Calif

Cognitive control of pain: effects of multiple cognitive strategies, Psychol

Rec 2. P 373-383.

Eye movement desensitisation: a new treatment for post-traumatic Stress

Disorder. Journal of Behaviour Therapy and Experimental Psychiatry, 20.

Eye Movement Desensitisation & Reprocessing New York, Guilford Pain & the Placebo in rehabilitation using TENS and Laser. Disability &

Rehabilitation. 16; 1. P13-20

Traumatic Stress, the effects of overwhelming experience on mind body

and society. Guilford Press, NY.

Eye Movement Desensitisation & Reprocessing (EMDR)

Treatment for Psychologically Traumatised Individuals. Journal of Consulting and Clinical Psychology, Vol 63. No 6. 928-937

Appendix A - Clinical Cautions:

There are certain conditions that must prevail for EMDR to be effective. The pain must not be so severe that the patient cannot concentrate. In the initial stages, the patient must be able to focus on both the pain and the EMDR stimulation simultaneously. It must be stressed that once the patient notices their pain, and attends to the bilateral stimulation that's all they really have to do. Not everybody can do this easily.

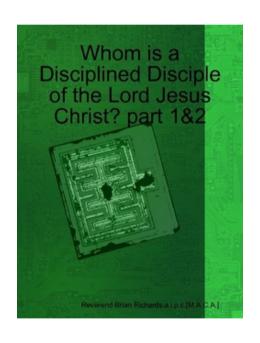
A full assessment is necessary prior to attempting to use this method with chronic pain. In addition to the usual contraindications (severe dissociative disorders etc) this method is not indicated where there is significant medical mismanagement (up to 50% of cases according to some estimates) and/or unresolved 'secondary gain' issues.

Finally, sometimes, pain persists, the therapist can do their best to remove blockages and stimulate processing, but EMDR cannot remove what is ecological. Pain can be 'necessary' for many reasons. It needs to be remembered chronic pain often comes with peripheral nociception, as well as neural phenomenon. The longer pain has continued the greater the changes to the nervous system. Other forms of management may need to be considered in addition to psychological treatments such as EMDR.

http://www.hon.ch/Conduct.htmlhttp://www.hon.ch/Conduct.htmlMark Grant subscribes to the HONcode principles of the Health On the Net Foundation

mailto:markgra@ozemail.com.aumailto:markgra@ozemail.com.au

Mark Grant M.A. (Psych) M.A.P.S. Wyong Medical Centre Plaza Village, Margaret Street, Wyong, NSW 2259 Australia





"THE BIBLE, THE BOOK ITSELF AND HOW IT CAME TO US" THE BIRTH OF THE BIBLE:

The problem of human relationship with God finally comes to this: "How can I know God's will, and do it?" Originally, God intended that man should be instructed in his will, and kept obedient to it, just by the influence of conscience. But the rule of conscience failed to preserve human innocence, and the first couple found themselves expelled from the Garden of Eden. At once God began to inaugurate a new principle, the rule of law; and the first major step in this process was taken when God called Abram to leave his native home, changed his name to Abraham ("father of a multitude," Gen 17:5) or the father of many nations some translation say's. This established him as the forefather of the Hebrew people. From among the Hebrew God chose the family of Israel, and this family he built into then nation that was destined to become the recipients and keepers of his written law (Rom.3: 1).

Accordingly, about 600 years after the call of Abraham, that is, about 1400BC, the time came for this written revelation to begin. It was to embody a history of the proceeding centuries, right back to the day of Creation, and it was to include God's laws, promises, prophecies, and the continuing Salvation-history of his people. Moses was the man chosen from among the thousands of Israel to commence the sacred writings-Moses received living oracles to give to us"(acts 7:38). This written law, by its permanence and freedom from corruption, would provide a more reliable guide to man than either conscience or oral tradition.

Having chosen the people of Israel to be the guardians of his law, God then guaranteed its preservation by separating Israel from all other nations, and by stamping indelibly upon the national consciousness a sense of responsibility towards sacred writings. Israel continually lapsed into idolatry. Again and again the nation persecuted the very prophets of God sent to teach them His law. The scriptures themselves ruthlessly exposed Israel's faults and warned of the coming judgment.

The prophets said however still this nation remained faithful to the task of killing the prophets and yet preserved what. Israel was receiving, recording,

And preserving the "<u>living oracles</u>." They killed the prophets, but preserved their prophecies! They received the laws of God, continually violated them, but

1

still jealously recorded those same laws! They worshipped Baal, but were careful to maintain the revelation of the true God! Across the centuries, <u>Israel gathered the words of God together</u>, <u>preserved them intact</u>, <u>and eventually</u> offered them to the world. And so they came to us.

The first mention of writing in the Bible is in Exodus 17:14, where the lord commanded Moses "to write in a book" the story of the fight with Amalek. However it maybe said that the actual commencement of the book that will outlive heaven and earth took place on the awful heights of Sinai, when Moses stood alone before God (exodus 19:16-) And from this Majestic beginning, about 40 persons, from all station in life, and spread over some 1600 years, were engaged in writing about 1400BC< and the last words were probably written by the apostle John about 97 AD in Asia Minor.

THE MEANING OF "BIBLE"

"Bible" is a collective term which is used to describe the group of books, which Christians believe, contain the only true and complete revelation of God's will for the human race. The word of "Bible" is not the title of a book, it is derived from two Greek words, "ta biblia," which mean simply, "the books". The early church added to "bibla" a distinguishing epithet such as "Holy" "Divine" "Sacred" " inspired", and this usage was adopted without alteration into Latin of the middle Ages. From Latin the words have come into English as "the Holy Bible", and this expression is now used by us all to refer exclusively to the collected sacred books of the Old and new Testaments. So it's worth repeating that "the Bible" is not the title of a book, but is the heading under many books, with which a great variety of style and content, are gathered. The message of these books is one. However that message comes to us through a wide diversity of style and of form. The Bible contains drama, philosophy, poetry, narrative, history, song, parables, proverbs, prophecy, and geography- in fact, almost every kind of literature; but it is all wonderfully moulded by the hand of God into a single divine revelation to mankind. Among the authors of the various books of the Bible were Kings, princes, fishermen, priests, shepherds, farmers, a tax-gatherer, politicians, scribes, prophets, poets, etc., -but all of these, we are told, spoke and wrote not from their own will, but only as they were moved by the Holy Spirit (2 peter 1:20-21.) The word "Scriptures" is derived from the Latin, and means simply "the writings." It occurs in John 7:42, Acts 17:11< Romans 4:3, etc. Another common description of the Bible is the "word of God"-see 2 Tim 2:9 Hebrews 4:12 etc.

THE DIVISIONS OF THE BIBLE

The Bible is composed of 66 books, and they are divided into two grand divisions known as the Old Testament and the New Testament; with 39 books in the former, and 27 in the latter. The Old Testament was written in Hebrew, with a few chapters in Aramaic, and the New Testament was written in Greek.

The Old Testament consists of a group of books current among the Jews in Palestine in the time of Jesus, because He accepted these writings as scripture; the early Christians accepted them also. The New Testament consists of a group of writings by a number of the leaders of the early church. From the earliest times these were accepted as being especially stamped with divine authority, and the churches on an equal footing with the Old Testament placed them.

The Old Testament records by history, type, prophecy and poetry, the story of the nation Israel about the nature and purpose of God. The New Testament records, in memoirs and letters, the life of the Lord Jesus Christ, and the interpretation given to his life and teachings by the early church. There is also a history of the early church, and a book of prophecy. The Old Testament begins with the fall of man; the New Testament ends with the restoration of man.

THE OLD TESTAMENT

- * The Old Testament is divided into five parts...
- THE LAW,. Consist the first five books we call the Penditute. Genesis, Exodus, Leviticus, Numbers, Deuteronomy.
- * HISTORY, -[twelve books] Joshua -to- Esther
- * POETRY, -[five books] Job...to. -Song of Solomon.
- * MAJOR PROPHETS, -[twelve books] from Hosea.to. -Daniel.
- ❖ AND MINOR PROPHETS. [Twelve books] Hosea .. To. Malachi.

This arrangement of the books of the Old Testament was probably made about the middle of the $3^{\rm rd}$ century BC. It reflects the Subject matter of the various sections, rather than the chronological order in which they were written.

THE NEW TESTAMENT

The New Testament is divided into six parts....

- ❖ BIOGRAPHY, -[four books] Matthew, Mark, Luke, and John.
- * HISTORY, -none [one book] book of Acts.
- CHRISTIAN CHURCH LETTERS, --[nine books] from Romans. To. 2 Thessalonians.

- PASTORAL AND PERSONAL LETTERS, --[four books] 1 Timothy, 2 Timothy, Titus. 1.2 and Philemon.
- HEBREW CHRISTIAN LETTERS, -- [eight books] Hebrews, James, 1 and 2
 Peter. 1-2-3-John, and the book of Revelation
- * PROPHECY- [one book] Revelation.

The origin of this arrangement of the 27 books of the New Testament is in fact unknown. It reflects the logical and chronological order of the subject matter of each part, but it gives no indication of the order in which the books were actually written. The first New Testament documents to be written were probably the letter of James and the early letters of Paul [between AD 45 and 60] The four gospels, acts, the later letters, and Revelation were written between Ad 60 and 100. This is without too much speculation. THE MEANING OF "TESTAMENT"

"Diatheke" was used to translate the Hebrew word "covenant" this word was later changed from "suntheke"? Apparently because "diatheke" enabled them to place an emphasis on the divine initiative in formulating the covenant.

Ordinarily, a covenant requires the concerned parties to reach an equal agreement on its terms and conditions, and if either party breaches the contract, the covenant becomes void. By contrast, "diatheke" was usually applied to a situation where just one of the parties took full responsibility for formulating the covenant. In the context of scripture, "diatheke" describes a covenant in which God has arbitrarily laid down the conditions, without consulting man and God simply demands that we yield without argument to his terms.

So because "diatheke" held this special meaning of a unilateral contract, it was the word commonly used in the Greek world to describe what we would call a "Will" or a "testament". This was the translation given to it in the old Latin versions of the Bible, where it was rendered as "testamentum"; and from there it passed into English as "testament".

"Testament" is an allowable translation of "diatheke"; but it can be misleading, for to us it holds the idea of a benefit, which is bestowed only after the testator's death. However while it is true that the covenant God has made with us is given by death [that is Christ], and in this sense the covenant may be called a "testament," in other respects it is far removed from the ordinary "Will." Hence it is generally better to translate "diatheke" as "covenant" rather than "testament" for ref; Exodus 24:7 2Kings 23:2-21 Jeri 31:31 Luke 22:20 2cor 3: 14 and Hebrews 12: 24 there are plenty more however our information

is drawn from theses alone. To the exception where Hebrews (: 15-18 where "diatheke" is used in senses, a "Will" and a "covenant."

SO NOW WE COME TO THE QUESTION"HOW DID THE BIBLE COME TO US? Well before the time of Christ, the Old Testament had reached its final form, being accepted by the Jewish nation as their inspired "scriptures" It then contained the same books as our English Bible, but in a different arrangement. The Jews, of course, did not know it as the "Old Testament" [nor do they to day] they used the following terms... THE LAW FIRST FIVE BOOKS OF THE OLD TESTAMENT. THE PROPHETS—[four earlier], Joshua, Judges, Samuel, Kings, [four later] Isaiah, Jeremiah, Ezekiel, The Twelve.

THE WRITINGS- THREE poetical, Psalms, Proverbs, Job.

<u>FIVE SCROLLS</u>- songs of Solomon, Ruth, Lamentations, Ecclesiastics, Esther. THREE OR FOUR BOOKS Daniel, Ezra and Nehemiah, Chronicles.

About 250 BC. A Greek translation of the Hebrew Scriptures was made at Alexandria in Egypt. It was traditionally supposed to have been made by 72 Jewish scholars, this translation is called the Septuagint [seventy], and it is usually written as LXX. The LXX re-classified the OT books according to subject matter, and this is the order followed in our English Bibles. The Christian Churches first accepted these Jewish scriptures as the ""word of God" and added them to the Apostolic writings gradually over the years [Col 4:16] as the Apostles passed away the churches started to make copies and collections of all the available apostolic writings. These were scattered through the Roman Empire far and wide from the original manuscripts. The copies were done by hand and laborious work, travelling to various parts of the empire. The making of copies by hand was both tedious and dangers work and many perilous times. For 300 years imperial persecutions, during which many Christian died. Christians were compelled to meet in private and they kept their secret books well hidden or are put to death for it. It was Roman policy not only to kill the Christian believers but to burn theirs books also. This had one big advantage know one would risk their lives unless it was the genuine article and complete 66 books. Under such circumstances it was slow work for the churches scattered over the vast extent of the Roman Empire to come to uniformity in their collections of authentic apostolic writings. Some of the books in the east did not become quickly in the west; and some issued in the west were slow to gain recognition in the east; each Church was very careful to satisfy itself before accepting any writings as genuine.

It should be mentioned and remembered that the chapter and verses numbers was not a part of the original text of scriptures. Robert Stephen's introduced this in 1551AD. In places the system is clumsy and breaks the continuity of thought. Italics in the King James, or Authorized Version, indicate that words lacking from the original text have been supplied by the translators to complete the sense of the passage in English. Most modern translations have some other scheme, which is usually explained in the preface. The printing, invented by John Gutenberg, 1454 AD, removed the danger of errors in the text, made bibles cheap and abundant, and greatly promoted the circulation and influence of the Bible among all people. Up to this time all books had to be copied out by hand. In the Middle Ages a Bible could cost the wages of a workman for an entire year.

Re-written by [rev] Brian Richards. Of the "word of Faith Ministries" [Taree. NSW]

BRIAN RICHARDS & ASSOCIATES: A.B.N.39.326.050.887

Affiliated with "The Word of Faith Ministries International"
POST OFFICE BOX 1116 TAREE NSW 2430
TAREE

AUSTRALIA

Mobile phone 0407274658 Fax 02 65512418 Home Phone 02 65512418 E-mail brichards22@msn.com

The 5 guidelines for emotional well-being are

- · Accept your feelings
- · Know your vulnerability's
- Develop your talents & interests
- · Become involved with other people
 - · Know when to seek help.

I am looking to generate some income I have written 5 short teaching material books with my autobiography and I think this material speaks for itself in the introduction. However I know that promotion of this book is what I need, to generate income from it?

2

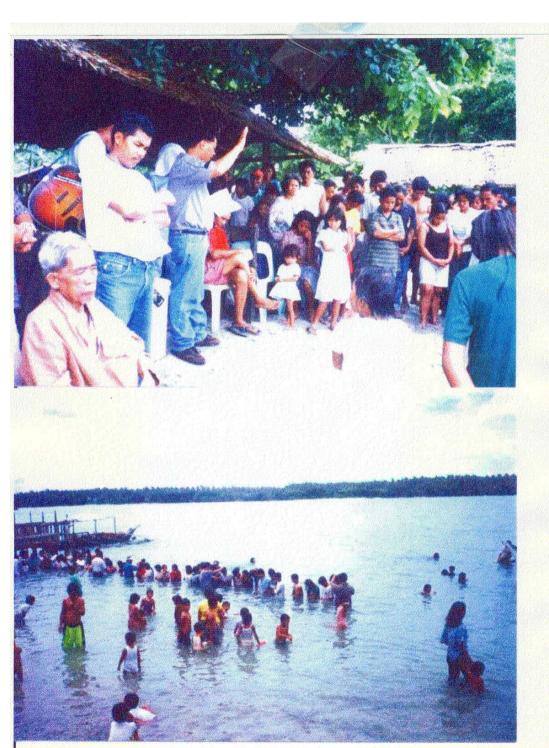
Now this material will truly bless you, with the presence of the Lord Spirit in every word you read. Reverend Brian Richards from the "Word of Faith Ministries International" (Australia) wants you to be blessed as you read his books so for this purpose he has made available an extra book of your choice. It is suggested that you purchase "Whom is a Disciplined Disciple of Lord Jesus Christ" and then you choose to collect "Blow The Last Trumpet In The Remnant Church" So this is what we want to bless you with the latest book is "Blow The Last Trumpet In The Remnant Church" when you order the set of (3)

"Whom is a Disciplined Disciple of the Lord Jesus Christ?" http://mylatestbook.com

Why not Start A Membership Site?

YOU BE THE FIRST TO JOIN?
http://revbrian.co.cc

```
<object classid="clsid:D27CDB6E-AE6D-11cf-96B8-444553540000"</pre>
 width="365" height="400"
 codebase="http://fpdownload.macromedia.com/get/flashplayer/current/sw
flash.cab">
 <param name="movie"</pre>
value="https://acrobat.com/Clients/current/ADCMainEmbed.swf" />
 <param name="quality" value="high" />
  <param name="wmode" value="transparent" />
 <param name="bgcolor" value="#202020" />
 <param name="allowScriptAccess" value="sameDomain" />
 <param name="allowFullScreen" value="true" />
  <param name="flashvars" value="d=XMBakeF0vjhb2ReOxiVYt0" />
 <embed src="https://acrobat.com/Clients/current/ADCMainEmbed.swf"</pre>
quality="high" bgcolor="#202020"
  width="365" height="400" align="middle"
 play="true"
  loop="false"
  quality="high"
  wmode="transparent"
  allowScriptAccess="sameDomain"
  allowFullScreen="true"
  type="application/x-shockwave-flash"
    flashvars="d=XMBakeF0vjhb2ReOxiVYt0"
 pluginspage="http://www.adobe.com/go/getflashplayer">
 </embed>
  </object>
Please read website for more details!!
http://reverendbrian.blogspot.com
and of course my latest book is all about me also
http://mylatestbook.blogspot.com
http://www.co.cc/?id=187099
and the new business
http://www.revbrian.ws
This is your love letter
http://slide.com/t/1/7/lgYZF7IycGcc
```





Richbi-step-4-Counselling technique

Written by Reverend Brian Richards.a.i.p.c.[M.A.C.A.]

http://revbrian.co.cc brichards22@domeus.co.uk

1{.e.m.d.r.}Done prayerfully

- 2. Client centred counselling Carl Rogers's technique
- 3. Prayer counselling
- 4. Healing perspective through the word of God.

First things first we had to tell the story of the true testimony of this modern day miracle healing of a physical and mental healing of body soul, and Spirit, in able to explain how this technique came about and has been developed, day by day until now. Through being disabled myself both physically and mentally, and putting into practice all the disciplines I had ever learned over the years of being a minister of religion, and a student of all kinds of disciplines. Including University studies of Social Sciences, Social Ecology, Psychology, Professional Counselling Degrees. Then this "richbi.step-4-Counselling Technique" Is being "Birthed" and now written for the first time so this is the first edition and of course without a doubt will be revised as more progress is being made over the years. We will be explaining the four steps along with the teaching and the therapy I have received and given to others. http://revbrian.co.cc

STEP ONE:



(E.M.D.R.) IS THE BEGINNING IS ALWAYS APPLLIED WITH PRAYER AND THANKS GIVING TO THE GOD OUR LORD JESUS CHRIST! FOR REASON BEING THAT IF WE CANNOT TAKE AWAY THE PAIN THEN WE CANNOT CONTROL THE MIND it is most important from the beginning to control the thoughts that is going on through the mind this is done through (e.m.d.r.)

1

SPECULATIONS ON HOW EMDR MIGHT WORK TO ALLEVIATE PAIN

Mark Grant M.A. & Reverend Dr. Brian Richards.

Professional Counselling is a process through which one person, the trained counsellor, helps another person in his or her pursuit of emotional and mental growth and comfort. Counselling has its foundation in understanding human behaviour and its purpose in helping people develop coping mechanisms so that wherever possible they might live a life of relative peace and comfort. The role of a professional counselor is not to denigrate other professionals but to seek to work openly and collectively to the benefit of the client. The professional counsellor should at all times maintain the highest possible standards of professional, ethical, and

Moral conduct in all matters pertaining to clients. And shall at all times observe absolute confidentiality in all matters pertaining to the business of clients and their counsel. A professional counsellor maintains the best policies of referral practice to ensue that the client's needs are met.

The five characteristic chosen here are: Confidentiality (1)

Honesty in all our dealings (2)

Empathy (3)

Moral conduct (4)

Professional ethics. (5)

Introduction:

EMDR (Eye Movement Desensitisation & Reprocessing) EMDR is a new psychological therapy that utilises a combination of focused attention and bilateral eye movements to help "reprocess" traumatic memories and/or unpleasant thoughts and feelings. EMDR often facilitates profound change in the affect, including physical sensations that accompany distressing situations or memories. Despite having more research than any other trauma treatment, the efficacy of EMDR continues to be debated. There is also a debate as to whether EMDR represents something new, or is just a clever re-packaging of existing techniques. (Devilly, 1996) For the purposes of this paper, EMDR is treated as a single distinct approach, incorporating different elements from existing methods, with the addition of innovative elements.

Although EMDR began as a treatment of trauma, clinicians soon it found it effective in the treatment of other problems including addictions, anxiety, and pain. Despite a number of case studies and conference presentations, there have only been two studies into the efficacy of EMDR as a treatment for pain, (Hekmat Groth & Rodgers, 1994, Wilson Tinker & Becker, 1997 - unpublished pilot study). It seems that the pattern of use of EMDR with pain will follow that of trauma with research support lagging far behind clinical application. Meanwhile, clinicians have to justify what they are doing and why. Often the fact that what they're doing seems to work is not enough. In this early stage of research and development, this paper aims to provide support, for clinicians who are using EMDR in the treatment of pain by drawing together what is known about how psychological treatments work, and recent neurobiological discoveries. It is also hoped to stimulate that most important of scientific attributes, curiosity and highlight directions for research.

The mechanisms by which EMDR might work are the subject of much debate and research. Dr Francine Shapiro, the originator of EMDR, has stated that perhaps EMDR is harnessing some kind of innate information processing ability, similar to what is might operate during REM sleep. What this information processing capacity is and how it works are only dimly understood. Other theorists have suggested that EMDR is just a very effective way to unblock energy locked in our body. All we can say, maybe, is that EMDR seems to be activating unconscious capabilities for transfusing information in the form of thoughts and feelings.

There is no general agreement as to what constitutes this information processing mechanism. However, recent research into the neurobiology of emotions and trauma has made possible some understanding of how emotions and thoughts are 'processed' by the brain and body. (Le Doux, 1996. Van der Kolk, 1996). These discoveries have been summarised in the popular best seller 'Emotional Intelligence' (Daniel Goleman, 1996). One interesting finding is that the brains of people who have suffered trauma are different from those of none-traumatised persons. (Le Doux etc, ibid). Consequently, there is curiosity about whether psychotherapy might reverse or alleviate these abnormalities, (Goleman, 1995) including EMDR. (Bergmann, 1996) and also how. EMDR seems to be effective in reducing the emotional component of some problems, (Shapiro, 1989, 1995, Wilson Tinker & Becker, 1995). Chronic pain is a problem with a significant affective component so it should be amenable to this form of treatment.

To try and talk about how EMDR might alleviate pain however is a formidable task indeed. Pain is a very complex problem, medicated by a huge array of variables. While there is research support for the efficacy of traditional approaches such as relaxation, even hypnosis, there are only hypotheses as to how these interventions might actually

Mediate the pain response. Most of these hypotheses are really couched in terms of psychological processes, eg; relaxation response, and don't include investigation of neurological phenomena. It must be said that at this stage, no psychotherapy or method could survive the burden of proof that an understanding of its biological underpinning's would demand.

EMDR, because of its unusual characteristics, the speed at which change occurs etc, demands a thorough explanation. Thus this discussion will focus on both psychological and neurological processes, but with an emphasis on the latter. Increasing knowledge about neurological correlates of emotions, trauma and even pain make it possible to attempt to explain psychotherapy in terms of both mental and neurobiological processes. For example, Goleman recently described psychotherapy as a kind of "emotional tutorial" wherein the successful patient is one who has learned to control their "overactive amygdalate." (1996, p213). The inclusion of knowledge about neurobiology into our explanations of psychological processes makes for a more substantive and verifiable explanation.

Psychological Processes:

As I have already stated, understanding how psychological interventions affect pain is difficult. Some of the variables, which are known to influence the outcome of pain interventions, include different measurement criteria, different types of pain, the personality of the pain sufferer, the gender of the pain sufferer etc. Nevertheless, based on what is known about how other psychological approaches alleviate pain, we can make a number of relatively general suppositions about how EMDR might help alleviate pain. The effects EMDR might have on pain can be described in terms of the traditional psychological processes and outcomes; relaxation, distraction, stimulation of release of natural episodes, and even placebo effects.

For example, distraction is a well-documented pain-management strategy. (Clum et al, 1982, Scott

For example, distraction is a well-documented pain-management strategy. (Clum et al, 1982, Scott & Barber, 1977). The bilateral stimulation used in EMDR might simply work as a kind of distraction, providing relief by taking the sufferers attention away from the pain. EMDR probably also works by stimulating a relaxation response. Hedstrom (1991) found that

bilateral stimulation could stimulate relaxation. The bilateral stimulation might also work to by stimulating the release of endorphins. Many psychological pain-management techniques are thought to work this way, including hypnosis and placebo effects. Goleman (1985) has written of the "pain-

numbing" response when endorphins are released enabling us to ignore pain when our survival depends on it.

Placebo undoubtedly accounts for some treatment effect in any psychological intervention. Estimates of the size of placebo effect range between a low of 12% and a high of 35% of treatment effect. (Simmonds & Kumar, 1994, Gaupp Flinn & Weddige, 1989)

All these hypotheses are attempts to explain how EMDR might alleviate pain in terms of traditional psychological processes, and hypotheses. We are using accepted hypothetical constructs and terms to 'explain' a noticeable effect, with only a limited understanding of how that effect is produced in the body.

Neurobiological processes:

Most of the research about EMDR has been in its applications to trauma and the reduction of associated distressing thoughts and feelings. Most of the research about the neurological correlates of psychological problems has been with trauma. Thus, any discussion of how EMDR might work to "reprocess" pain must begin with identifiable neurological parallels between pain and trauma, and the scant information that exists about how EMDR might influence neurological processes. Much of what is known about the emotional brain comes from studies of trauma, although knowledge about the effects of chronic pain on the brain is increasing. Some of the significant parts of the Central Nervous System (CNS) that are involved in the experience of both pain and trauma are; the Prefrontal Cortex, the Amygdalate and the Cingulated system.

The amygdalate regulates the emotional state of the brain. We know from trauma research that the amygdalate mediates the fear response. The amygdalate has also been implicated in the production of natural episodes. (Manning & Mayer 1995)

The Cingulated gyres are the part of your brain that allows you to shift your attention from one thing to another, from one idea to another. Most pain sufferers probably employ their Cingulated system, in conjunction with their pre-frontal cortex, when they use distraction to take their mind off the pain. Problems in the Cingulated system can lead to getting 'stuck' on certain thoughts or behaviours, aggressiveness, compulsively, which is seen in chronic pain sufferers and trauma victims. The functions of the prefrontal cortex include modulating concentration and attention and the ability to feel and express emotions.

The Central Nervous System is not 'hard-wired' but kept in a stable state by elaborate control mechanisms. If these control mechanisms become unstable, as a result of say prolonged stress, symptoms such as found in trauma and chronic pain can result. For example, chronic pain is known to lead to over-sensitivity in spinal cord and Central Nervous System, ('Central Sensitization'Devor, 1996) and drug therapy is aimed at "turning down the volume" on that sensitisation. Chronic Pain Sufferers also experience high levels of stress. Stress is known to lower Serotonin and low Serotonin is known to increase sensitivity to pain. Serotonin is an "anti-stress" chemical that inhibits transmission of nociception.

In both trauma and chronic pain there is increased activity in **the right hemisphere**. This is the hemisphere involved in expression and comprehension of global non-verbal emotional material. The activity of the **anterior cingulated** and the **frontal cortex** is altered during both pain and trauma.

In both trauma and chronic pain there is usually disruption to **REM sleep.** In trauma at least, this is no known to be as a result of too much or epinephrine. (Henry, 1994) NB: REM sleep is known to be necessary for information processing.

Trauma victims, who were treated with EMDR and later given a SPECT brain scan, showed reduction in some of the neurological abnormalities associated with their condition. Specifically, the anterior cortex of the cingulated gyres was activated, and the left hemisphere (Broca's area) became reactivated.

Nicosia (1994) found that examination of EMDR clients by electroencephalography (QEEG) revealed a normalisation in the slower brain wave activity of the two cortical hemispheres.

Summary & Discussion:

An increasing number of clinicians are employing EMDR in the treatment of chronic pain. There is little research evidence to support EMDR as a treatment for chronic pain, but what research does

exist is favourable. The parallels between the processes of EMDR and other psychological methods, which even EMDR's detractors acknowledge, also lend support to its clinical application in this way.

Some processes by which EMDR might alleviate pain were identified. These are the same processes thought to be responsible for effects observed following traditional psychological pain-management interventions. Eg; relaxation, distraction, placebo effects, stimulation of natural endorphin's etc. Parallels between neurological changes associated with pain and trauma were also identified. These were noted as lateralization effects, raised serotonin levels alterations in activity level of the anterior cingulated and the frontal cortex, disruption of REM sleep. We speculated about how EMDR might affect the neurological processes underlying the experience of pain.

Neurological changes following EMDR treatment of trauma include a desynchronizing of the two hemispheres. It has been suggested that the bilateral stimulation resynchronise the activity of the two hemispheres, perhaps because the repetitive alternating stimuli mimic the activity of the pacemaker mechanism. (Nicosia, ibid). If this is so, it means that at least the emotional component of trauma and probably pain too, can be 'reprocessed' with EMDR. This alone can lead to a significant reduction in suffering.

Speculating about the effects of EMDR on trauma, Bergmann has suggested that EMDR dampens down an overactive amygdalate, allowing greater neocortical activity concerning the presenting problem, leading to greater integration of thoughts and feelings. In addition to its role in mediating the fear response, the amygdalate has been implicated in the production of natural opiates. (Manning & Meyer, ibid). A hypothesis that would be worth investigating is the possibility that EMDR stimulates the amygdalate to produce natural opiates.

The parallels between neurobiological abnormalities associated with pain and trauma, and the changes observed following EMDR treatment of trauma, invite speculation regarding the mechanisms by which EMDR might facilitate correction of the neurological processes associated with pain. There is enough tantalising evidence to suggest that similar processes may be at work in both cases. Some of the neurological changes that occur following EMDR treatment of trauma involve the same neurological processes that are involved in the experience of pain. (eg; lateralization effects, changes in the cingulated gyres, changes in brain wave activity.) We can hypothesise that these changes are triggered in part by bilateral stimulation, leading to neurological effects responsible for alterations in the way pain is experienced.

Clinical use of EMDR in this area seems justified, but widespread acceptance of this application of EMDR obviously awaits the results of more research. Specifically, research is needed into the mechanisms by which EMDR can affect pain, as well as charting associated neurobiological changes.

References:

Bergmann, Uri (1996)	Speculations on the Neurobiology of EMDR. Unpublished monograph.
Clum, GA, Luscomb RL & Scott L	Relaxation Training and cognitive redirection strategies in the treatment of acute pain. Pain, 12, 175-183, 1982.
Devilly, G	EMDR and PTSD: The Score at half time. Psychotherapy in Australia, Vol 3. No 1. Nov 1996.
Gaupp, LA, Flinn, DE & Weddige RL	Adjunctive Treatment Techniques in: Handbook Of Chronic Pain Management Ed; Tollison, David. Williams & Wilkins, 1989.
Goleman, Daniel (1985)	Vital Truths, Simple Lies, the psychology of self-deception. Bloomsbury, UK.
Goleman, Daniel (1995)	Emotional Intelligence. Bloomsbury, UK
Hedstrom, James (1991)	A Note on Eye Movements and relaxation, Journal of behaviour Therapy & Experimental Psychiatry. 1, pp37-38
Hekmat Groth & Rodgers, (1994)	Pain Ameliorating Effect of Eye Movement

	Desensitisation & Reprocessing. Jnl of behaviour Therapy & Experimental Psychology p 121 - 129. Hekmat Groth & Rodgers, (1994)
Henry, S (1994)	How Does EMDR Work Anyway? EMDR Network Newsletter Issue 1, p 4-5.
Jensen T (1996)	Mechanisms of Neuropathic Pain in: 'Pain - an Updated Review'. IASP, 8 th World Congress on Pain.
Le Doux, Joseph (1996):	The Emotional Brain. Simon & Schuster, NY.
Manning, Barton H & Mayer, DJ (1995)	The central nucleus of the amygdalate contributes to the production of morphine antinociception in the formalin test. Pain, 63 p 141-152
Nicosia, G (1994)	A Mechanism for dissociation suggested by the qualitative analysis of electroencephalography. Paper presented at the EMDR Annual Conference, Sunnydale, Calif
Scott DS & Barber TX (1977)	Cognitive control of pain: effects of multiple cognitive strategies, Psychol Rec 2. P 373-383.
Shapiro, Francine (1989)	Eye movement desensitisation: a new treatment for post-traumatic Stress Disorder. Journal of Behaviour Therapy and Experimental Psychiatry, 20. 211-217
Shapiro, Francine (1995)	Eye Movement Desensitisation & Reprocessing New York, Guilford
Simmonds MJ & Kumar, S (1994)	Pain & the Placebo in rehabilitation using TENS and Laser. Disability & Rehabilitation. 16; 1. P13-20
Van Der Kolk, Bessell (1996)	Traumatic Stress, the effects of overwhelming experience on mind body and society. Guilford Press, NY.
Wilson, S Tinker, R & Becker L (1995) Brian Richards. a.i.p.c.[M.A.C.A.]	Eye Movement Desensitisation & Reprocessing (EMDR) Treatment for Psychologically Traumatised Individuals. Journal of Consulting and Clinical Psychology, Vol 63. No 6
2000	928-937

Appendix A - Clinical Cautions:

There are certain conditions that must prevail for EMDR to be effective. The pain must not be so severe that the patient cannot concentrate. In the initial stages, the patient must be able to focus on both the pain and the EMDR stimulation simultaneously. It must be stressed that once the patient notices their pain, and attends to the bilateral stimulation that's all they really have to do. Not everybody can do this easily.

A full assessment is necessary prior to attempting to use this method with chronic pain. In addition to the usual contraindications (severe dissociative disorders etc) this method is not indicated where there is significant medical mismanagement (up to 50% of cases according to some estimates) and/or unresolved 'secondary gain' issues.

Finally, sometimes, pain persists, the therapist can do their best to remove blockages and stimulate processing, but EMDR cannot remove what is ecological. Pain can be 'necessary' for many reasons. It needs to be remembered chronic pain often comes with peripheral nociception, as well as neural phenomenon. The longer pain has continued the greater the changes to the nervous system. Other forms of management may need to be considered in addition to psychological treatments such as EMDR.

http://www.hon.ch/Conduct.htmlhttp://www.hon.ch/Conduct.htmlMark.Grant.subscribes to the HONcode principles of the Health on the Net Foundation

mailto:markgra@ozemail.com.aumailto:markgra@ozemail.com.au

Mark Grant M.A. (Psych) M.A.P.S.

Wyong Medical Centre

Plaza Village, Margaret Street, Wyong, NSW 2259 Australia



STEP TWO: 2. Client centred counselling Carl Rogers's technique

The 5 guidelines for emotional well-being are

- Accept your feelings
- Know your vulnerability's
- Develop your talents & interests
- Become involved with other people
 - Know when to seek help.

MY SERVICES TO INDIVIDUALS AND FAMILIES.

Counselling as we see it is a process of communication between one individual (the Counsellor) and the other individual (the Client), to examine thoughts, beliefs, behaviours and communication patterns to increase self-awareness and insights around perceived difficulties and from that awareness to create opportunities for development and actions for change. If a person is not looking for change then they should not be looking for counselling.

The Initial Assessment

At Axis Psychology Rev Dr. Brian Richards would like us to spend 2-4 sessions gaining a full understanding of all the issues bringing you to this counselling, then getting to know the person/or people attending. This phase is important for the counsellor/or psychologist to obtain a complete picture of what is going on for a client at present and what elements have led up to these difficulties. Upon completion of the assessment phase the counsellor and the client determine together the best course of treatment or other action from here. The counsellor will ensure the client has a full understanding of the outcome of the assessment and what is involved in the next phase.

(Short term counselling and Therapy)

Relaxation skills, assertiveness training, learning & developing individual coping styles and strategy skills, (e.g.) the application of positive affirmations, and meditations are all considered short-term counselling skills.

Psychological Counselling

This is often a longer duration than a short-term counselling, and often involves a particular single issue, with more complex elements to a single issue referrals are made. This psychological testing is only used by psychological testing is therapeutic and diagnostic and is restricted to registered psychologist.

As Professional Counsellors we help clients discern the differences with these complex elements in all issues, for example depression, anxiety and /or panic attacks, Trauma and / or Post-traumatic Stress Disorder, Pain Management.

THERAPY

This type of counselling is usually long term and focuses on the long term strategies, and goals, an individual may need to have. Such as cognitive behaviour patterns due to right or wrong thinking, that is detrimental to persons every day functions. Together the Counsellor and client can examine and agree on change where there are dysfunctional behaviours developed over a period of time.

LIFE-COACHING

Many times there are people whom seek counselling when what they really need is a life coach, this is for people that are seeking a little more out of life. Together with a life coach they can develop goals and new habit patterns to achieve their goals. Sometimes this involves exercises and meetings together for bowls or aerobics or boxing in gym training. Then a telephone call on a regular basis from the coach will keep a person on target, and to stay positive. Some time people can achieve a lot more in life than they ever dreamed possible, all because some one helps them to stay positive.

RELATIONSHIP COUNSELLING

Living with some one in a close environment can be a great source of comfort, support, and fun to some people, to others it is the complete opposite. It can be the source of stress, frustration, a worry experience, and despair, not knowing what to do. Professional Counselling helps to identify some of the courses and difficulties and encourages you to be more supportive understanding of each other and the relationship. Of course we do encourage marriage in every relationship where appropriate.

FAMILY THERAPY

In family counselling we encourage every member of the family to take part in the communication process. Especially if there have been problems in the past, for what ever reason. Communication is happening without words some times the body communications are miss-understood. Through this miss understanding it has coursed a rift to happen where words are the best to be said. To quote George Bernard Shaw said, "Through a multitude of words, much love is perfected" Communication in this way within a family dynamic is vital to the health, and wealth of functioning of the individuals within this dynamic. Often communication is difficult for any number of reasons, miss-understandings, wrong words said, vain imagination's, however the only wrong communication is no words spoken at all, thinking no one is interested. Communication is the basis of life.

CHILD COUNSELLING

Mostly due to our parenting skills the child will experience some stress, we are still working on this and we are forever learning about the stress that children go through to express themselves through their behaviours. Parents are concerned and unsure how best to assist the child, and some times become concerned weather counselling will add or relieve the stress their children are experiencing. Some time undertaking assistance in parenting skills is the answer.

ADOLESCENT COUNSELLING

The hormonal and bodily functions and changes, are miss-understood, and can become very stressful for our young people adjusting to their changes. Counselling can and often become a major part of their life for future plans, and goals made. While all this is going on in our life there is always some one wants to know our (I.Q.) intellectual quality and ability in our life. This can be a major stress point in our life. A major role here is to learn how to be non-judgement in all our attitudes, and social behaviours, as we some times go through an identity crisis. Our memory can be impaired without a demonstrated decline in intellectual ability. For this reason we do not put to much value on the (I.Q.) testing at this age. So as Rev Dr. Brian Richards's puts more enforces on character and personality traits, we recommend this counselling to be more reliable at any age.

PERSONALITY PROFILE AND CHARACTER TRAITS:

Our personality is made up of needs, drives, traits, wants, desires, feelings, emotions and the instinctive part of our behaviour. The personality framework is commonly called the instinctual and emotional schema. Personality first of all represents the Nature part of our behaviour. It has the qualities of being observable, accessible and enduring (stable), not like Nurture components that can change hour by hour and day by day as we encounter something new. So we liken the personality to a honeycomb representing personality traits and attitudes. However, it is important to note the uniqueness of personality: just as each person looks different, so too is his or her personality unique. This part of our cognitive, which involves reasoning, planning, judging, perception and learning, forms our attitudes. The definition, then, of ATTITUDE is a learned mediating response, and it is this learning that mediates our behaviour. Thus incoming information will modify or reinforce our attitudes. We also liken the honeycomb to each cell reprinting an attitude or something learned, the whole of the honeycomb being the mental and emotional schema.

LEARNED AND WRITTEN BY MEMORY BY REV DR. BRIAN RICHARDS. <u>Brichards22@bigpond.com</u>

DESCRIBING THE THEORY OF STRESS;

Stress is described simply as a discomfort, However there are many kinds of stress as there are many kinds of discomfort, physical, psychological, and emotional.

As a counsellor it is important we develop an awareness of the differences between the physical, mental, and emotional, and then try to identify the courses of the problems which emanate initially from any or all of these. They also can overlap from time to time, an example being a person suffering emotional abuse by the way of deprivation, becoming anxious and confused (psychologically) being unable to express normal feelings of love and attraction (emotionally) and suffering headaches and sickness (as associated physical effect). Stress is a disorder with effects, which range from the barely noticeable to the very serious and can in some cases cause disability or death. Very obvious and common chronic stress effects can include physical symptoms eating and /or sleeping disorders and /or feeling sick all the time, and mental and emotional effects including a related lowering of self image. In most cases the counsellor is able to find the cause and affect relationship and is able to find an appropriate way to remove that cause as by awareness and perception by the sufferer. By this we avoid the acute stress, (short term). As we give a mediating response in positive words in affirmation, the attitude is changed, and attitudes play a critical role in determining our general behaviour, and emotional, mental, and physical wellbeing. More often than not, these learned values contribute to the cause of a problem...For example we have learned that a man is king of his castle (old English tradition) and must be the provider. The bible says a man whom does not provide for his family is worse than a infidel, this is reinforced by words like dole bludger and sponger, until an accepted association is formed between the inability to provide and being a dole bludger, an infidel and our attitude towards being un-employed are generally unfavourable and can cause severe stress for the person so afflicted.

One of the most important things for a counsellor to remember is not all have had the same learning and not all have had the same experiences. Therefore, when we are to think in terms of an attitude or what a particular person has learned about such and such, we must be careful that we ask the right questions, and we must not be judgemental in our attitudes, we can see how a person has formed their idea's from, their particular learning experience.

IN SUMMARY OF DESCRIBING STRESS

As the internal relationship between our instinctual and mental schemas is always there because, no matter what happens outside, and even when we sleep, there is a continual internal communication, interaction and processing between the instinctual and mental forces and at both the conscious and the unconscious levels. An example of internal stress becoming an external, the client comes to the counsellor in a state of incongruence; that is a discrepancy exists between their self-perception and their experience in reality. For example, a college student may see himself as a future physician, and yet his/or her below average grades might exclude the student from medical school. The discrepancy between how the student themself (self-concept) or how he/or she would like to view themselves (the Ideal self-concept) and the reality of their poor academic performance might result in anxiety and personal vulnerability, which can provide the necessary motivation to enter into therapy with the counsellor, or referrals. This client must come to the understanding by the help of the counsellor that there is a problem existing, or at least that there is a discomfort with mental self, and emotional self. With the help of the counsellor he/or she will have the awareness that there is a psychological adjustment needed, and to want to explore the possibilities of change. In conclusion to this summary, stress is simply a discomfort that becomes a disorder, and I would say that we are motivated to actualize ourselves in the reality that we perceive.

Professional Counselling is a process through which one person, the trained counsellor, helps another person in his or her pursuit of emotional and mental growth and comfort. Counselling has its foundation in understanding human behaviour and its purpose in helping people develop coping mechanisms so that wherever possible they might live a life of relative peace and comfort. The role of a professional counselor is not to denigrate other professionals but to seek to work openly and collectively to the benefit of the client. The professional counsellor should at all times maintain the highest possible standards of professional, ethical, and

Moral conduct in all matters pertaining to clients. And shall at all times observe absolute confidentiality in all matters pertaining to the business of clients and their counsel. A professional counsellor maintains the best policies of referral practice to ensue that the client's needs are met. The five characteristic chosen here are: Confidentiality (1)

Honesty in all our dealings (2)

Empathy (3)

Moral conduct (4)

Professional ethics. (5) Written by Reverend Dr. Brian Richards.a.i.p.c.[M.A.C.A.]

3. Prayer counselling

This we will be writing a book on this separate to this but just for the purpose of counselling we shall mention just a few preferred methods of prayer counselling.

All that I have mentioned so far is all done through prayer everything must be completely saturated in Holy Spirit prayers. However now we shall go into a little more details with prayers because this is really the successful key point of this whole ministry of "richbi-4-step technique" So without this method of prayer praying in the "Holy Ghost" we can all go home empty handed. It is essential at all times with do not take credit ourselves for the success that we have So at this point I wish to acknowledge God through His Word through which we shall continue to have good success(Joshua 1:8-)..We are led by the Spirit of God, (roman.8:14) This is the total essence of any success of all .People might say then that this is really the fist step, no this step is in addition to the first step. In other words, I know this shall be read by Professional Counsellor and Christian Counsellors alike and my argument is Isaiah 9:6- tells us the Spirit of God is the Counsellor so without that we cannot be counselling any body? And it is about time we all come to that TRUTH. I like the scripture that talk about being led of the Spirit of God and that we should pray without ceasing, and also if we a struggling with walking in the right Spirit of love and showing the right fruits of the Spirit (Galatians 5:22-) the we really need to apply (Jude 20) Keep yourself in the Spirit of Love by praying in the Holy Ghost!

When we pray this way then Corinthians 13:13 now I see through a glass darkly/ this comes into effect. And we can operate in words of knowledge and prophecy with a confidence that we hearing correctly. This of course comes more with practice and practice makes perfect, and we can perfect this as time goes by we will manifest the love of God into our life and the lives of the persons we are counselling. I will leave this subject now until the prayer book is fully written.

4. Healing perspective through the word of God.

This comes about only by revelation from God. I am reminded at this stage that God is a rewarded of those that have diligently seeker Him. Hebrews 10 and also Hebrews 10:38 Jesus Christ is the same yesterday, today, and forever. 2. Timothy 2:15 that we should all study to show ourselves approved unto God. Rightly dividing the word of truth.

It is only by revelation through our own person relationship with the Spirit of God that we can have the confidence in the scriptures of who we are in Christ. I would encourage anyone to get the book "Revelations by Fire" by Prophetess Demetra Jordon.

THIS IS WRITTEN FOR SOME ONE THAT WANTED TO QUIT

Well now! I really do identify the mood of where you are at? I forced myself to do things I never really wanted to do but this never really works much. However as far as learning the basics I had to force myself there too! I come from England 1963 migrated to Australia I was under age there too, so I did not really have a choice in the matter. However that has turned out o.k. I guess who would have known the alternative? I was not really educated at all I have a strong back so I became a bricklayer in Australia. Then in 1998 I was driving my vehicle whilst stationery at the traffic lights waiting for change, the rear of my car was slammed into with a vehicle travelling at 130klms per hour estimation by police. This has changed my life for ever and I became a writer because of this. With no education much at all, I have achieved entry to two different universities with Bachelor of Social Sciences, and a degree in Psychology I managed to become a Professional Counselor and a Marriage celebrant. This is what I do today and as well as my latest endeavours an Author of the book "Whom is a Disciplined Disciple of the Lord Jesus Christ" this has indeed help to cope with the great depression I was going through at that time, going to many doctors, physiotherapy, hydrotherapy, and psychotherapy, and many other kinds of therapy including counselling all of which I have described in my book. So many times I did give up! However through being disabled I got to go no where, so through an accumulation of notes, my book got established. Now I am grateful for the channels of blogging, and avenues that have opened up to me through this unknown talent never would have known before? I am busy working on book two now, and my body has healed itself through the Grace of God and the meditation of His Word. The most common modern day Miracle of today I have found is the meditation on God's Work can and will, heal the sick, cleanse the lepers. and bring prosperity by Salvation and deliverance in the Savours name Jesus Christ. I have been encouraged by friend and Lulu Publishers to write down my experiences to encourage others. I hope this has

encouraged you and you will let me know or you shall read my book and the proceeds help to feed the needy, thank you.

Reverend Brian Richards.a.i.p.c.[M.A.C.A.] http://revbrian.co.cc

View books and download free/or purchase the hard copy

To be on the mailing list please fill out this form! On the website.

Ten Commandments of Honor and Respect

Leadership

Psalms 119:6 admonishes us to respect our Lord and all of His commandments. James 3:9-10 tells us that we cannot bless God and curse man. Out of the same mouth should not proceed blessings and cursing. A person can have no more respect for his God than he has for you. Then how can a person respect himself if he is not conscientiously respecting his God and fellow man? Paul reiterated that truth in Romans 12:10: "Be kindly affection one to another with brotherly love; in honor preferring one another."

- 1. Respect yourself. Respect for the personality, rights and differences of others grow out of self-respect and appreciation for your own individuality.
- 2. Emphatically listen and really hear what your family, friends, and associates are saying and feeling. Encourage others, especially your subordinates and children, to speak freely, openly, frequently, and with impunity.
- Actively accept others, regardless of peculiarities, by giving adequate consideration to their ideas, suggestions, opinions, and feelings. Strive to be descriptive and non-judgmental.
 Confirm that you are hearing by giving positive feedback.
- 4. Demonstrate a belief in the dignity of all labour however menial. Treat all your members with honour, deference, esteem, appreciation, and equality. Show the same basic respect for the custodian who cleans your church restrooms as you would for a member of your advisory board. If both were absent for a week whom would you miss more?
- $5. \ \ Invest some time in the activities and interest of your closest relationships.$
- $6. \ \ Refuse to manipulate anyone. Refuse to use people as objects and dispensable pawns.$
- 7. Refuse to control or smother others close to you. Provide room for freedom, learning, growth, and interdependence even with your spouse. Although you are close to each other, even as one body, you each have your own lives and individual goals. You are always together in your hearts, but not necessarily in all activities. A healthy relationship is based on mutual development, discovery, and freedom within the Spirit of Christ.
- 8. When criticism is necessary, address only the act or problem and never the personality.
- 9. Refuse to put others down. Refuse to put people in their place or give them their comeuppance. If negative reinforcement is necessary, make it a logical consequence of inappropriate action. Design all consequences to be rehabilitative and ameliorative rather than punitive and vindictive.
- 10. Give positive strokes whenever possible. Make others feel important. Recognize birthdays, anniversaries, and the smallest task well done. Stroking is simply a unit of recognition

RE-WRITTEN BY REVEREND BRIAN RICHARDS"WORD OF FAITH MINISTRIES INTERNATIONAL (AUSTRALIA) TO BE ADDED AS AN EPPENDIX TO OUR CONSTITUTION.

FAITHFULLNESS:

Faithfulness that comes from being a discipline disciple of the Lord Jesus Christ.

<u>Deuteronomy 7: 9-13</u> know therefore that Lord thy God, he is God, the faithful God, which keepeth covenant and mercy with them that love him and keep his commandments to a thousand generations.

There we go the first thing we notice is a fruit of the Spirit called faithfulness that works by love of God. If we love God we with keep his commandments. God sees that if we don't obey the commandments then we hate him. Faithfulness is the corner stone to any business but especially God's business this is what God looks for in his servants. Lamentations 3: 3—20—23 we should never loose sight that God is in control not us, this is Jeremiah in his own calamities.

However in [verse 20] we see Jeremiah humbled himself and said: my soul hath them still in remembrance, and is humbled in me. This I recall to my mind, therefore I have hope. It is the Lord's mercies that we are not consumed, because his compassion's fail not. They are new every morning: great is thy faithfulness. Luke 12: 37—42 Blessed is the servant whom he will find watching and praying. "Who then is that faithful and wise steward, whom his lord shall make ruler over hid household, to give then their portion of meat in due season. Are you getting your portion of meat?

Nehemiah 9: 7 Thou art the Lord the God, who didst choose Abram, and brightest him forth out of Ur of the Chal-dees, and gave him the name of Abraham; and foundest his heart Faithful before thee,... are you called of God yes? Then you must be Faithful? Or why else would he call the one that is not faithful. God called Abraham Faithful and then said he is righteous because of Faithfulness. Galatians 3: 29 and if you were in Christ's then you are Abraham's seed and heirs according to the promise. Abraham had a blood covenant with God and because we believe on Christ then we have the same covenant that Abraham has, whatever you see is promised to Abraham is promised to us by Faith, if we are Faithful to his word. Roman 4:17[as it is written, I have made thee a father of many nations,] before him whom he believed, even God, who quickened the dead, and called those things that be not as though they were. Have a look at what Abraham said about this, where the word said even God [means faith like God.] who quickened the dead [means to make alive] So we see Abraham holding on to a good confession here and having Faith like God who [quickened] or made alive the things Abraham said, When he called those things that be not as though they were already done.

Lots of people call this silly and telling lies, but God calls it Faith when you believe what God has said will come to pass, then you will say what God has said, and nothing else, this is called Faith like God.

<u>Hebrews 3: 1 & 2</u> wherefore holy brethren partakers of the heavenly calling, consider the apostle and High Priest of our profession, Christ Jesus. Here we see that Jesus is the Faithful High Priest of <u>our</u> confession or profession as is, the same thing. As Jesus is the Apostle and the High Priest and Faithful, like so many others we see that came before and after that God used to perfect his plan of redemption for us. Also we see here a man of Faith the Apostle Paul saying wherefore Holy brethren, now that takes faith, to say that about us.

Jesus had faith in us also <u>Hebrew 2: 11</u> Jesus saying through the Apostle Paul writings here that he is perfected through sufferings and is not ashamed to call us brethren them that are sanctified, now that takes great faith vision, and faithfulness to the course, that's our Jesus. <u>Hebrew 3: 1.</u>That is the apostle we are to <u>consider</u> being a partaker of his heavenly calling. These words consider_means to [fix your mind upon]. <u>Daniel 6: 3-4</u> then this Daniel was preferred above the presidents and princes, because an excellent spirit was in him; and the King sought to set him over the whole realm. Then the presidents and princes sought to find occasion against Daniel concerning the Kingdom; but they could find none occasion nor fault; forasmuch as he was Faithful, neither was there any error or fault found in him.

So we see by this was a man that was <u>Faithful</u> to his calling and there was nothing anyone could accuse him of that would hold water, this man Daniel was divinely protected by God because of his <u>Faithfulness</u>. <u>Matthew 24: 42 & 45</u> watch therefore: for you know not what hour the Lord doth come.

[45] Who then is a Faithful and wise servant...? We see by these scriptures that the Lord God will use the Faithful disciplined disciples to be distributors of his blessings to all those that come in need. <u>Jeremiah 23: 28-36</u>. The prophet that hath a dream let him tell a dream; and he that hath <u>my word let him speak the word faithfully</u>... What do we see that is the same in every detail with Daniel and Jeremiah and indeed all the great men of God is that they had <u>Faithfulness?</u> Yes like we said before Faithfulness is the corner stone to any business especially God's business, Without Faithfulness we don't have the foundation to build on.

Behold I am against the prophets that speak falsely saith the Lord. However he does not want me to cover this subject in this book.

This whole subject is not covered in this book about false prophets this will be covered in another book called "The Counsellor Isaiah 9:6"

1 Corinthians 4: 2. Moreover it is required in stewards, that a man be found <u>FAITHFUL</u> as we see from this is, it is the ministry he is talking about, and Paul goes on to say that he will be judged by the Lord not by man!

We need to develop good habits of being Faithful to that which God has trusted to us His word? Hebrews 10:23 Let us hold fast the profession of our faith without wavering; (for he is faithful that promised;)
This is our hope, we have hope by faith in his word, we have Faith in his word, because we love him, and we love him because we recognized that He first loved us. AMEN. Psalm31: 23 O love the Lord, all you his saints: for the Lord preserved the Faithful, and plentifully rewarded the proud doer. Proverbs 13:17 A wicketh messenger falleth into mischief: but a Faithful ambassador is health. Proverbs 28: 20 A Faithful man shall abound with blessings: but he that maketh hast to be rich shall not be innocent.

The only place where God will withhold a blessing is through disobedience and unfaithfulness. [1 chronicles 15: 13] The Lord made a breach between David and his people.

Revelation 17: 14 These shall make war with the Lamb, and the Lamb shall overcome them: for he is Lord of lords, and King of kings: and they that are with him are called, and chosen, and Faithful.

So we see by these scriptures those that submit to God's word in obedience are the "disciplined disciples of the Lord Jesus Christ" and shall be called, and chosen, and Faithful. Now these disciplined disciples of the Lord Jesus Christ shall

- [1] Distribute blessings through Faithfulness.
- [2] Shall be preserved through Faithfulness.
- [3] Shall be in Health through Faithfulness.



Submit to the leadership of the Church is divine order and it is expected of all of us to submit to those God has put over us. **1 John 4:20** your love and understanding of God, will depend on how much love and understanding of each other. It is easy to love the brothers and sisters in Christ. However we should love one another in the world also, and submit ourselves to one another in the Body of Christ. If we are to be like God our Father then, God so <u>loved the world</u> that he gave his only begotten son Jesus the Christ. He really Gave of **himself 2 Cor.5: 19** ...to wit God was in Christ...

Humble yourself under the mighty hand of God and he shall exalt you in due time.

Romans 13:1-7 love one another...Luke 2:40-52 Jesus: even though Jesus was with much wisdom, He had perfect communication with the Father however He still submitted himself to his parents Joseph and Mary, and he did as he was told. [Verse 52] Jesus increased in wisdom and stature, and in the favor of God and man. Ephensians 6: 2-3

Ephesians 5:18-21-27 be not drunk with wine, but be ye filled with the Spirit [v 20] giving thanks onto the Father of our Lord Jesus Christ [v21] submitting yourself to one another in the fear of God. [This is the reverent fear of God] 1 Peter 5:1-16 all these scriptures are saying the same thing that is to get rid of Pride, God gives grace to the humble. Humble yourselves therefore under the mighty hand of God, and He will exalt you in due season. [The proper time]. Hebrews 13: 15 read through to the end.

Submission to our leaders is or Father God's plans.

Our attitude should be God said it, and that settles it. That's if we have made up our minds that we are to be obedient to God. The Love of God is everything. John 15: 10-13-16 we should love one another to what extent? John 5:19 -23 John 12: 48—50 We see from this scripture, that we are to receive the preacher as if it were Jesus. By this attitude we can receive from God. Luke 10:16 if we are to reject this man we are to reject the anointing of Jesus Christ which God is!!! Matthew 10:40—41 John 7:17—18 Give Glory to God always. Willingness always perceedth, wisdom of God. Matthew 18:2-4 become like children [not childish, but childlike] the same is the greatest in the Kingdom of Heaven. Matthew 5: 1-5 blessed is the meek for they shall inherit the earth. Mica 6:8 Humble you Matthew 11:28-30Burden of God is light. I Corinthians 12:12—31 Loves are God. God is Love.

Hebrews 5:7—9 Philippines 2:1—9 Jesus was always obedient I Peter 1: 13—23

Written by [REV] BRIAN RICHARDS.OF THE "WORD OF FAITH MINISTRIES" TAREE NSW AUSTRLIA. Website. www.maxpages.com/wordoffaith

1

Time to take up an offering now

Josh 1: 17

We see hear the anointing that was on Moses is now upon Joshua as he took over the Job as leader, there is a special anointing for Leadership. **2 Chronicles 20:20—29** we see from these Scriptures that when our heart is right before the lord then He will destroy our enemies, and we shall divide the spoils. There was so much of abundance of jewels and prosperity it took them three days to collect what the Lord had provided for them.

There was not a blow given to their enemies that they contributed the Lord course their enemies to fight one another, the battle was of the Lord but victory was given to the children of God

This tells us that we stay in faith and Obedience in all things then he will causes us to prosper. 1 Peter 2: 19—23 Obedience is better than sacrifice. Especially in our giving.

Matthew 8:8 this soldier is saying here to Jesus that with due respect say the word and my servant will be healed. He was saying he too, though a man of authority, is under authority and he knows that the word from the Authority will do the work that was faithfully given and in submission.

IF WE ARE FAITHFUL AND OBEDIENT TO THE LORD IN OUR GIVING THEN WE SHALL PROSPER AND HAVE GOOD SUCCESS.



WRITTEN BY [REV] BRIAN RICHARDS. AS PART [2] DIVINE ORDER IN THE CHURCH. "WORD OF FAITH MINISTRIES" website:

www.maxpages.com/wordoffaith